Recognized Poomsae Team / K2 / 31+ Years (2nd Senior) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Ruth Hallesy - Lukvinder Singh - Katherine Tighe *Nomad Best Leg Shin's Academy Altrincham 01*	GBR	R1 A	3.1	3.3	3.0	2.9	3.3	0.0	0.0	8.133	
			R1 P	5.2	5.3	4.6	4.3	5.2	0.0	0.0		7.883
			R2 A	2.8	3.1	2.5	2.9	2.8	0.0	0.0	7.633	
			R2 P	5.2	4.9	4.3	4.5	5.0	0.0	0.0		
2	Patricia CASTILLO MORENO - JEAN YEO - Mihaela Rosu *London Taekwondo Academy*	GBR	R1 A	2.9	3.1	3.0	3.0	3.3	0.0	0.0	7.766	
			R1 P	4.7	5.1	4.7	4.4	4.8	0.0	0.0		7.866
			R2 A	2.8	3.2	3.1	3.0	3.1	0.0	0.0	7.966	
			R2 P	5.0	5.3	4.7	4.6	5.0	0.0	0.0		
3	Giuseppina Macheda - Katalin Morath - Salima Khanom *Bozdag Taekwondo*	GBR	R1 A	2.9	3.1	2.9	2.8	3.0	0.0	0.0	7.666	
			R1 P	5.0	5.1	4.3	3.8	4.9	0.0	0.0		7.466
			R2 A	2.8	3.0	2.9	2.4	2.5	0.0	0.0	7.266	
			R2 P	4.8	5.0	4.2	3.6	4.6	0.0	0.0		
4	Fei Ki Susan Tang - Selena Teji - Naomi Roach *Harrogate KTA / Kang Han / Central Taekwondo Academy*	GBR	R1 A	3.0	3.0	3.1	2.9	3.0	0.0	0.0	7.700	
			R1 P	4.9	4.9	4.5	4.2	4.7	0.0	0.0		7.383
			R2 A	2.5	2.6	2.4	2.6	2.6	0.0	0.0	7.066	
			R2 P	4.7	4.8	4.1	4.2	4.6	0.0	0.0		

Recognized Poomsae Pair / K3 / U11 Years (Peewee)

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Athindran Sarath - Stella Yu-Ying Tsui *Loughton Taekwondo*	GBR	R1 A	2.7	3.6	2.5	3.2	2.4	0.0	0.0	7.700	
			R1 P	5.1	5.1	4.0	5.1	4.5	0.0	0.0		7.533
			R2 A	2.7	3.4	2.0	2.9	2.2	0.0	0.0	7.366	
			R2 P	5.0	5.1	4.0	4.9	4.4	0.0	0.0		

Recognized Poomsae Pair / K3 / U30 Years (1st Senior)

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Thant Htoo Maung - Alesha CHEN *Queens University Taekwondo Club*	GBR	R1 A	3.0	3.4	3.2	3.3	3.0	0.0	0.0	8.166	8.082
			R1 P	5.1	5.1	4.2	5.1	4.8	0.0	0.0		
			R2 A	3.0	3.3	3.1	3.1	2.9	0.0	0.0	7.999	
			R2 P	5.1	5.1	4.3	5.0	4.7	0.0	0.0		

Recognized Poomsae Individual / K3 / U11 Years (Peewee) Male

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Adam Ahmed *London Taekwondo Academy*	GBR	R1 A	3.3	3.4	3.1	3.3	3.3	0.0	0.0	8.566	8.149
			R1 P	5.6	5.3	4.8	5.3	5.2	0.0	0.0		
			R2 A	2.4	3.1	2.7	3.2	2.7	0.0	0.0	7.733	
			R2 P	4.9	4.9	4.9	4.9	4.5	0.0	0.0		
2	Casper Wong *Best Leg Taekwondo Academy*	GBR	R1 A	3.0	3.2	3.0	3.2	3.1	0.0	0.0	8.000	7.883
			R1 P	5.1	5.0	4.6	5.0	4.7	0.0	0.0		
			R2 A	2.6	3.3	3.0	2.9	2.9	0.0	0.0	7.766	
			R2 P	4.8	5.0	4.7	5.0	4.6	0.0	0.0		
3	Dhillan Kava *Modokwon UK*	GBR	R1 A	2.2	3.3	2.9	3.3	2.9	0.0	0.0	7.933	7.883
			R1 P	4.5	5.1	4.4	5.4	5.1	0.0	0.0		
			R2 A	2.1	3.2	2.9	3.3	2.9	0.0	0.0	7.833	
			R2 P	4.3	4.9	4.6	5.3	5.0	0.0	0.0		
4	Athindran Sarath *Loughton Taekwondo*	GBR	R1 A	2.3	3.0	2.2	2.8	2.3	0.0	0.0	7.066	7.116
			R1 P	4.5	5.0	4.0	4.8	4.5	0.0	0.0		
			R2 A	1.6	3.2	2.4	3.1	2.3	0.0	0.0	7.166	
			R2 P	4.3	4.9	4.0	4.9	4.5	0.0	0.0		

Recognized Poomsae Individual / K3 / U11 Years (Peewee) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Sophie Shum *Phoenix Taekwondo*	GBR	R1 A	3.2	3.5	3.2	3.2	3.5	0.0	0.0	8.533	8.566
			R1 P	5.2	5.1	4.5	5.4	5.4	0.0	0.0		
			R2 A	3.2	3.5	3.3	3.4	3.5	0.0	0.0	8.600	
			R2 P	5.2	5.1	5.1	5.3	5.4	0.0	0.0		
2	Stella Yu-Ying Tsui *Loughton Taekwondo*	GBR	R1 A	3.3	3.4	3.5	3.4	3.6	0.0	0.0	8.533	8.532
			R1 P	4.9	4.9	5.1	5.5	5.3	0.0	0.0		
			R2 A	3.0	3.3	3.5	3.3	3.6	0.0	0.0	8.532	
			R2 P	5.0	4.9	5.2	5.4	5.3	0.0	0.0		
3	MELEK KHAN *Ali's Dojang*	GBR	R1 A	3.1	3.2	3.0	3.1	3.5	0.0	0.0	8.133	8.199
			R1 P	5.0	4.7	4.4	5.4	5.3	0.0	0.0		
			R2 A	2.9	3.0	3.2	3.2	3.6	0.0	0.0	8.266	
			R2 P	4.9	4.7	5.1	5.5	5.4	0.0	0.0		
4	Lyla Cassidy *POD Taekwondo*	GBR	R1 A	2.7	2.9	3.0	3.2	3.4	0.0	0.0	7.566	7.583
			R1 P	4.2	4.5	4.1	5.1	4.9	0.0	0.0		
			R2 A	2.8	3.0	3.1	3.2	3.5	0.0	0.0	7.600	
			R2 P	4.2	4.5	4.1	4.9	4.8	0.0	0.0		

Recognized Poomsae Individual / K2 / 46+ Years (3rd Senior) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	YI-JIA HSU *London Taekwondo Academy*	GBR	R1 A	3.3	3.5	3.2	3.1	3.4	0.0	0.0	8.466	8.383
			R1 P	5.5	5.2	5.2	4.9	5.1	0.0	0.0		
			R2 A	3.0	3.2	3.1	3.3	3.4	0.0	0.0	8.300	
			R2 P	5.0	5.2	5.1	5.2	5.0	0.0	0.0		
2	Katalin Morath *Bozdag Taekwondo*	GBR	R1 A	3.0	3.1	3.1	3.1	3.3	0.0	0.0	7.966	7.699
			R1 P	4.9	4.7	4.5	5.0	5.0	0.0	0.0		
			R2 A	2.6	3.0	2.8	2.3	3.0	0.0	0.0	7.433	
			R2 P	4.7	4.5	4.3	4.7	4.9	0.0	0.0		
3	Ruth Hallesy *Nomad Taekwondo*	GBR	R1 A	2.9	3.0	3.2	3.2	3.4	0.0	0.0	7.799	7.616
			R1 P	4.8	4.5	4.5	4.7	4.9	0.0	0.0		
			R2 A	2.8	2.7	2.9	2.7	2.9	0.0	0.0	7.433	
			R2 P	4.8	4.5	4.4	4.6	4.8	0.0	0.0		
4	Anne Butterfield *Nomad Taekwondo*	GBR	R1 A	2.9	3.1	2.8	3.3	3.3	0.0	0.0	7.766	7.599
			R1 P	4.7	4.4	4.3	5.1	4.9	0.0	0.0		
			R2 A	2.8	3.0	2.9	2.4	3.2	0.0	0.0	7.433	
			R2 P	4.6	4.3	4.1	4.7	4.9	0.0	0.0		
5	Julija Jegorenkova *Aquila Taekwondo*	GBR	R1 A	2.9	3.0	2.6	2.4	3.2	0.0	0.0	7.433	7.283
			R1 P	4.8	4.4	4.4	4.6	4.9	0.0	0.0		
			R2 A	2.7	2.6	2.6	2.5	3.2	0.0	0.0	7.133	
			R2 P	4.6	4.2	4.4	4.5	5.0	0.0	0.0		
6	Salima Khanom *Bozdag Taekwondo*	GBR	R1 A	2.3	2.8	2.8	2.5	3.2	0.0	0.0	7.033	6.899
			R1 P	4.1	4.2	4.3	4.5	4.8	0.0	0.0		
			R2 A	2.6	2.6	2.4	2.1	3.2	0.0	0.0	6.766	
			R2 P	4.2	4.1	4.0	4.4	4.7	0.0	0.0		
7	Louise Eastland *PremierKi*	GBR	R1 A	2.2	2.2	2.1	1.8	2.8	0.0	0.0	6.299	6.349
			R1 P	3.9	4.0	3.9	4.5	4.6	0.0	0.0		
			R2 A	2.5	2.3	2.2	2.0	2.9	0.0	0.0	6.399	
			R2 P	3.9	3.9	3.8	4.4	4.7	0.0	0.0		

Recognized Poomsae Individual / K1 / U14 Years (Cadet) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Jeonghu Park *ARUMCHAN Korea*	GBR	R1 A	3.3	3.5	3.4	2.7	3.4	0.0	0.0	8.732	8.482
			R1 P	5.5	5.4	5.7	5.2	5.1	0.0	0.0		
			R2 A	3.0	3.3	3.4	2.5	2.9	0.0	0.0	8.232	
			R2 P	5.2	5.3	5.6	5.0	5.0	0.0	0.0		
2	Ka Lok Markus Ng *Shin's Academy Altrincham*	GBR	R1 A	3.1	3.1	3.0	3.0	3.2	0.0	0.0	8.199	8.099
			R1 P	5.3	4.7	5.2	5.1	5.1	0.0	0.0		
			R2 A	3.1	3.2	3.1	2.5	2.9	0.0	0.0	7.999	
			R2 P	5.0	4.7	5.5	5.0	4.9	0.0	0.0		
3	PHENIX GURUNG *Pulse Taekwondo*	GBR	R1 A	2.9	3.3	3.3	2.6	3.2	0.0	0.0	8.199	7.999
			R1 P	4.9	5.1	5.5	5.1	5.0	0.0	0.0		
			R2 A	2.5	3.0	3.1	2.3	3.2	0.0	0.0	7.799	
			R2 P	4.6	4.8	5.2	4.9	5.1	0.0	0.0		
4	Jason Lee *Choson Taekwondo*	GBR	R1 A	2.8	2.9	3.6	2.7	3.2	0.0	0.0	7.932	7.799
			R1 P	4.8	4.5	5.5	5.0	5.1	0.0	0.0		
			R2 A	2.7	2.8	3.0	2.6	3.3	0.0	0.0	7.666	
			R2 P	4.6	4.6	5.2	5.0	4.9	0.0	0.0		
5	Sin Sum (Samuel) Mak *Carlton Arena Taekwondo*	GBR	R1 A	2.7	3.0	3.2	2.7	2.9	0.0	0.0	7.732	7.666
			R1 P	4.8	4.8	5.6	5.0	4.8	0.0	0.0		
			R2 A	2.6	2.8	3.1	2.5	3.0	0.0	0.0	7.600	
			R2 P	4.6	4.7	5.2	4.9	4.8	0.0	0.0		
6	William Burton *Kang Han*	GBR	R1 A	2.7	3.1	3.0	2.5	2.6	0.0	0.0	7.499	7.582
			R1 P	4.6	4.8	5.4	4.6	4.8	0.0	0.0		
			R2 A	3.0	2.9	3.2	2.6	2.9	0.0	0.0	7.666	
			R2 P	4.6	4.7	5.5	4.6	4.9	0.0	0.0		
7	Ardharsh Sasikumar *Modokwon UK*	GBR	R1 A	2.4	2.8	2.8	2.4	2.9	0.0	0.0	7.232	7.166
			R1 P	4.5	4.4	4.5	4.9	4.7	0.0	0.0		
			R2 A	2.5	2.6	2.7	2.2	2.4	0.0	0.0	7.100	
			R2 P	4.4	4.4	4.9	4.7	4.7	0.0	0.0		
8	Aahil Akram *PremierKi*	GBR	R1 A	2.4	2.5	2.6	2.2	2.3	0.0	0.0	6.800	6.799
			R1 P	3.9	4.2	5.0	4.4	4.6	0.0	0.0		
			R2 A	2.6	2.4	2.7	1.8	2.3	0.0	0.0	6.799	
			R2 P	4.3	4.0	4.8	4.3	4.5	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Benjamin Scanlon *PremierKi*	GBR	R1 A	2.3	2.5	2.6	2.0	2.3	0.0	0.0	6.699	6.532
			R1 P	3.8	3.7	4.8	4.6	4.6	0.0	0.0		
			R2 A	1.4	2.3	2.8	1.7	2.3	0.0	0.0	6.366	
			R2 P	3.6	3.8	4.5	4.5	4.5	0.0	0.0		
10	Denis Puidokas *PremierKi*	GBR	R1 A	2.4	2.5	2.8	2.3	2.5	0.0	0.0	6.966	6.499
			R1 P	4.1	4.2	4.8	4.6	4.7	0.0	0.0		
			R2 A	1.4	0.9	1.5	2.3	2.6	0.0	0.0	6.033	
			R2 P	3.9	3.7	4.5	4.5	4.6	0.0	0.0		

Recognized Poomsae Individual / K3 / U14 Years (Cadet) Female

British National Poomsae Championships 2026

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Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Leia Wibberley *Harrogate KTA*	GBR	R1 A	3.2	3.1	3.6	3.2	3.3	0.0	0.0	8.133	8.083
			R1 P	5.0	5.0	5.5	4.7	4.7	0.0	0.0		
			R2 A	3.1	2.9	3.5	3.0	2.6	0.0	0.0	8.033	
			R2 P	5.1	4.9	5.6	5.1	4.7	0.0	0.0		
2	Una Tsui *Loughton Taekwondo*	GBR	R1 A	3.1	3.2	3.4	2.9	3.2	0.0	0.0	7.999	8.066
			R1 P	5.0	4.8	5.5	4.7	4.5	0.0	0.0		
			R2 A	3.2	3.2	3.4	3.2	3.3	0.0	0.0	8.133	
			R2 P	5.1	4.8	5.4	4.8	4.6	0.0	0.0		
3	Darcy Winter *Best Leg Taekwondo Academy*	GBR	R1 A	3.3	3.3	3.0	3.2	3.3	0.0	0.0	7.999	7.932
			R1 P	5.0	4.8	4.8	4.6	4.4	0.0	0.0		
			R2 A	3.4	2.9	2.9	3.1	3.2	0.0	0.0	7.866	
			R2 P	5.0	4.8	4.9	4.7	4.5	0.0	0.0		
4	Emily Gigauri *Loughton Taekwondo*	GBR	R1 A	3.2	2.8	3.5	2.9	2.7	0.0	0.0	7.866	7.899
			R1 P	4.9	5.1	5.4	4.7	4.3	0.0	0.0		
			R2 A	3.2	2.9	3.4	3.1	2.9	0.0	0.0	7.932	
			R2 P	4.8	5.0	5.4	4.8	4.4	0.0	0.0		
5	Mia Iddon *Gajok Taekwondo Academy*	GBR	R1 A	3.2	3.2	3.3	3.0	3.3	0.0	0.0	7.999	7.899
			R1 P	4.8	5.0	4.9	4.6	4.6	0.0	0.0		
			R2 A	3.1	2.7	3.4	3.0	3.1	0.0	0.0	7.799	
			R2 P	4.7	4.8	5.2	4.6	4.7	0.0	0.0		
6	Sofia Terrile *Aquila Taekwondo*	GBR	R1 A	3.2	2.8	3.1	3.2	3.2	0.0	0.0	7.999	7.632
			R1 P	5.0	4.4	5.2	4.7	4.8	0.0	0.0		
			R2 A	2.7	2.6	2.7	2.5	2.8	0.0	0.0	7.266	
			R2 P	4.6	4.3	4.8	4.6	4.6	0.0	0.0		
7	Lola Chandler *Loughton Taekwondo*	GBR	R1 A	2.6	2.7	3.5	2.2	3.0	0.0	0.0	7.466	7.566
			R1 P	4.6	4.9	5.3	4.6	4.4	0.0	0.0		
			R2 A	2.7	2.9	3.3	2.6	3.0	0.0	0.0	7.666	
			R2 P	4.7	5.0	5.3	4.7	4.3	0.0	0.0		
8	Lukshmi Evans *Aquila Taekwondo*	GBR	R1 A	2.9	2.4	2.9	3.0	2.9	0.0	0.0	7.233	7.249
			R1 P	4.3	4.2	4.7	4.4	4.3	0.0	0.0		
			R2 A	2.9	2.8	2.9	2.9	2.7	0.0	0.0	7.266	
			R2 P	4.4	4.1	4.9	4.5	4.3	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Georgia Peel *Gajok Taekwondo Academy*	GBR	R1 A	2.5	2.8	2.8	2.2	2.8	0.0	0.0	7.100	6.733
			R1 P	4.2	4.4	5.1	4.4	4.4	0.0	0.0		
			R2 A	2.1	2.2	2.6	2.0	2.4	0.0	0.0	6.366	
			R2 P	3.9	3.9	4.8	4.3	4.2	0.0	0.0		

Recognized Poomsae Individual / K3 / 46+ Years (3rd Senior) Female

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Kati Crome *Aquila Taekwondo*	GBR	R1 A	2.8	3.1	3.3	3.0	3.1	0.0	0.0	7.932	7.849
			R1 P	4.8	4.9	5.4	4.9	4.7	0.0	0.0		
			R2 A	2.8	2.8	3.3	3.2	2.9	0.0	0.0	7.766	
			R2 P	4.7	4.8	5.2	4.9	4.6	0.0	0.0		
2	Anagha Mujumdar-Potbhare *Aquila Taekwondo*	GBR	R1 A	2.8	2.9	2.9	3.1	3.3	0.0	0.0	7.832	7.849
			R1 P	4.9	4.8	5.1	4.9	4.8	0.0	0.0		
			R2 A	2.9	3.1	3.0	3.2	3.2	0.0	0.0	7.866	
			R2 P	4.8	4.7	4.8	5.0	4.7	0.0	0.0		

Recognized Poomsae Individual / K2 / U45 Years (2nd Senior) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Jean Yeo *London Taekwondo Academy*	GBR	R1 A	3.2	3.1	3.0	3.5	3.5	0.0	0.0	8.599	8.449
			R1 P	5.4	5.2	5.3	5.3	5.4	0.0	0.0		
			R2 A	3.0	3.0	3.2	3.2	3.3	0.0	0.0	8.299	
			R2 P	5.2	5.2	5.1	5.1	5.2	0.0	0.0		
2	Selena Teji *Harrogate KTA*	GBR	R1 A	3.1	3.2	3.3	3.4	3.3	0.0	0.0	8.166	8.049
			R1 P	4.9	4.7	5.0	5.0	4.8	0.0	0.0		
			R2 A	2.9	2.9	3.0	3.2	3.2	0.0	0.0	7.933	
			R2 P	4.9	4.9	5.1	4.9	4.8	0.0	0.0		
3	Katherine Tighe *Shin's Academy Altrincham*	GBR	R1 A	3.1	3.0	2.4	3.5	3.1	0.0	0.0	8.032	7.915
			R1 P	5.1	5.0	4.6	5.2	4.8	0.0	0.0		
			R2 A	3.1	2.7	2.0	3.3	3.1	0.0	0.0	7.799	
			R2 P	5.0	4.8	4.7	5.1	4.7	0.0	0.0		
4	Giuseppina Macheda *Bozdag Taekwondo*	GBR	R1 A	2.9	2.9	3.2	3.3	3.2	0.0	0.0	7.966	7.866
			R1 P	4.8	4.9	4.8	5.2	4.9	0.0	0.0		
			R2 A	2.8	2.7	3.1	3.1	2.8	0.0	0.0	7.766	
			R2 P	4.9	4.9	4.6	5.1	4.8	0.0	0.0		
5	Patricia CASTILLO MORENO *London Taekwondo Academy*	GBR	R1 A	2.6	2.8	3.1	3.4	3.3	0.0	0.0	7.832	7.682
			R1 P	4.4	4.7	4.8	5.1	4.8	0.0	0.0		
			R2 A	2.9	2.8	3.1	3.3	2.8	0.0	0.0	7.533	
			R2 P	4.5	4.5	4.7	5.2	4.6	0.0	0.0		
6	Mihaela Rosu *LTA*	GBR	R1 A	2.8	2.8	3.0	3.1	2.9	0.0	0.0	7.533	7.349
			R1 P	4.8	4.5	4.7	4.7	4.3	0.0	0.0		
			R2 A	2.3	2.4	2.6	2.8	3.0	0.0	0.0	7.166	
			R2 P	4.1	4.8	4.6	4.6	4.5	0.0	0.0		
7	Fei Ki Susan Tang *Central Taekwondo Academy*	GBR	R1 A	2.9	2.6	2.8	3.4	2.7	0.0	0.0	7.566	7.332
			R1 P	5.0	4.6	4.6	5.1	4.7	0.0	0.0		
			R2 A	2.6	2.4	2.5	3.2	2.6	0.0	0.0	7.099	
			R2 P	4.5	4.5	4.6	4.8	4.5	0.0	0.0		
8	Lukvinder Singh *Best Leg Taekwondo Academy*	GBR	R1 A	2.7	2.3	2.7	3.2	2.9	0.0	0.0	7.366	7.132
			R1 P	4.6	4.2	4.6	4.7	4.6	0.0	0.0		
			R2 A	2.8	2.1	2.1	2.5	2.5	0.0	0.0	6.899	
			R2 P	4.8	4.3	4.5	4.8	4.2	0.0	0.0		

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Naomi Roach *Kang Han*	GBR	R1 A	2.5	2.7	2.2	2.4	2.5	0.0	0.0	6.732	6.082
			R1 P	4.1	4.2	4.5	4.6	3.9	0.0	0.0		
			R2 A	1.8	1.2	0.9	1.9	2.0	0.0	0.0	5.433	
			R2 P	3.9	3.3	4.2	3.6	3.9	0.0	0.0		

Recognized Poomsae Individual / K1 / U14 Years (Cadet) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Parisa Chongbang *STKDD*	GBR	R1 A	3.2	3.3	3.1	3.4	3.5	0.0	0.0	8.600	8.516
			R1 P	5.4	5.6	5.1	4.9	5.4	0.0	0.0		
			R2 A	3.1	3.3	3.3	3.4	3.1	0.0	0.0	8.433	
			R2 P	5.2	5.7	5.2	4.9	5.2	0.0	0.0		
2	sarah Thapa *STKDD*	GBR	R1 A	3.1	3.3	3.3	3.5	3.5	0.0	0.0	8.699	8.499
			R1 P	5.3	5.4	5.2	5.3	5.4	0.0	0.0		
			R2 A	3.2	2.8	2.9	3.3	3.2	0.0	0.0	8.300	
			R2 P	5.2	5.2	5.2	5.2	5.3	0.0	0.0		
3	Chin Yu Wong *Bluewave*	GBR	R1 A	3.2	3.4	3.2	3.4	3.5	0.0	0.0	8.499	8.482
			R1 P	5.2	5.5	5.1	4.9	5.2	0.0	0.0		
			R2 A	3.1	3.5	3.4	3.4	3.0	0.0	0.0	8.466	
			R2 P	5.2	5.5	5.3	5.0	5.0	0.0	0.0		
4	Charlyn Budhathoki *STKDD*	GBR	R1 A	3.2	3.2	3.4	3.3	3.3	0.0	0.0	8.266	8.216
			R1 P	5.2	5.3	4.9	4.8	4.9	0.0	0.0		
			R2 A	3.1	3.2	3.3	3.3	3.0	0.0	0.0	8.166	
			R2 P	5.0	5.5	5.0	4.7	4.9	0.0	0.0		
5	Zunairah Yasin *NTC - National Taekwondo Club*	GBR	R1 A	3.0	3.2	3.2	3.3	3.2	0.0	0.0	8.200	8.166
			R1 P	5.0	5.2	4.9	5.0	5.0	0.0	0.0		
			R2 A	3.0	3.1	3.2	3.3	3.1	0.0	0.0	8.133	
			R2 P	4.9	5.4	5.0	5.0	5.0	0.0	0.0		
6	Summer Tran *Nomad Taekwondo*	GBR	R1 A	3.0	2.9	2.9	3.2	3.4	0.0	0.0	7.933	8.133
			R1 P	4.9	5.0	4.8	4.8	5.3	0.0	0.0		
			R2 A	3.0	3.4	3.2	3.3	3.4	0.0	0.0	8.333	
			R2 P	4.9	5.5	5.0	4.9	5.2	0.0	0.0		
7	NARIN MOHAMMED *Kixstar Dragon Taekwondo*	GBR	R1 A	2.8	3.3	3.1	3.4	3.2	0.0	0.0	8.266	8.099
			R1 P	4.9	5.5	5.1	5.0	5.1	0.0	0.0		
			R2 A	2.9	3.2	2.9	3.4	2.9	0.0	0.0	7.933	
			R2 P	4.9	5.7	5.0	4.9	4.9	0.0	0.0		
8	Tarini Mindi *NTC - National Taekwondo Club*	GBR	R1 A	2.8	2.6	3.1	3.1	2.7	0.0	0.0	7.699	7.899
			R1 P	4.7	4.9	5.0	4.8	4.8	0.0	0.0		
			R2 A	3.1	3.1	3.2	3.2	2.9	0.0	0.0	8.099	
			R2 P	4.9	5.1	5.1	4.9	4.9	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Sofia Khariuk *NTC - National Taekwondo Club*	GBR	R1 A	3.0	3.2	3.1	2.8	2.9	0.0	0.0	7.766	7.849
			R1 P	4.7	4.9	4.7	4.7	4.9	0.0	0.0		
			R2 A	3.0	3.1	3.1	3.1	2.9	0.0	0.0	7.932	
			R2 P	4.7	5.2	4.8	4.9	4.9	0.0	0.0		
10	LEXIE OATES *Pulse Taekwondo*	GBR	R1 A	3.1	3.0	3.3	3.0	2.9	0.0	0.0	7.833	7.616
			R1 P	5.0	4.8	4.8	4.8	4.8	0.0	0.0		
			R2 A	2.7	2.8	2.6	3.1	2.6	0.0	0.0	7.400	
			R2 P	4.6	4.8	4.6	4.8	4.7	0.0	0.0		
11	Sophia Din *PremierKi*	GBR	R1 A	2.9	2.9	2.8	2.7	2.6	0.0	0.0	7.433	7.449
			R1 P	4.8	5.1	4.5	4.6	4.3	0.0	0.0		
			R2 A	2.8	3.1	2.2	2.8	2.8	0.0	0.0	7.466	
			R2 P	4.8	5.0	4.5	4.7	4.3	0.0	0.0		
12	Aleksandra Kaczynska *PremierKi*	GBR	R1 A	2.8	3.0	3.0	3.1	2.6	0.0	0.0	7.566	7.316
			R1 P	4.6	4.8	4.7	4.6	4.5	0.0	0.0		
			R2 A	2.3	2.9	2.3	2.8	2.6	0.0	0.0	7.066	
			R2 P	4.4	4.7	4.5	4.6	4.4	0.0	0.0		
13	Aimal Khurram *PremierKi*	GBR	R1 A	2.6	2.6	2.8	3.0	2.7	0.0	0.0	7.333	7.216
			R1 P	4.6	4.7	4.6	4.7	4.5	0.0	0.0		
			R2 A	2.6	2.5	1.9	2.9	2.6	0.0	0.0	7.099	
			R2 P	4.5	4.7	4.4	4.6	4.5	0.0	0.0		
14	Mia Hall *Taekwondo Wales*	GBR	R1 A	2.5	2.7	2.5	2.7	2.6	0.0	0.0	7.133	6.916
			R1 P	4.4	4.8	4.5	4.7	4.4	0.0	0.0		
			R2 A	2.3	2.1	2.0	2.3	2.6	0.0	0.0	6.699	
			R2 P	4.0	4.7	4.4	4.6	4.4	0.0	0.0		

Recognized Poomsae Pair / K2 / 31+ Years (2nd Senior)

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Selena Teji - Daniel Carvalho *Harrogate KTA / Kang Han*	GBR	R1 A	2.5	3.3	2.7	3.2	2.9	0.0	0.0	7.733	7.766
			R1 P	4.8	5.1	4.6	4.8	4.8	0.0	0.0		
			R2 A	3.1	2.9	3.0	3.1	2.7	0.0	0.0	7.800	
			R2 P	4.9	4.9	4.7	4.8	4.7	0.0	0.0		
2	Mike Scanlon - Louise Eastland *PremierKi*	GBR	R1 A	1.7	3.4	2.4	2.8	2.6	0.0	0.0	7.066	6.816
			R1 P	3.9	4.8	4.2	4.5	4.7	0.0	0.0		
			R2 A	1.5	2.8	1.5	2.4	2.7	0.0	0.0	6.566	
			R2 P	3.8	4.8	4.1	4.3	4.7	0.0	0.0		
3	Earl Mcfarlene - Naomi Roach *Kang Han & NTC*	GBR	R1 A	2.5	3.1	2.4	2.7	3.0	0.0	0.0	7.233	6.799
			R1 P	4.6	5.2	4.4	4.5	4.4	0.0	0.0		
			R2 A	1.8	2.6	1.9	2.1	2.5	0.0	0.0	6.366	
			R2 P	4.0	4.9	4.2	4.0	4.4	0.0	0.0		

Recognized Poomsae Pair / K3 / U17 Years (Junior)

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Maddison Stephenson - William Harris *Harrogate KTA / Aquila Taekwondo*	GBR	R1 A	2.5	2.8	2.9	2.9	2.6	0.0	0.0	7.332	7.615
			R1 P	4.5	4.7	4.5	4.7	4.2	0.0	0.0		
			R2 A	2.9	3.1	3.2	3.2	3.2	0.0	0.0	7.899	
			R2 P	4.7	4.7	4.8	4.8	4.3	0.0	0.0		

Recognized Poomsae Individual / K2 / U17 Years (Junior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Adiel Herawi *London Taekwondo Stars*	GBR	R1 A	3.0	3.1	3.3	3.3	3.1	0.0	0.0	7.999	7.916
			R1 P	5.0	4.9	4.7	4.9	4.7	0.0	0.0		
			R2 A	2.9	3.1	3.1	3.0	2.9	0.0	0.0	7.833	
			R2 P	5.0	5.0	4.7	4.8	4.7	0.0	0.0		
2	BLAINE DAKIN *London Taekwondo Academy*	GBR	R1 A	3.0	3.1	3.1	3.1	2.8	0.0	0.0	7.699	7.316
			R1 P	4.8	5.1	4.5	4.6	4.4	0.0	0.0		
			R2 A	2.6	2.5	2.6	2.5	2.5	0.0	0.0	6.933	
			R2 P	4.4	4.6	4.3	4.5	4.2	0.0	0.0		

Recognized Poomsae Individual / K3 / U30 Years (1st Senior) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Essma Zitoun *London Taekwondo Academy*	GBR	R1 A	3.4	3.5	3.5	3.3	3.3	0.0	0.0	8.500	8.483
			R1 P	5.2	5.5	5.2	4.8	4.9	0.0	0.0		
			R2 A	3.1	3.5	3.5	3.3	3.0	0.0	0.0	8.466	
			R2 P	5.2	5.6	5.0	5.1	5.2	0.0	0.0		
2	AIMEE WHITE *London Taekwondo Academy*	GBR	R1 A	3.5	3.6	3.5	3.4	3.3	0.0	0.0	8.566	8.349
			R1 P	5.2	5.4	5.1	4.7	5.0	0.0	0.0		
			R2 A	2.6	3.3	3.4	3.3	3.2	0.0	0.0	8.132	
			R2 P	4.6	5.4	5.0	4.9	4.7	0.0	0.0		
3	Giang Ha *Queens University Taekwondo Club*	GBR	R1 A	3.0	3.4	3.3	3.2	3.0	0.0	0.0	7.932	7.949
			R1 P	4.8	5.1	4.8	4.7	4.4	0.0	0.0		
			R2 A	3.0	3.2	3.3	2.9	3.3	0.0	0.0	7.966	
			R2 P	4.8	4.9	4.8	4.8	4.4	0.0	0.0		
4	Alesha Chen *Queens University Taekwondo Club*	GBR	R1 A	3.1	3.4	3.4	3.1	3.2	0.0	0.0	7.966	7.899
			R1 P	4.8	5.2	4.9	4.5	4.5	0.0	0.0		
			R2 A	2.6	3.0	3.3	3.0	3.3	0.0	0.0	7.833	
			R2 P	4.7	5.0	4.8	4.5	4.7	0.0	0.0		

Recognized Poomsae Individual / K2 / U45 Years (2nd Senior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Alan Shum *Phoenix Taekwondo*	GBR	R1 A	3.0	3.2	3.1	3.0	2.7	0.0	0.0	7.833	7.683
			R1 P	4.9	5.0	4.6	4.9	4.1	0.0	0.0		
			R2 A	2.9	3.0	3.0	2.6	2.8	0.0	0.0	7.533	
			R2 P	4.8	4.9	4.6	4.5	4.5	0.0	0.0		
2	Daniel Carvalho *Kang Han*	GBR	R1 A	2.4	3.3	3.0	2.9	3.0	0.0	0.0	7.466	7.349
			R1 P	4.2	5.1	4.5	4.6	4.4	0.0	0.0		
			R2 A	2.6	3.1	2.6	2.9	2.8	0.0	0.0	7.232	
			R2 P	4.5	4.9	4.4	4.5	4.4	0.0	0.0		
3	Mahenthiran Ragithab *Modokwon UK*	GBR	R1 A	2.3	2.8	2.2	2.8	2.5	0.0	0.0	6.966	6.916
			R1 P	4.1	5.0	4.4	4.8	4.0	0.0	0.0		
			R2 A	2.4	2.8	2.4	2.6	2.2	0.0	0.0	6.866	
			R2 P	4.2	4.9	4.4	4.6	4.1	0.0	0.0		
4	Earl Mcfarlane *NTC - National Taekwondo Club*	GBR	R1 A	3.0	3.0	2.8	2.7	2.8	0.0	0.0	7.532	6.549
			R1 P	4.9	5.2	4.6	4.5	4.2	0.0	0.0		
			R2 A	1.7	1.7	1.4	1.6	1.3	0.0	0.0	5.566	
			R2 P	3.7	4.6	4.2	4.1	3.7	0.0	0.0		

Recognized Poomsae Pair / K2 / U11 Years (Peewee)

British National Poomsae Championships 2026

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Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Henry Wells - Eleia Sen *Aquila Taekwondo*	GBR	R1 A	3.2	3.5	3.4	3.2	3.2	0.0	0.0	8.432	8.282
			R1 P	5.3	5.1	5.3	5.1	5.1	0.0	0.0		
			R2 A	3.2	3.4	2.9	3.3	2.9	0.0	0.0	8.133	
			R2 P	5.3	4.9	5.0	5.1	4.9	0.0	0.0		
2	Mia Ashawa - MYRON SCHEIBER *London Taekwondo Academy*	GBR	R1 A	3.1	3.4	3.2	3.2	3.1	0.0	0.0	8.232	8.265
			R1 P	4.9	5.0	5.1	5.1	5.1	0.0	0.0		
			R2 A	3.2	3.3	3.1	3.3	3.2	0.0	0.0	8.299	
			R2 P	5.0	5.0	5.1	5.2	5.1	0.0	0.0		
3	Luke Hyde - Bethany Rose Villanueva *Win Taekwondo Academy*	GBR	R1 A	3.3	3.4	3.2	3.0	3.2	0.0	0.0	8.266	8.249
			R1 P	5.1	4.9	5.2	5.0	5.0	0.0	0.0		
			R2 A	3.2	3.2	3.1	3.1	3.2	0.0	0.0	8.232	
			R2 P	5.2	4.9	5.1	5.1	5.0	0.0	0.0		
4	Vida Soares-mcgrath - Ivaan CHAKRABORTY *Best Leg / London Taekwondo Academy*	GBR	R1 A	3.2	3.4	3.1	3.2	3.0	0.0	0.0	8.232	8.182
			R1 P	5.1	5.0	5.1	5.1	4.7	0.0	0.0		
			R2 A	3.3	3.3	3.0	3.3	3.0	0.0	0.0	8.133	
			R2 P	4.8	4.9	5.1	5.1	4.8	0.0	0.0		
5	Norah Gerrard - Henry Scott *Hwan-Yeong*	GBR	R1 A	3.3	3.3	3.0	3.2	3.0	0.0	0.0	8.166	8.116
			R1 P	5.2	4.8	5.0	5.0	5.0	0.0	0.0		
			R2 A	3.1	3.3	3.0	3.0	2.8	0.0	0.0	8.066	
			R2 P	5.2	4.8	5.1	5.0	5.0	0.0	0.0		
6	Sofia Andag - Rohan Joshi *PremierKi*	GBR	R1 A	3.2	3.3	3.0	3.0	3.2	0.0	0.0	8.099	7.899
			R1 P	5.0	4.9	5.0	4.9	5.0	0.0	0.0		
			R2 A	3.0	2.8	2.6	2.7	3.0	0.0	0.0	7.699	
			R2 P	4.9	4.5	4.9	4.8	4.9	0.0	0.0		
7	Lennon Wallis - Kya Reddington *Kang han & Win Tkd*	GBR	R1 A	2.9	3.1	2.9	3.0	3.2	0.0	0.0	7.900	7.849
			R1 P	4.7	4.6	5.1	5.0	5.0	0.0	0.0		
			R2 A	3.0	3.0	2.7	2.9	3.1	0.0	0.0	7.799	
			R2 P	4.7	4.5	4.9	4.9	5.0	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
8	Skye Tran - Jake Shearer *Nomad Shin's Academy Altrincham 01*	GBR	R1 A	3.0	3.2	2.6	3.0	3.1	0.0	0.0	7.933	7.816
			R1 P	4.7	4.8	4.9	5.0	5.1	0.0	0.0		
			R2 A	2.8	3.0	2.5	2.8	3.2	0.0	0.0	7.699	
			R2 P	4.8	4.5	4.8	4.9	4.9	0.0	0.0		
9	Francesca Beeley - Khenon Alexander - Pearson *Best Leg / Aquila*	GBR	R1 A	3.0	3.2	2.8	2.7	2.8	0.0	0.0	7.666	7.649
			R1 P	4.7	4.7	5.0	4.9	4.8	0.0	0.0		
			R2 A	2.9	3.1	2.7	2.8	2.8	0.0	0.0	7.633	
			R2 P	4.8	4.6	4.9	4.8	4.8	0.0	0.0		
10	Ani Patel - Daniel Gardner *Hwan Yeong + Premier Ki*	GBR	R1 A	3.1	3.1	2.7	2.8	3.0	0.0	0.0	7.699	7.632
			R1 P	4.6	4.6	5.0	4.8	4.8	0.0	0.0		
			R2 A	2.9	3.1	2.7	2.7	2.9	0.0	0.0	7.566	
			R2 P	4.5	4.5	4.9	4.8	4.9	0.0	0.0		
11	Kamran Ullah - Waniya Ali *AP Taekwondo Academy*	GBR	R1 A	2.8	2.9	3.0	3.2	2.4	0.0	0.0	7.566	7.616
			R1 P	4.5	4.5	5.0	5.0	4.4	0.0	0.0		
			R2 A	2.9	3.0	2.9	3.0	2.7	0.0	0.0	7.666	
			R2 P	4.7	4.6	5.0	4.9	4.6	0.0	0.0		
12	Mohib Syed - Eve Eastland *PremierKi*	GBR	R1 A	3.2	3.0	2.4	2.7	2.9	0.0	0.0	7.632	7.499
			R1 P	4.7	4.4	4.8	4.8	4.8	0.0	0.0		
			R2 A	3.0	2.8	2.4	2.5	2.7	0.0	0.0	7.366	
			R2 P	4.7	4.2	4.8	4.7	4.7	0.0	0.0		
13	Elvylotta Cameron Johansson - Yaseen Dildar *Best Leg / London Taekwondo Academy*	GBR	R1 A	2.8	2.8	2.7	2.4	2.6	0.0	0.0	7.266	7.399
			R1 P	4.7	4.3	4.9	4.5	4.5	0.0	0.0		
			R2 A	3.2	3.2	2.6	2.6	2.8	0.0	0.0	7.532	
			R2 P	4.7	4.5	4.8	4.6	4.7	0.0	0.0		

Recognized Poomsae Pair / K2 / U11 Years (Peewee)

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Henry Wells - Eleia Sen *Aquila Taekwondo*	GBR	R1 A	3.4	3.5	3.4	3.3	3.2	0.0	0.0	8.599	8.515
			R1 P	5.3	5.0	5.3	5.2	5.2	0.0	0.0		
			R2 A	3.3	3.5	3.4	3.1	3.1	0.0	0.0	8.432	
			R2 P	5.4	5.1	5.3	5.1	5.1	0.0	0.0		
2	Mia Ashawa - MYRON SCHEIBER *London Taekwondo Academy*	GBR	R1 A	3.2	3.5	3.1	3.1	3.3	0.0	0.0	8.266	8.282
			R1 P	5.1	5.0	5.1	4.9	5.2	0.0	0.0		
			R2 A	3.1	3.4	3.2	3.2	3.3	0.0	0.0	8.299	
			R2 P	5.0	4.9	5.2	5.0	5.2	0.0	0.0		
3	Vida Soares-mcgrath - Ivaan CHAKRABORTY *Best Leg / London Taekwondo Academy*	GBR	R1 A	3.4	3.4	3.1	3.2	3.2	0.0	0.0	8.299	8.282
			R1 P	5.2	4.8	5.0	5.1	5.0	0.0	0.0		
			R2 A	3.2	3.3	3.0	3.3	3.1	0.0	0.0	8.266	
			R2 P	5.3	4.9	5.0	5.2	5.0	0.0	0.0		
4	Luke Hyde - Bethany Rose Villanueva *Win Taekwondo Academy*	GBR	R1 A	3.2	3.3	3.2	3.1	3.1	0.0	0.0	8.232	8.265
			R1 P	5.3	4.8	5.1	5.0	5.1	0.0	0.0		
			R2 A	3.3	3.3	3.0	3.2	3.2	0.0	0.0	8.299	
			R2 P	5.2	4.8	5.1	5.0	5.1	0.0	0.0		
5	Norah Gerrard - Henry Scott *Hwan-Yeong*	GBR	R1 A	3.3	3.4	3.2	3.2	2.8	0.0	0.0	8.233	8.183
			R1 P	5.1	4.8	5.2	5.1	4.6	0.0	0.0		
			R2 A	3.1	3.3	3.1	3.1	3.0	0.0	0.0	8.133	
			R2 P	5.0	4.7	5.1	5.1	5.0	0.0	0.0		
6	Skye Tran - Jake Shearer *Nomad Shin's Academy Altrincham 01*	GBR	R1 A	2.9	3.2	2.9	2.7	3.0	0.0	0.0	7.799	7.799
			R1 P	4.8	4.6	5.0	4.8	5.0	0.0	0.0		
			R2 A	3.0	3.0	2.9	2.6	3.0	0.0	0.0	7.799	
			R2 P	4.8	4.5	4.9	4.8	4.9	0.0	0.0		
7	Sofia Andag - Rohan Joshi *PremierKi*	GBR	R1 A	3.1	3.4	3.2	3.0	3.0	0.0	0.0	8.000	7.766
			R1 P	4.9	4.8	5.1	4.9	4.9	0.0	0.0		
			R2 A	3.0	3.0	2.9	2.7	2.7	0.0	0.0	7.532	
			R2 P	4.6	4.4	5.0	4.8	4.6	0.0	0.0		

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
8	Lennon Wallis - Kya Reddington *Kang han & Win Tkd*	GBR	R1 A	3.2	3.1	2.9	3.0	3.0	0.0	0.0	7.833	7.732
			R1 P	4.9	4.4	4.9	4.9	4.6	0.0	0.0		
			R2 A	2.9	3.1	2.7	2.8	2.9	0.0	0.0	7.632	
			R2 P	4.8	4.5	4.9	4.8	4.7	0.0	0.0		

Recognized Poomsae Team / K2 / U11 Years (Peewee) Female

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Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Eleia Sen - Melanie Chan - Isla-Skye Pinard *Aquila Taekwondo*	GBR	R1 A	3.4	3.4	3.0	3.2	3.2	0.0	0.0	8.366	
			R1 P	5.3	4.8	5.1	5.1	5.1	0.0	0.0		8.316
			R2 A	3.2	3.3	3.0	3.3	2.9	0.0	0.0	8.266	
			R2 P	5.2	4.9	5.1	5.2	5.0	0.0	0.0		
2	Alba Gillespie - Holly Cabrera - Rebecca-Andreea Cercelea *Loughton Taekwondo*	GBR	R1 A	3.1	3.3	3.0	3.2	3.1	0.0	0.0	8.099	
			R1 P	4.8	4.8	5.0	5.1	5.2	0.0	0.0		8.132
			R2 A	3.3	3.2	3.0	3.2	2.7	0.0	0.0	8.166	
			R2 P	5.1	4.7	5.1	5.3	4.9	0.0	0.0		
3	Vida Soares-mcgrath - Francesca Beeley - Elvylotta Cameron Johansson *Best Leg Taekwondo Academy*	GBR	R1 A	3.3	3.2	3.2	3.2	3.0	0.0	0.0	8.200	
			R1 P	5.0	4.8	5.2	5.1	4.9	0.0	0.0		8.116
			R2 A	3.0	3.2	3.1	3.1	2.8	0.0	0.0	8.032	
			R2 P	4.9	4.6	5.2	5.2	4.8	0.0	0.0		
4	Norah Gerrard - Sofia Andag - Ani Patel *PremierKi/PremierKi/Hwan-Yeong*	GBR	R1 A	3.3	3.2	3.1	3.2	3.3	0.0	0.0	8.199	
			R1 P	5.0	4.8	5.2	5.1	4.8	0.0	0.0		8.065
			R2 A	3.2	3.3	2.8	3.0	3.0	0.0	0.0	7.932	
			R2 P	5.0	4.8	5.0	4.8	4.8	0.0	0.0		
5	Skye Tran - Lucy Crichton - Eilidh Moody *Elite Martial Arts Academy & Nomad Taekwondo*	GBR	R1 A	3.2	3.3	3.1	3.1	3.3	0.0	0.0	8.100	
			R1 P	4.9	4.9	5.2	4.9	4.9	0.0	0.0		8.049
			R2 A	3.1	3.3	3.1	3.0	2.7	0.0	0.0	7.999	
			R2 P	4.8	5.0	5.1	5.0	4.7	0.0	0.0		
6	Defea Yeung - Tayeba Rafat - Mia Ashara *Harrogate KTA / NTC / London Taekwondo Academy*	GBR	R1 A	3.3	3.3	3.2	3.1	3.3	0.0	0.0	8.199	
			R1 P	5.0	4.7	5.0	4.9	4.9	0.0	0.0		8.049
			R2 A	3.1	3.0	3.1	2.9	3.3	0.0	0.0	7.899	
			R2 P	4.9	4.6	5.2	4.8	4.8	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
7	Meher Kandola - Angel Snelson - Bethany Rose Villanueva *Pulse Taekwondo and Win Taekwondo Academy*	GBR	R1 A	3.2	3.1	2.9	3.3	3.3	0.0	0.0	8.100	
			R1 P	4.9	4.6	5.0	5.1	4.8	0.0	0.0		7.949
			R2 A	3.0	3.2	2.8	3.1	2.8	0.0	0.0	7.799	
			R2 P	4.9	4.7	4.9	4.8	4.8	0.0	0.0		
8	Hawa Rashidi - Yusra Herawi - Waniya Ali *London Taekwondo Stars & AP Taekwondo Academy*	GBR	R1 A	3.0	3.1	2.6	3.0	3.2	0.0	0.0	7.799	
			R1 P	4.8	4.5	4.8	4.8	4.7	0.0	0.0		7.799
			R2 A	3.1	3.0	2.7	3.2	2.8	0.0	0.0	7.799	
			R2 P	4.8	4.5	4.9	5.1	4.8	0.0	0.0		
9	Kya Reddington - Freya Cutler - Evie Elkington *Kang Han*	GBR	R1 A	3.1	3.1	2.7	2.8	2.9	0.0	0.0	7.733	
			R1 P	4.9	4.5	4.8	4.9	4.7	0.0	0.0		7.566
			R2 A	2.8	2.7	2.7	2.7	2.5	0.0	0.0	7.400	
			R2 P	4.8	4.2	4.9	4.8	4.5	0.0	0.0		
10	Elsa Scanlon - Naomi Scudder - Eve Eastland *PremierKi*	GBR	R1 A	3.0	3.0	2.5	2.4	2.7	0.0	0.0	7.399	
			R1 P	4.8	4.4	4.8	4.6	4.6	0.0	0.0		7.265
			R2 A	2.8	3.0	2.4	2.2	2.5	0.0	0.0	7.132	
			R2 P	4.7	4.2	4.8	4.5	4.5	0.0	0.0		

Recognized Poomsae Team / K2 / U11 Years (Peewee) Female

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Eleia Sen - Melanie Chan - Isla-Skye Pinard *Aquila Taekwondo*	GBR	R1 A	3.4	3.3	3.3	3.2	3.2	0.0	0.0	8.366	
			R1 P	5.3	5.0	5.2	5.1	5.0	0.0	0.0		8.366
			R2 A	3.4	3.3	3.3	3.2	3.0	0.0	0.0	8.366	
			R2 P	5.4	4.9	5.2	5.0	5.1	0.0	0.0		
2	Alba Gillespie - Holly Cabrera - Rebecca-Andreea Cercelea *Loughton Taekwondo*	GBR	R1 A	3.3	3.3	3.1	3.2	3.0	0.0	0.0	8.266	
			R1 P	5.2	4.9	5.1	5.1	5.0	0.0	0.0		8.132
			R2 A	3.1	3.2	3.0	3.1	2.7	0.0	0.0	7.999	
			R2 P	5.1	4.7	5.2	4.9	4.8	0.0	0.0		
3	Vida Soares-mcgrath - Francesca Beeley - Elvylotta Cameron Johansson *Best Leg Taekwondo Academy*	GBR	R1 A	3.2	3.0	3.3	3.2	3.1	0.0	0.0	8.132	
			R1 P	5.1	4.7	5.2	4.9	4.9	0.0	0.0		8.099
			R2 A	3.1	3.1	3.2	3.1	2.8	0.0	0.0	8.066	
			R2 P	5.0	4.8	5.2	5.0	4.9	0.0	0.0		
4	Defea Yeung - Tayeba Rafat - Mia Ashara *Harrogate KTA / NTC / London Taekwondo Academy*	GBR	R1 A	3.3	3.2	3.1	3.1	3.2	0.0	0.0	8.099	
			R1 P	5.0	4.7	5.0	4.9	4.9	0.0	0.0		8.099
			R2 A	3.2	3.3	3.0	3.2	3.0	0.0	0.0	8.099	
			R2 P	5.0	4.6	5.2	5.0	4.9	0.0	0.0		
5	Norah Gerrard - Sofia Andag - Ani Patel *PremierKi/PremierKi/Hwan-Yeong*	GBR	R1 A	3.2	3.3	3.0	3.2	3.3	0.0	0.0	8.099	
			R1 P	4.9	4.7	5.0	4.9	4.8	0.0	0.0		8.099
			R2 A	3.3	3.2	3.1	3.2	3.1	0.0	0.0	8.099	
			R2 P	5.0	4.7	5.0	5.0	4.8	0.0	0.0		
6	Meher Kandola - Angel Snelson - Bethany Rose Villanueva *Pulse Taekwondo and Win Taekwondo Academy*	GBR	R1 A	3.3	3.3	3.1	3.1	3.2	0.0	0.0	8.133	
			R1 P	5.0	4.7	5.1	5.0	4.8	0.0	0.0		8.016
			R2 A	3.1	3.2	3.0	3.0	2.9	0.0	0.0	7.899	
			R2 P	4.9	4.6	5.1	4.9	4.8	0.0	0.0		

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
7	Hawa Rashidi - Yusra Herawi - Waniya Ali *London Taekwondo Stars & AP Taekwondo Academy*	GBR	R1 A	3.1	3.2	2.8	3.0	3.1	0.0	0.0	7.899	
			R1 P	4.9	4.6	4.9	4.8	4.8	0.0	0.0		7.849
			R2 A	3.0	3.0	2.7	3.1	2.9	0.0	0.0	7.799	
			R2 P	4.9	4.5	4.8	4.9	4.8	0.0	0.0		
8	Skye Tran - Lucy Crichton - Eilidh Moody *Elite Martial Arts Academy & Nomad Taekwondo*	GBR	R1 A	3.3	3.4	3.3	3.0	3.2	0.0	0.0	8.232	
			R1 P	5.1	4.9	5.2	4.8	4.9	0.0	0.0		7.732
			R2 A	2.7	2.2	3.2	2.4	2.7	0.0	0.0	7.233	
			R2 P	4.8	4.0	5.2	4.6	4.5	0.0	0.0		

Recognized Poomsae Team / K2 / U11 Years (Peewee) Male

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Kamran Ullah - Lennon Wallis - Luke Hyde *Win Taekwondo Academy and AP Taekwondo Academy*	GBR	R1 A	3.1	3.1	3.2	3.2	3.2	0.0	0.0	8.166	
			R1 P	4.8	5.0	5.2	5.1	4.9	0.0	0.0		8.082
			R2 A	3.0	2.9	3.1	3.1	3.1	0.0	0.0	7.999	
			R2 P	4.6	5.0	5.3	5.0	4.8	0.0	0.0		
2	Yaseen Dildar - IVAAN CHAKRABORTY - SAID MUSTAFA KHELWATTY *London Taekwondo Academy*	GBR	R1 A	2.9	2.9	2.7	3.1	2.9	0.0	0.0	7.666	
			R1 P	4.7	4.8	5.0	4.8	4.7	0.0	0.0		7.882
			R2 A	3.2	3.0	3.1	3.2	3.1	0.0	0.0	8.099	
			R2 P	4.9	5.0	5.0	5.1	4.7	0.0	0.0		
3	Jake Shearer - Rohan Joshi - Mohib Syed *PremierKi / Shins Academy Altrincham / PremierKi*	GBR	R1 A	2.9	3.0	2.8	3.0	3.1	0.0	0.0	7.832	
			R1 P	4.4	4.9	4.9	4.9	4.8	0.0	0.0		7.699
			R2 A	3.0	2.8	2.7	2.9	2.6	0.0	0.0	7.566	
			R2 P	4.4	4.9	4.8	4.9	4.6	0.0	0.0		
4	Jayden Ngoe - Daniel Gardner - Henry Scott *Hwan Yeong + Quest Lincoln*	GBR	R1 A	2.1	2.2	2.2	2.3	2.3	0.0	0.0	6.666	
			R1 P	4.3	4.5	4.7	4.5	4.2	0.0	0.0		6.866
			R2 A	2.8	2.6	2.4	2.1	2.5	0.0	0.0	7.066	
			R2 P	4.5	4.7	4.7	4.5	4.5	0.0	0.0		

Recognized Poomsae Individual / K3 / U14 Years (Cadet) Male

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Shujanakan Ketheeswaran *Modokwon UK*	GBR	R1 A	3.3	3.3	3.1	3.2	3.2	0.0	0.0	8.133	8.082
			R1 P	4.7	5.1	4.9	5.1	4.7	0.0	0.0		
			R2 A	3.0	3.1	3.0	3.3	3.1	0.0	0.0	8.032	
			R2 P	4.9	5.0	5.0	5.1	4.8	0.0	0.0		
2	Alexander Vogiatzis *Loughton Taekwondo*	GBR	R1 A	3.2	3.2	3.0	3.0	3.0	0.0	0.0	7.932	7.949
			R1 P	4.9	5.0	4.8	4.9	4.6	0.0	0.0		
			R2 A	3.3	3.1	3.1	2.9	3.2	0.0	0.0	7.966	
			R2 P	4.8	4.9	4.8	4.9	4.7	0.0	0.0		
3	Pak To Wong *Shin's Academy Altrincham*	GBR	R1 A	3.1	3.1	3.1	3.1	2.9	0.0	0.0	7.833	7.799
			R1 P	4.6	4.9	4.8	4.8	4.5	0.0	0.0		
			R2 A	3.2	2.9	2.9	3.2	2.8	0.0	0.0	7.766	
			R2 P	4.7	4.8	4.8	5.0	4.5	0.0	0.0		
4	Lawrence Russell *Harrogate KTA*	GBR	R1 A	3.3	3.1	2.6	2.7	2.9	0.0	0.0	7.533	7.583
			R1 P	4.7	4.8	4.7	4.5	4.5	0.0	0.0		
			R2 A	3.3	3.2	2.7	2.6	3.1	0.0	0.0	7.633	
			R2 P	4.6	5.0	4.6	4.7	4.5	0.0	0.0		
5	Harvey Gordon *Hwan-Yeong*	GBR	R1 A	3.0	2.6	2.6	2.8	2.7	0.0	0.0	7.433	7.499
			R1 P	4.4	4.8	4.7	4.8	4.7	0.0	0.0		
			R2 A	3.1	2.9	2.7	2.9	2.8	0.0	0.0	7.566	
			R2 P	4.5	5.0	4.8	4.8	4.5	0.0	0.0		

Recognized Poomsae Individual / K2 / U11 Years (Peewee) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

PRELIM

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Milena Konowalczuk *Ali's Dojang*	GBR	R1 A	3.4	3.4	3.5	3.3	3.2	0.0	0.0	8.466	8.432
			R1 P	5.1	5.0	5.1	5.1	5.1	0.0	0.0		
			R2 A	3.2	3.4	3.1	3.4	3.2	0.0	0.0	8.399	
			R2 P	5.2	5.0	5.1	5.3	5.1	0.0	0.0		
2	Rebecca-Andreea Cercelea *Loughton Taekwondo*	GBR	R1 A	3.4	3.4	3.5	3.2	3.2	0.0	0.0	8.433	8.416
			R1 P	5.2	5.1	5.1	5.1	4.9	0.0	0.0		
			R2 A	3.2	3.4	3.4	3.3	3.1	0.0	0.0	8.400	
			R2 P	5.1	5.2	5.0	5.3	5.0	0.0	0.0		
3	Eleia Sen *Aquila Taekwondo*	GBR	R1 A	3.3	3.4	3.4	3.3	2.8	0.0	0.0	8.333	8.266
			R1 P	4.9	5.0	5.1	5.1	4.8	0.0	0.0		
			R2 A	3.2	3.3	3.1	3.3	3.0	0.0	0.0	8.200	
			R2 P	5.0	4.8	5.0	5.2	5.0	0.0	0.0		
4	Joy PARK *ARUMCHAN Korea*	GBR	R1 A	3.4	3.3	3.1	3.1	3.1	0.0	0.0	8.166	8.232
			R1 P	5.2	4.9	5.0	5.0	5.0	0.0	0.0		
			R2 A	3.3	3.4	3.4	2.9	3.1	0.0	0.0	8.299	
			R2 P	5.0	5.0	5.1	4.8	5.2	0.0	0.0		
5	Tayeba Rafat *Harrogate KTA*	GBR	R1 A	3.3	3.3	3.5	3.2	3.1	0.0	0.0	8.199	8.199
			R1 P	4.9	4.8	4.9	5.1	5.0	0.0	0.0		
			R2 A	3.2	3.2	3.3	3.4	3.2	0.0	0.0	8.199	
			R2 P	4.9	4.6	4.9	5.1	5.1	0.0	0.0		
6	Isla-Skye Pinard *Aquila Taekwondo*	GBR	R1 A	3.4	3.3	3.4	3.2	3.0	0.0	0.0	8.233	8.183
			R1 P	5.0	4.9	4.9	5.1	4.8	0.0	0.0		
			R2 A	3.3	3.3	3.0	3.1	3.2	0.0	0.0	8.133	
			R2 P	5.0	4.9	4.7	4.9	5.0	0.0	0.0		
7	Skye Tran *Nomad Taekwondo*	GBR	R1 A	3.1	3.2	3.1	3.3	3.2	0.0	0.0	8.166	8.149
			R1 P	5.0	4.8	4.9	5.3	5.1	0.0	0.0		
			R2 A	3.3	3.3	3.1	3.3	3.1	0.0	0.0	8.133	
			R2 P	4.9	4.8	4.8	5.1	5.0	0.0	0.0		
8	Defea Yeung *NTC - National Taekwondo Club*	GBR	R1 A	3.3	3.2	3.3	3.1	3.2	0.0	0.0	8.199	8.132
			R1 P	5.0	4.5	4.9	5.0	5.1	0.0	0.0		
			R2 A	3.2	3.1	3.1	3.2	3.1	0.0	0.0	8.066	
			R2 P	5.0	4.4	4.8	5.0	5.0	0.0	0.0		

PRELIM

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Mia Ashawa *London Taekwondo Academy*	GBR	R1 A	3.3	3.4	3.3	3.0	3.2	0.0	0.0	8.199	8.116
			R1 P	4.8	5.0	4.9	5.1	4.9	0.0	0.0		
			R2 A	3.1	3.3	3.1	3.2	3.0	0.0	0.0	8.033	
			R2 P	4.9	4.9	4.7	5.1	4.9	0.0	0.0		
10	Holly Cabrera *Loughton Taekwondo*	GBR	R1 A	3.1	3.2	2.9	3.1	3.2	0.0	0.0	8.033	8.049
			R1 P	4.8	4.9	4.7	5.1	5.0	0.0	0.0		
			R2 A	3.2	3.3	3.2	3.1	3.2	0.0	0.0	8.066	
			R2 P	4.8	4.8	4.8	5.0	5.1	0.0	0.0		
11	Lucy Crichton *Elite Martial Arts Academy*	GBR	R1 A	3.2	3.3	3.4	3.0	3.0	0.0	0.0	8.032	7.999
			R1 P	4.8	4.8	4.9	4.9	5.1	0.0	0.0		
			R2 A	3.1	3.1	3.3	3.2	2.7	0.0	0.0	7.966	
			R2 P	4.8	4.8	4.9	5.1	4.8	0.0	0.0		
12	Sofia Andag *PremierKi*	GBR	R1 A	3.2	3.4	3.4	3.1	3.2	0.0	0.0	8.232	7.982
			R1 P	4.8	4.9	5.0	5.1	5.0	0.0	0.0		
			R2 A	3.1	2.8	2.7	2.9	3.1	0.0	0.0	7.733	
			R2 P	4.8	4.5	4.7	5.0	4.9	0.0	0.0		
13	Vida Soares-mcgrath *Best Leg Taekwondo Academy*	GBR	R1 A	3.2	3.0	3.2	2.8	3.0	0.0	0.0	7.932	7.915
			R1 P	4.8	4.7	4.9	4.9	5.1	0.0	0.0		
			R2 A	3.2	3.3	2.9	2.9	3.0	0.0	0.0	7.899	
			R2 P	4.8	4.8	4.9	5.0	4.9	0.0	0.0		
14	Waniya Ali *AP Taekwondo Academy*	GBR	R1 A	3.3	3.3	3.1	3.3	2.9	0.0	0.0	8.066	7.899
			R1 P	4.8	4.9	4.8	5.0	4.5	0.0	0.0		
			R2 A	3.2	3.1	2.7	3.1	3.0	0.0	0.0	7.732	
			R2 P	4.7	4.5	4.8	4.9	4.5	0.0	0.0		
15	Melanie Chan *Aquila Taekwondo*	GBR	R1 A	3.1	3.1	2.9	2.6	3.0	0.0	0.0	7.800	7.883
			R1 P	5.0	4.7	4.8	4.6	4.9	0.0	0.0		
			R2 A	3.4	3.3	3.1	2.8	2.9	0.0	0.0	7.966	
			R2 P	5.0	4.7	4.8	5.0	4.8	0.0	0.0		
16	MEHER KANDOLA *Pulse Taekwondo*	GBR	R1 A	3.1	3.3	3.0	3.2	3.1	0.0	0.0	7.899	7.882
			R1 P	4.7	4.7	4.8	5.1	4.8	0.0	0.0		
			R2 A	3.0	3.2	3.1	3.1	2.9	0.0	0.0	7.866	
			R2 P	4.8	4.7	4.8	4.9	4.8	0.0	0.0		
17	Bethany Rose Villanueva *Win Taekwondo Academy*	GBR	R1 A	3.0	3.2	3.2	3.0	2.8	0.0	0.0	7.866	7.866
			R1 P	4.8	4.9	4.6	4.8	4.8	0.0	0.0		
			R2 A	3.1	3.1	3.2	3.1	3.0	0.0	0.0	7.866	
			R2 P	4.9	4.6	4.7	5.0	4.7	0.0	0.0		

PRELIM

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
18	Elvylotta Cameron Johansson *Best Leg Taekwondo Academy*	GBR	R1 A	3.2	3.3	3.1	3.1	3.2	0.0	0.0	7.966	7.816
			R1 P	4.8	4.8	4.7	4.8	5.0	0.0	0.0		
			R2 A	3.0	3.1	2.9	2.9	2.8	0.0	0.0	7.666	
			R2 P	4.7	4.7	4.7	5.0	4.8	0.0	0.0		
19	Hawa Rashidi *London Taekwondo Stars*	GBR	R1 A	3.0	3.3	3.1	3.2	3.0	0.0	0.0	7.833	7.816
			R1 P	4.7	4.7	4.8	5.0	4.6	0.0	0.0		
			R2 A	3.2	3.2	2.9	3.3	2.8	0.0	0.0	7.800	
			R2 P	4.7	4.7	4.7	5.1	4.7	0.0	0.0		
20	ANGEL SNELSON *Pulse Taekwondo*	GBR	R1 A	3.2	3.2	3.3	2.8	2.8	0.0	0.0	7.832	7.782
			R1 P	4.8	4.9	4.7	4.8	4.7	0.0	0.0		
			R2 A	3.0	3.2	2.9	2.9	2.8	0.0	0.0	7.733	
			R2 P	4.7	4.8	4.8	4.9	4.8	0.0	0.0		
21	Eilidh Moody *Elite Martial Arts Academy*	GBR	R1 A	3.1	3.1	2.9	2.5	3.2	0.0	0.0	7.766	7.716
			R1 P	4.7	4.7	4.6	4.8	4.9	0.0	0.0		
			R2 A	3.1	3.0	2.7	2.8	3.0	0.0	0.0	7.666	
			R2 P	4.7	4.4	4.6	5.0	4.9	0.0	0.0		
22	Norah Gerrard *Hwan-Yeong*	GBR	R1 A	3.2	3.2	3.2	2.8	2.6	0.0	0.0	7.799	7.716
			R1 P	4.8	4.6	4.8	4.8	4.6	0.0	0.0		
			R2 A	3.1	3.0	2.8	3.0	2.7	0.0	0.0	7.633	
			R2 P	4.7	4.4	4.8	4.9	4.6	0.0	0.0		
23	Brook Kamenickova *NTC - National Taekwondo Club*	GBR	R1 A	3.0	3.0	3.0	2.7	2.9	0.0	0.0	7.599	7.682
			R1 P	4.7	4.6	4.6	4.5	4.7	0.0	0.0		
			R2 A	3.1	3.2	2.9	3.0	2.8	0.0	0.0	7.766	
			R2 P	4.7	4.7	4.9	5.0	4.7	0.0	0.0		
24	Yusra Herawi *London Taekwondo Stars*	GBR	R1 A	3.1	3.2	2.9	3.1	2.6	0.0	0.0	7.733	7.633
			R1 P	4.9	4.5	4.8	4.8	4.3	0.0	0.0		
			R2 A	3.0	3.1	2.7	3.2	2.5	0.0	0.0	7.533	
			R2 P	4.7	4.3	4.7	4.9	4.4	0.0	0.0		
25	Francesca Beeley *Best Leg Taekwondo Academy*	GBR	R1 A	3.0	3.0	3.3	3.0	3.0	0.0	0.0	7.633	7.599
			R1 P	4.5	4.6	4.7	5.0	4.6	0.0	0.0		
			R2 A	3.0	3.0	2.8	3.1	3.0	0.0	0.0	7.566	
			R2 P	4.5	4.5	4.7	5.1	4.5	0.0	0.0		
26	Ani Patel *PremierKi*	GBR	R1 A	2.8	3.1	3.2	2.7	3.0	0.0	0.0	7.499	7.549
			R1 P	4.5	4.3	4.6	4.7	4.5	0.0	0.0		
			R2 A	3.0	3.1	3.2	3.0	2.7	0.0	0.0	7.599	
			R2 P	4.5	4.5	4.7	4.8	4.4	0.0	0.0		

PRELIM

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
27	Alba Gillespie *Loughton Taekwondo*	GBR	R1 A	2.9	2.9	2.8	2.8	3.0	0.0	0.0	7.599	7.499
			R1 P	4.6	4.4	4.8	4.8	4.9	0.0	0.0		
			R2 A	2.9	2.9	2.5	2.6	2.8	0.0	0.0	7.399	
			R2 P	4.6	4.4	4.7	4.7	4.6	0.0	0.0		
28	Evie Elkington *Kang Han*	GBR	R1 A	3.1	3.0	2.9	3.2	2.6	0.0	0.0	7.600	7.433
			R1 P	4.6	4.3	4.8	5.0	4.4	0.0	0.0		
			R2 A	3.0	2.9	2.6	2.7	2.8	0.0	0.0	7.266	
			R2 P	4.5	4.2	4.5	4.6	4.4	0.0	0.0		
29	Eve Eastland *PremierKi*	GBR	R1 A	3.0	2.9	3.0	2.4	2.9	0.0	0.0	7.399	7.332
			R1 P	4.4	4.4	4.5	4.5	4.6	0.0	0.0		
			R2 A	2.8	3.0	2.3	2.6	2.9	0.0	0.0	7.266	
			R2 P	4.3	4.4	4.5	4.6	4.7	0.0	0.0		
30	Kya Reddington *Kang Han*	GBR	R1 A	3.1	2.6	3.2	3.0	2.9	0.0	0.0	7.633	7.316
			R1 P	4.7	4.2	4.6	4.8	4.6	0.0	0.0		
			R2 A	2.8	2.6	2.7	2.5	2.5	0.0	0.0	7.000	
			R2 P	4.4	4.0	4.4	4.8	4.4	0.0	0.0		
31	Freya Cutler *Kang Han*	GBR	R1 A	3.2	3.1	3.1	3.2	3.1	0.0	0.0	7.866	7.199
			R1 P	4.3	4.7	4.7	5.1	4.8	0.0	0.0		
			R2 A	1.8	2.2	1.7	2.4	2.3	0.0	0.0	6.533	
			R2 P	4.3	4.1	4.3	4.7	4.7	0.0	0.0		
32	Naomi Scudder *PremierKi*	GBR	R1 A	3.2	2.8	2.7	2.2	2.5	0.0	0.0	7.166	7.149
			R1 P	4.5	4.3	4.5	4.5	4.5	0.0	0.0		
			R2 A	2.9	2.8	2.7	2.4	2.6	0.0	0.0	7.133	
			R2 P	4.4	4.2	4.5	4.5	4.4	0.0	0.0		

Recognized Poomsae Individual / K2 / U11 Years (Peewee) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Milena Konowalczuk *Ali's Dojang*	GBR	R1 A	3.5	3.3	3.5	3.1	3.2	0.0	0.0	8.533	8.516
			R1 P	5.4	5.2	4.9	5.1	5.3	0.0	0.0		
			R2 A	3.3	3.5	3.4	3.2	3.2	0.0	0.0	8.500	
			R2 P	5.4	5.2	5.1	5.1	5.3	0.0	0.0		
2	Rebecca-Andreea Cercelea *Loughton Taekwondo*	GBR	R1 A	3.3	3.5	3.6	3.2	3.1	0.0	0.0	8.533	8.483
			R1 P	5.3	5.2	4.9	5.1	5.3	0.0	0.0		
			R2 A	3.2	3.4	3.4	3.3	3.1	0.0	0.0	8.433	
			R2 P	5.3	5.1	5.0	5.1	5.2	0.0	0.0		
3	Eleia Sen *Aquila Taekwondo*	GBR	R1 A	3.4	3.3	3.4	3.3	3.2	0.0	0.0	8.499	8.382
			R1 P	5.2	5.2	4.9	5.1	5.2	0.0	0.0		
			R2 A	3.0	3.1	3.1	3.2	3.2	0.0	0.0	8.266	
			R2 P	5.2	5.1	4.9	5.1	5.2	0.0	0.0		
4	Tayeba Rafat *Harrogate KTA*	GBR	R1 A	3.2	3.3	3.4	3.2	3.2	0.0	0.0	8.299	8.316
			R1 P	5.0	5.1	4.8	5.1	5.1	0.0	0.0		
			R2 A	3.3	3.2	3.4	3.2	3.0	0.0	0.0	8.333	
			R2 P	5.2	5.1	4.7	5.1	5.1	0.0	0.0		
5	Lucy Crichton *Elite Martial Arts Academy*	GBR	R1 A	3.2	2.9	3.5	3.2	3.0	0.0	0.0	8.066	8.149
			R1 P	5.0	5.0	4.8	4.9	4.9	0.0	0.0		
			R2 A	3.2	3.2	3.2	3.3	3.0	0.0	0.0	8.233	
			R2 P	5.1	5.0	4.8	5.1	5.0	0.0	0.0		
6	Joy PARK *ARUMCHAN Korea*	GBR	R1 A	3.2	3.0	3.0	2.9	3.3	0.0	0.0	8.032	8.115
			R1 P	5.1	5.0	4.7	4.8	5.2	0.0	0.0		
			R2 A	3.1	3.2	3.2	3.0	3.2	0.0	0.0	8.199	
			R2 P	5.1	5.1	4.8	5.0	5.0	0.0	0.0		
7	Holly Cabrera *Loughton Taekwondo*	GBR	R1 A	3.2	3.0	3.3	3.1	3.0	0.0	0.0	8.100	8.100
			R1 P	5.0	5.0	4.9	5.0	5.0	0.0	0.0		
			R2 A	3.1	3.1	3.1	3.2	3.0	0.0	0.0	8.100	
			R2 P	5.0	5.1	4.8	5.0	5.0	0.0	0.0		
8	Isla-Skye Pinard *Aquila Taekwondo*	GBR	R1 A	3.2	3.2	3.3	3.1	2.9	0.0	0.0	8.132	8.082
			R1 P	5.0	5.0	4.8	5.0	4.9	0.0	0.0		
			R2 A	3.1	3.1	3.0	3.2	3.0	0.0	0.0	8.032	
			R2 P	5.0	5.0	4.8	5.1	4.9	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Skye Tran *Nomad Taekwondo*	GBR	R1 A	3.0	3.0	3.3	3.2	3.0	0.0	0.0	8.032	8.065
			R1 P	4.9	5.0	4.9	5.0	5.0	0.0	0.0		
			R2 A	3.2	2.9	3.3	3.2	3.0	0.0	0.0	8.099	
			R2 P	4.9	5.0	4.9	5.1	5.0	0.0	0.0		
10	Sofia Andag *PremierKi*	GBR	R1 A	3.2	3.3	3.3	3.3	3.0	0.0	0.0	8.199	8.032
			R1 P	4.9	5.0	4.7	5.0	4.9	0.0	0.0		
			R2 A	2.8	3.0	2.6	3.1	3.1	0.0	0.0	7.866	
			R2 P	4.9	4.9	4.6	4.9	5.0	0.0	0.0		
11	Defea Yeung *NTC - National Taekwondo Club*	GBR	R1 A	3.2	3.1	3.3	3.0	3.0	0.0	0.0	7.966	7.949
			R1 P	5.0	5.0	4.8	4.8	4.8	0.0	0.0		
			R2 A	3.1	3.2	3.0	3.0	2.8	0.0	0.0	7.933	
			R2 P	4.9	5.0	4.9	4.9	4.8	0.0	0.0		
12	Mia Ashawa *London Taekwondo Academy*	GBR	R1 A	2.8	3.2	3.2	2.9	2.9	0.0	0.0	7.866	7.849
			R1 P	5.0	4.9	4.8	4.8	4.9	0.0	0.0		
			R2 A	3.2	2.9	3.0	3.0	3.0	0.0	0.0	7.833	
			R2 P	4.9	4.9	4.7	4.8	4.8	0.0	0.0		
13	Vida Soares-mcgrath *Best Leg Taekwondo Academy*	GBR	R1 A	3.1	2.9	3.0	3.0	2.8	0.0	0.0	7.699	7.766
			R1 P	4.8	4.9	4.6	4.8	4.6	0.0	0.0		
			R2 A	3.0	2.9	3.1	3.1	3.0	0.0	0.0	7.833	
			R2 P	4.8	4.9	4.6	5.0	4.7	0.0	0.0		
14	MEHER KANDOLA *Pulse Taekwondo*	GBR	R1 A	3.0	2.9	3.1	3.2	3.0	0.0	0.0	7.733	7.683
			R1 P	4.7	4.8	4.6	4.9	4.5	0.0	0.0		
			R2 A	3.1	2.7	3.0	3.0	2.8	0.0	0.0	7.633	
			R2 P	4.7	4.8	4.6	5.0	4.6	0.0	0.0		
15	Waniya Ali *AP Taekwondo Academy*	GBR	R1 A	3.0	2.9	3.2	3.2	2.9	0.0	0.0	7.799	7.649
			R1 P	4.6	4.9	4.7	4.9	4.7	0.0	0.0		
			R2 A	2.9	2.7	2.8	3.0	2.8	0.0	0.0	7.499	
			R2 P	4.6	4.8	4.6	4.8	4.6	0.0	0.0		
16	Melanie Chan *Aquila Taekwondo*	GBR	R1 A	3.0	2.7	2.7	2.8	3.0	0.0	0.0	7.566	7.599
			R1 P	4.7	4.9	4.8	4.7	4.7	0.0	0.0		
			R2 A	2.9	2.8	3.0	3.0	2.8	0.0	0.0	7.633	
			R2 P	4.6	4.9	4.8	4.7	4.7	0.0	0.0		

Recognized Poomsae Individual / K2 / U11 Years (Peewee) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Milena Konowalczuk *Ali's Dojang*	GBR	R1 A	3.2	3.4	3.4	3.2	3.2	0.0	0.0	8.366	8.382
			R1 P	5.1	5.0	5.1	5.1	5.3	0.0	0.0		
			R2 A	3.3	3.4	3.4	3.3	3.1	0.0	0.0	8.399	
			R2 P	5.1	5.0	5.0	5.1	5.2	0.0	0.0		
2	Rebecca-Andreea Cercelea *Loughton Taekwondo*	GBR	R1 A	3.3	3.4	3.5	3.3	3.2	0.0	0.0	8.433	8.333
			R1 P	5.2	5.0	5.0	5.1	5.3	0.0	0.0		
			R2 A	3.3	3.2	3.2	3.2	3.2	0.0	0.0	8.233	
			R2 P	5.0	4.9	5.0	5.2	5.1	0.0	0.0		
3	Tayeba Rafat *Harrogate KTA*	GBR	R1 A	3.3	3.3	3.4	3.2	3.2	0.0	0.0	8.332	8.315
			R1 P	5.1	4.9	5.0	5.1	5.1	0.0	0.0		
			R2 A	3.2	3.3	3.5	3.3	3.2	0.0	0.0	8.299	
			R2 P	5.0	4.8	4.9	5.2	5.2	0.0	0.0		
4	Lucy Crichton *Elite Martial Arts Academy*	GBR	R1 A	3.1	3.2	3.2	3.0	3.2	0.0	0.0	8.132	8.149
			R1 P	5.0	4.6	4.9	5.0	5.1	0.0	0.0		
			R2 A	3.1	3.3	3.3	3.1	3.0	0.0	0.0	8.166	
			R2 P	5.0	4.8	4.9	5.1	5.1	0.0	0.0		
5	Joy PARK *ARUMCHAN Korea*	GBR	R1 A	3.1	3.1	3.0	2.7	3.0	0.0	0.0	7.966	8.116
			R1 P	5.1	4.7	5.0	4.9	4.9	0.0	0.0		
			R2 A	3.2	3.3	3.4	2.9	3.2	0.0	0.0	8.266	
			R2 P	5.1	4.8	5.0	5.0	5.1	0.0	0.0		
6	Eleia Sen *Aquila Taekwondo*	GBR	R1 A	3.2	3.3	3.4	3.4	3.0	0.0	0.0	8.400	8.049
			R1 P	5.1	5.0	5.0	5.2	5.2	0.0	0.0		
			R2 A	2.8	2.9	2.8	3.3	2.7	0.0	0.0	7.699	
			R2 P	4.7	4.8	4.8	5.4	5.0	0.0	0.0		
7	Isla-Skye Pinard *Aquila Taekwondo*	GBR	R1 A	3.2	3.2	3.2	3.2	3.2	0.0	0.0	8.066	7.983
			R1 P	4.9	4.6	4.8	5.0	4.9	0.0	0.0		
			R2 A	3.1	3.1	3.1	3.2	3.0	0.0	0.0	7.900	
			R2 P	4.8	4.5	4.7	5.1	4.9	0.0	0.0		
8	Holly Cabrera *Loughton Taekwondo*	GBR	R1 A	3.2	3.2	3.2	3.2	2.9	0.0	0.0	8.100	7.916
			R1 P	5.0	4.7	4.8	5.1	4.9	0.0	0.0		
			R2 A	3.0	2.8	2.9	3.1	3.0	0.0	0.0	7.732	
			R2 P	4.6	4.5	4.7	5.1	5.0	0.0	0.0		

Recognized Poomsae Individual / K3 / U17 Years (Junior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	LINUS KEIL *London Taekwondo Academy*	GBR	R1 A	3.4	3.4	3.1	3.1	3.1	0.0	0.0	8.166	8.283
			R1 P	4.8	4.9	5.0	5.0	5.0	0.0	0.0		
			R2 A	3.4	3.5	3.2	3.2	3.3	0.0	0.0	8.400	
			R2 P	5.0	5.2	5.0	5.1	5.2	0.0	0.0		
2	William Harris *Harrogate KTA*	GBR	R1 A	3.2	3.2	3.0	3.0	3.3	0.0	0.0	7.966	7.966
			R1 P	4.7	4.8	4.9	4.8	5.1	0.0	0.0		
			R2 A	3.2	3.4	3.0	3.1	3.2	0.0	0.0	7.966	
			R2 P	4.8	4.8	4.8	4.7	5.1	0.0	0.0		

Recognized Poomsae Individual / K3 / U17 Years (Junior) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Pak Yiu Wong *Shin's Academy Altrincham*	GBR	R1 A	3.5	3.4	3.1	3.2	2.9	0.0	0.0	8.133	8.132
			R1 P	4.9	4.9	4.9	5.0	4.7	0.0	0.0		
			R2 A	3.3	3.4	3.1	3.1	2.9	0.0	0.0	8.132	
			R2 P	5.0	5.0	4.9	5.0	4.6	0.0	0.0		
2	Ilhaam Amin *Ali's Dojang*	GBR	R1 A	3.0	3.2	2.5	3.1	2.9	0.0	0.0	7.733	7.649
			R1 P	4.7	4.8	4.7	4.9	4.7	0.0	0.0		
			R2 A	2.8	3.3	2.6	3.1	2.7	0.0	0.0	7.566	
			R2 P	4.7	4.6	4.8	4.9	4.5	0.0	0.0		
3	Maddison Stephenson *Aquila Taekwondo*	GBR	R1 A	2.8	2.7	2.5	2.3	2.3	0.0	0.0	6.866	7.116
			R1 P	4.3	4.2	4.7	4.5	4.3	0.0	0.0		
			R2 A	3.0	2.9	2.8	2.6	2.6	0.0	0.0	7.366	
			R2 P	4.4	4.5	5.0	4.8	4.5	0.0	0.0		

Recognized Poomsae Team / K3 / U7 Years (Mini/Micro) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Lachlan Toms - Aidan Patel - Vidhun Praveen Kumar *Harrogate KTA / PremierKi*	GBR	R1 A	3.0	2.8	3.1	3.4	2.4	0.0	0.0	7.832	
			R1 P	4.9	5.0	4.7	5.3	4.4	0.0	0.0		7.999
			R2 A	3.3	3.1	3.3	3.2	2.5	0.0	0.0	8.166	
			R2 P	5.1	5.0	4.8	5.2	4.7	0.0	0.0		
2	Edward Tian - Tymon Omasta - Nok Hin Yau *Loughton / Loughton / Shins Academy*	GBR	R1 A	3.3	2.5	3.0	3.2	2.3	0.0	0.0	7.566	
			R1 P	5.0	3.8	4.9	5.1	4.1	0.0	0.0		7.716
			R2 A	3.2	2.7	3.2	3.2	2.3	0.0	0.0	7.866	
			R2 P	5.0	4.7	4.8	5.1	4.4	0.0	0.0		

Recognized Poomsae Team / K3 / U7 Years (Mini/Micro) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Raya Amrit - Stella Chaffey - Umra Rashidi *Loughton / London Taekwondo Stars / Putney*	GBR	R1 A	3.3	3.0	3.3	3.3	2.9	0.0	0.0	8.300	
			R1 P	5.0	4.8	5.0	5.3	5.3	0.0	0.0		8.283
			R2 A	3.3	3.0	3.3	3.2	2.9	0.0	0.0	8.266	
			R2 P	5.1	4.8	5.0	5.3	5.2	0.0	0.0		
2	Hava Doci - Elois Doci - Alisha Joseph *Loughton Taekwondo*	GBR	R1 A	3.3	2.9	3.3	3.1	2.8	0.0	0.0	8.200	
			R1 P	5.1	5.1	4.9	5.1	5.1	0.0	0.0		7.999
			R2 A	3.1	2.5	3.4	3.0	2.4	0.0	0.0	7.799	
			R2 P	5.0	4.9	4.9	5.1	4.9	0.0	0.0		

Recognized Poomsae Pair / K3 / U7 Years (Mini/Micro)

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Stella Chaffey - Aidan Patel *Putney TKD and PremierKi*	GBR	R1 A	3.3	2.6	3.2	3.2	3.0	0.0	0.0	8.133	8.083
			R1 P	5.0	5.0	4.7	5.0	5.2	0.0	0.0		
			R2 A	3.3	2.9	3.2	3.0	2.8	0.0	0.0	8.033	
			R2 P	5.1	5.0	4.9	4.9	5.1	0.0	0.0		
2	Edward Tian - Alisha Joseph *Loughton Taekwondo*	GBR	R1 A	3.3	2.8	3.3	2.9	2.9	0.0	0.0	8.033	8.066
			R1 P	5.2	5.0	5.0	4.9	5.0	0.0	0.0		
			R2 A	3.2	3.1	3.3	2.9	2.8	0.0	0.0	8.099	
			R2 P	5.2	5.0	4.9	5.0	5.1	0.0	0.0		
3	Yusra Rahimi - MATTHIAS ANDREI CATARAMA *London Taekwondo Academy*	GBR	R1 A	3.4	2.5	3.0	3.2	2.8	0.0	0.0	7.933	7.966
			R1 P	5.2	4.7	4.8	5.3	4.8	0.0	0.0		
			R2 A	3.2	2.7	3.1	3.0	2.8	0.0	0.0	7.999	
			R2 P	5.1	5.0	4.9	5.2	5.0	0.0	0.0		
4	Raya Amrit - Vidhun Praveen Kumar *Loughton / PremierKi*	GBR	R1 A	3.3	2.5	3.2	3.0	2.5	0.0	0.0	7.866	7.966
			R1 P	5.1	4.9	4.9	5.2	4.6	0.0	0.0		
			R2 A	3.2	2.9	3.3	3.0	3.1	0.0	0.0	8.066	
			R2 P	5.0	5.0	4.8	5.1	4.9	0.0	0.0		
5	Tymon Omasta - Hava Doci *Loughton Taekwondo*	GBR	R1 A	3.0	2.4	3.0	3.0	2.6	0.0	0.0	7.599	7.565
			R1 P	4.9	4.6	4.6	4.9	4.7	0.0	0.0		
			R2 A	3.0	2.6	3.1	2.7	2.6	0.0	0.0	7.532	
			R2 P	5.0	4.8	4.7	4.7	4.8	0.0	0.0		
6	Elois Doci - Lachlan Toms *Loughton / Harrogate KTA*	GBR	R1 A	3.0	2.4	3.2	2.8	2.6	0.0	0.0	7.566	7.532
			R1 P	5.0	4.6	4.8	4.9	4.6	0.0	0.0		
			R2 A	3.1	2.5	2.9	2.8	2.5	0.0	0.0	7.499	
			R2 P	5.1	4.8	4.7	4.8	4.6	0.0	0.0		

Recognized Poomsae Team / K2 / U30 Years (1st Senior) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Huldah Immanuel - Ameenah Bowen-Ahmed - Aselia Aliusheva *Harrogate KTA / Aquila Taekwondo*	GBR	R1 A	3.3	2.7	3.2	3.1	3.0	0.0	0.0	8.033	
			R1 P	5.1	4.9	4.7	4.8	5.2	0.0	0.0		8.049
			R2 A	3.2	2.9	3.0	3.2	2.8	0.0	0.0	8.066	
			R2 P	5.2	5.0	4.7	5.0	5.1	0.0	0.0		
2	Zephyr Pushpita - Jessica Stephenson - Hannah Croucher *Aquila Taekwondo*	GBR	R1 A	3.1	3.1	3.0	2.7	2.6	0.0	0.0	7.766	
			R1 P	5.1	5.2	4.7	4.6	4.7	0.0	0.0		7.832
			R2 A	3.0	2.9	2.9	3.1	2.9	0.0	0.0	7.899	
			R2 P	5.2	5.1	4.7	4.7	5.1	0.0	0.0		

Recognized Poomsae Pair / K2 / U30 Years (1st Senior)

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Ameenah Bowen-Ahmed - Ibrahim Adnan *NTC & K R Ali*	GBR	R1 A	3.3	2.9	3.1	2.6	2.4	0.0	0.0	7.732	
			R1 P	5.2	5.1	4.8	4.4	4.7	0.0	0.0		7.682
			R2 A	3.1	2.5	3.0	2.6	2.5	0.0	0.0	7.633	
			R2 P	5.1	5.0	5.0	4.1	4.8	0.0	0.0		

Recognized Poomsae Individual / K3 / U7 Years (Micro Peewee) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	MATTHIAS ANDREI CATARAMA *London Taekwondo Academy*	GBR	R1 A	3.3	3.3	3.3	3.3	3.0	0.0	0.0	8.533	8.532
			R1 P	5.2	5.3	5.2	5.0	5.4	0.0	0.0		
			R2 A	3.3	3.4	3.3	3.2	3.0	0.0	0.0	8.532	
			R2 P	5.3	5.3	5.2	4.9	5.3	0.0	0.0		
2	Nok Hin Yau *Shin's Academy Altrincham*	GBR	R1 A	3.3	3.3	3.3	3.2	3.0	0.0	0.0	8.432	8.432
			R1 P	5.2	5.3	5.0	5.1	5.2	0.0	0.0		
			R2 A	3.3	3.2	3.2	3.3	3.1	0.0	0.0	8.433	
			R2 P	5.3	5.2	5.1	5.1	5.3	0.0	0.0		
3	Vidhun PraveenKumar *PremierKi*	GBR	R1 A	3.1	3.3	3.2	3.3	2.7	0.0	0.0	8.233	8.282
			R1 P	5.1	5.2	5.0	5.0	4.8	0.0	0.0		
			R2 A	3.2	3.3	3.3	3.3	3.0	0.0	0.0	8.332	
			R2 P	5.2	5.0	5.1	5.1	4.8	0.0	0.0		
4	Edward Tian *Loughton Taekwondo*	GBR	R1 A	3.1	3.2	3.1	3.2	2.7	0.0	0.0	8.133	8.116
			R1 P	5.1	5.2	4.9	4.7	5.0	0.0	0.0		
			R2 A	3.2	3.2	3.0	3.2	2.6	0.0	0.0	8.099	
			R2 P	5.2	5.1	4.9	4.8	4.9	0.0	0.0		
5	Aidan Patel *PremierKi*	GBR	R1 A	3.2	3.1	3.1	2.9	3.1	0.0	0.0	8.100	7.983
			R1 P	5.1	5.1	4.8	4.6	5.1	0.0	0.0		
			R2 A	3.0	3.0	3.2	3.0	2.6	0.0	0.0	7.866	
			R2 P	5.0	5.0	4.9	4.7	4.6	0.0	0.0		
6	Tymon Omasta *Loughton Taekwondo*	GBR	R1 A	3.0	2.9	2.9	3.1	2.6	0.0	0.0	7.799	7.666
			R1 P	5.0	5.0	4.8	4.8	4.6	0.0	0.0		
			R2 A	2.8	2.8	2.8	3.1	2.4	0.0	0.0	7.533	
			R2 P	4.8	4.8	4.7	4.7	4.6	0.0	0.0		
7	Lachlan Toms *Harrogate KTA*	GBR	R1 A	2.9	2.9	2.9	3.1	2.4	0.0	0.0	7.633	7.666
			R1 P	4.8	4.9	4.8	4.5	4.6	0.0	0.0		
			R2 A	3.0	3.0	2.8	3.1	2.5	0.0	0.0	7.699	
			R2 P	4.9	4.9	4.7	4.4	4.7	0.0	0.0		

Recognized Poomsae Individual / K3 / U7 Years (Micro Peewee) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Naia Sen *Aquila Taekwondo*	GBR	R1 A	3.2	3.3	3.2	3.5	3.2	0.0	0.0	8.399	8.482
			R1 P	5.2	5.3	5.0	5.3	5.0	0.0	0.0		
			R2 A	3.3	3.4	3.2	3.5	3.3	0.0	0.0	8.566	
			R2 P	5.3	5.3	5.1	5.4	5.1	0.0	0.0		
2	Raya Amrit *Loughton Taekwondo*	GBR	R1 A	3.2	3.3	3.2	3.4	3.2	0.0	0.0	8.366	8.399
			R1 P	5.2	5.3	5.1	5.0	5.1	0.0	0.0		
			R2 A	3.3	3.2	3.3	3.4	3.1	0.0	0.0	8.432	
			R2 P	5.2	5.2	5.2	5.1	5.1	0.0	0.0		
3	Stella Chaffey *Putney Taekwondo Club*	GBR	R1 A	3.3	3.2	3.2	3.5	3.2	0.0	0.0	8.366	8.316
			R1 P	5.2	5.2	5.0	5.2	5.0	0.0	0.0		
			R2 A	3.2	3.1	3.3	3.5	3.0	0.0	0.0	8.266	
			R2 P	5.1	5.1	5.0	5.1	5.0	0.0	0.0		
4	Alisha Joseph *Loughton Taekwondo*	GBR	R1 A	3.1	3.1	3.1	3.2	2.9	0.0	0.0	8.033	8.183
			R1 P	5.1	5.2	4.9	4.6	4.8	0.0	0.0		
			R2 A	3.1	3.2	3.2	3.2	3.2	0.0	0.0	8.333	
			R2 P	5.2	5.2	5.1	4.7	5.1	0.0	0.0		
5	Hava Doci *Loughton Taekwondo*	GBR	R1 A	3.0	3.0	3.2	3.4	3.1	0.0	0.0	8.133	8.182
			R1 P	5.0	5.1	5.2	4.9	5.0	0.0	0.0		
			R2 A	3.1	3.3	3.2	3.2	2.9	0.0	0.0	8.232	
			R2 P	5.1	5.3	5.2	4.8	4.9	0.0	0.0		
6	Elois Doci *Loughton Taekwondo*	GBR	R1 A	3.2	3.2	3.1	3.2	2.8	0.0	0.0	8.166	8.149
			R1 P	5.1	5.3	5.1	4.8	4.8	0.0	0.0		
			R2 A	3.2	3.0	3.2	3.2	2.9	0.0	0.0	8.133	
			R2 P	5.0	5.2	5.2	4.7	4.8	0.0	0.0		
7	Umra Rashidi *London Taekwondo Stars*	GBR	R1 A	3.0	2.9	2.8	3.1	3.0	0.0	0.0	7.866	7.933
			R1 P	5.0	4.9	4.9	4.2	4.9	0.0	0.0		
			R2 A	3.1	3.1	2.9	3.2	3.1	0.0	0.0	8.000	
			R2 P	5.0	4.8	5.0	4.3	4.9	0.0	0.0		
8	Yusra Rahimi *London Taekwondo Academy*	GBR	R1 A	2.8	3.0	3.2	3.1	2.9	0.0	0.0	7.833	7.799
			R1 P	5.0	4.7	4.9	4.4	4.9	0.0	0.0		
			R2 A	3.0	2.9	2.8	2.8	3.2	0.0	0.0	7.766	
			R2 P	5.1	4.8	4.9	4.3	4.9	0.0	0.0		

Recognized Poomsae Individual / K1 / U17 Years (Junior) Female

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Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Ashlyn Budhathoki *STKDD*	GBR	R1 A	3.2	3.2	3.1	3.2	2.9	0.0	0.0	8.399	8.499
			R1 P	5.3	5.3	5.2	5.0	5.2	0.0	0.0		
			R2 A	3.3	3.3	3.3	3.4	3.3	0.0	0.0	8.600	
			R2 P	5.4	5.4	5.2	5.2	5.3	0.0	0.0		
2	Ashwin Bura *STKDD*	GBR	R1 A	3.1	3.1	3.1	3.2	3.1	0.0	0.0	8.166	8.266
			R1 P	5.1	5.1	5.1	5.0	5.0	0.0	0.0		
			R2 A	3.2	3.1	3.1	3.3	3.3	0.0	0.0	8.366	
			R2 P	5.2	4.9	5.2	5.1	5.2	0.0	0.0		
3	Amber Isaacs *Dorset Taekwondo (GBR)*	GBR	R1 A	3.1	3.1	3.2	3.2	3.2	0.0	0.0	8.366	8.199
			R1 P	5.2	5.2	5.3	4.8	5.2	0.0	0.0		
			R2 A	3.0	3.0	2.9	3.3	3.0	0.0	0.0	8.033	
			R2 P	5.1	5.1	5.2	4.7	4.9	0.0	0.0		
4	Peamey Kei Tung Chow *British Taekwondo Jung Do Kwan*	GBR	R1 A	3.1	3.1	3.0	2.9	3.1	0.0	0.0	8.166	8.199
			R1 P	5.1	5.2	5.0	4.4	5.2	0.0	0.0		
			R2 A	3.2	3.2	3.3	3.2	2.7	0.0	0.0	8.233	
			R2 P	5.1	5.3	5.1	4.6	4.9	0.0	0.0		
5	Maisie Flanagan *Taekwondo Wales*	GBR	R1 A	3.0	2.9	3.1	3.0	2.8	0.0	0.0	7.899	8.016
			R1 P	5.2	4.9	5.1	4.4	4.8	0.0	0.0		
			R2 A	3.1	3.1	3.2	3.1	3.0	0.0	0.0	8.133	
			R2 P	5.1	5.1	5.1	4.9	4.9	0.0	0.0		
6	Aishah Sheikh *Aquila Taekwondo*	GBR	R1 A	2.9	2.7	2.7	3.3	3.2	0.0	0.0	7.866	7.833
			R1 P	4.9	5.0	4.9	4.8	5.2	0.0	0.0		
			R2 A	2.8	2.7	2.9	3.2	3.0	0.0	0.0	7.800	
			R2 P	4.8	5.0	4.9	4.7	5.0	0.0	0.0		
7	Lucy Rice *Kang Han*	GBR	R1 A	2.8	2.8	3.0	3.0	2.8	0.0	0.0	7.732	7.815
			R1 P	4.9	4.9	5.2	4.5	4.8	0.0	0.0		
			R2 A	3.0	2.9	3.1	3.0	2.9	0.0	0.0	7.899	
			R2 P	5.0	5.0	4.9	4.6	4.9	0.0	0.0		
8	Malak Benzaiet *Putney Taekwondo Club*	GBR	R1 A	3.0	2.7	2.6	2.8	2.4	0.0	0.0	7.233	7.316
			R1 P	4.9	4.7	4.5	4.4	4.4	0.0	0.0		
			R2 A	2.8	2.7	2.8	3.0	2.5	0.0	0.0	7.399	
			R2 P	4.9	4.7	4.6	4.6	4.5	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Winter Li *AMC Taekwondo*	GBR	R1 A	2.7	2.3	2.9	3.1	2.5	0.0	0.0	7.300	7.249
			R1 P	4.7	4.6	4.8	4.4	4.5	0.0	0.0		
			R2 A	2.7	2.5	2.7	2.7	2.5	0.0	0.0	7.199	
			R2 P	4.8	4.7	4.5	4.1	4.5	0.0	0.0		
10	Pui Ching Perlie Leung *British Taekwondo Jung Do Kwan*	GBR	R1 A	2.2	1.8	1.8	2.3	2.2	0.0	0.0	6.266	6.332
			R1 P	4.3	4.4	4.7	3.6	3.9	0.0	0.0		
			R2 A	2.5	1.9	1.8	2.5	2.3	0.0	0.0	6.399	
			R2 P	4.5	4.5	4.2	3.5	3.8	0.0	0.0		

Recognized Poomsae Family / Pair / Kup

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	YI-JIA HSU - MYRON SCHEIBER *London Taekwondo Academy*	GBR	R1 A	3.4	3.3	3.3	3.2	3.2	0.0	0.0	8.532	8.499
			R1 P	5.3	5.3	5.2	5.0	5.3	0.0	0.0		
			R2 A	3.4	3.2	3.2	3.3	3.1	0.0	0.0	8.466	
			R2 P	5.2	5.4	5.2	5.1	5.3	0.0	0.0		
2	Earl Mcfarlane - Neve Mcfarlane *NTC Family Pair*	GBR	R1 A	3.3	3.3	3.3	3.1	2.7	0.0	0.0	8.366	8.283
			R1 P	5.2	5.3	5.2	5.0	4.7	0.0	0.0		
			R2 A	3.2	3.1	3.1	3.1	2.6	0.0	0.0	8.200	
			R2 P	5.1	5.3	5.2	5.0	4.8	0.0	0.0		
3	Mihaela Rosu - Asra Rahimi *London Taekwondo Academy*	GBR	R1 A	3.2	3.2	3.2	3.2	2.7	0.0	0.0	8.266	8.082
			R1 P	5.2	5.3	5.2	4.8	4.8	0.0	0.0		
			R2 A	3.1	2.9	3.0	3.0	2.4	0.0	0.0	7.899	
			R2 P	5.1	5.1	5.1	4.6	4.6	0.0	0.0		
4	Aadi Potbhare - Anagha Mujumdar -Potbhare *Aquila Taekwondo*	GBR	R1 A	3.4	3.3	3.2	3.4	3.0	0.0	0.0	8.366	8.032
			R1 P	5.2	5.3	5.0	5.0	4.9	0.0	0.0		
			R2 A	2.9	2.9	3.2	3.0	2.3	0.0	0.0	7.699	
			R2 P	5.1	5.0	4.8	4.3	4.5	0.0	0.0		
5	Zeynab Rizvi - Farrah Rizvi *PremierKi*	GBR	R1 A	3.3	3.1	3.1	3.2	2.6	0.0	0.0	7.999	7.916
			R1 P	5.1	4.9	4.9	4.8	4.6	0.0	0.0		
			R2 A	3.0	3.0	3.0	3.1	2.6	0.0	0.0	7.833	
			R2 P	5.0	4.9	4.9	4.7	4.7	0.0	0.0		

Recognized Poomsae Individual / K3 / U45 Years (2nd Senior) Male

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Ahmed Ahmed *LTA*	GBR	R1 A	3.4	3.2	3.4	3.5	3.5	0.0	0.0	8.799	8.766
			R1 P	5.4	5.0	5.3	5.4	5.5	0.0	0.0		
			R2 A	3.4	3.2	3.4	3.4	3.4	0.0	0.0	8.733	
			R2 P	5.3	5.0	5.3	5.4	5.5	0.0	0.0		
2	Tai Wai Tsui *Loughton Taekwondo*	GBR	R1 A	3.4	3.3	3.3	3.5	3.4	0.0	0.0	8.699	8.532
			R1 P	5.3	5.4	5.2	5.3	5.5	0.0	0.0		
			R2 A	3.4	3.1	3.2	3.3	3.1	0.0	0.0	8.366	
			R2 P	5.2	5.2	5.0	5.1	5.4	0.0	0.0		
3	Francesco Macheda *Bozdag Taekwondo*	GBR	R1 A	3.4	3.3	3.0	3.2	3.3	0.0	0.0	8.366	8.366
			R1 P	5.3	5.0	5.0	5.0	5.4	0.0	0.0		
			R2 A	3.3	3.1	3.2	3.1	3.4	0.0	0.0	8.366	
			R2 P	5.2	5.2	5.1	5.0	5.5	0.0	0.0		
4	Peter Grimshaw *London Taekwondo Academy*	GBR	R1 A	3.2	3.0	3.1	3.4	3.0	0.0	0.0	8.066	8.099
			R1 P	5.0	5.0	4.9	5.0	4.9	0.0	0.0		
			R2 A	3.1	3.1	3.2	3.3	3.0	0.0	0.0	8.133	
			R2 P	5.1	5.1	5.0	4.9	4.9	0.0	0.0		
5	Nick Porter *Aquila Taekwondo*	GBR	R1 A	2.6	2.4	2.4	2.4	2.6	0.0	0.0	6.999	6.882
			R1 P	4.7	4.6	4.3	3.7	4.8	0.0	0.0		
			R2 A	2.9	2.2	2.2	2.0	2.5	0.0	0.0	6.766	
			R2 P	4.8	4.5	4.3	3.5	4.6	0.0	0.0		

Recognized Poomsae Individual / K2 / U9 Years (Mini Peewee) Male

British National Poomsae Championships 2026

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Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	RUSSILS Vacalares *Pulse Taekwondo*	GBR	R1 A	3.5	3.4	3.4	3.5	3.3	0.0	0.0	8.799	8.732
			R1 P	5.4	5.4	5.4	5.3	5.3	0.0	0.0		
			R2 A	3.4	3.3	3.3	3.4	3.1	0.0	0.0	8.666	
			R2 P	5.4	5.3	5.3	5.2	5.4	0.0	0.0		
2	Miles Nyland-Frimpong *Loughton Taekwondo*	GBR	R1 A	3.3	3.3	3.3	3.6	3.4	0.0	0.0	8.699	8.549
			R1 P	5.3	5.1	5.3	5.6	5.5	0.0	0.0		
			R2 A	3.1	3.2	3.0	3.4	2.9	0.0	0.0	8.400	
			R2 P	5.3	5.2	5.2	5.4	5.4	0.0	0.0		
3	GERVAIS CHOU *Pulse Taekwondo*	GBR	R1 A	3.2	3.3	3.3	3.2	3.2	0.0	0.0	8.466	8.299
			R1 P	5.2	5.2	5.3	4.7	5.4	0.0	0.0		
			R2 A	3.1	3.0	3.0	3.1	2.7	0.0	0.0	8.133	
			R2 P	5.1	5.1	5.2	4.6	5.1	0.0	0.0		
4	Zoravar Degun *PremierKi*	GBR	R1 A	3.1	3.2	3.2	3.3	3.2	0.0	0.0	8.300	8.233
			R1 P	5.0	5.3	5.2	4.9	5.1	0.0	0.0		
			R2 A	3.2	3.0	3.2	3.3	2.8	0.0	0.0	8.166	
			R2 P	5.0	5.1	5.2	5.0	5.0	0.0	0.0		
5	SULAIMAN MOHAMMED SHOAIB NAWAZ *Pulse Taekwondo*	GBR	R1 A	3.3	3.0	3.2	3.2	3.3	0.0	0.0	8.366	8.232
			R1 P	5.2	5.0	5.2	4.8	5.4	0.0	0.0		
			R2 A	3.3	2.8	3.0	3.3	2.8	0.0	0.0	8.099	
			R2 P	5.3	4.9	5.1	5.0	5.1	0.0	0.0		
6	AHAAN NAYAK *London Taekwondo Academy*	GBR	R1 A	3.2	3.2	3.2	3.0	2.8	0.0	0.0	8.099	8.115
			R1 P	5.0	5.1	5.1	4.1	4.8	0.0	0.0		
			R2 A	3.2	3.2	3.0	3.0	2.7	0.0	0.0	8.132	
			R2 P	5.2	5.1	5.2	4.0	4.9	0.0	0.0		
7	Oscar Villanueva *Win Taekwondo Academy*	GBR	R1 A	3.3	3.2	3.1	3.2	2.6	0.0	0.0	8.099	7.982
			R1 P	5.1	5.0	4.9	4.7	4.9	0.0	0.0		
			R2 A	3.1	3.1	3.0	2.9	2.7	0.0	0.0	7.866	
			R2 P	5.2	4.8	4.9	4.5	4.9	0.0	0.0		
8	Arunan Senthan *Modokwon UK*	GBR	R1 A	3.2	3.1	3.0	3.2	2.7	0.0	0.0	8.000	7.966
			R1 P	5.1	4.9	4.9	4.7	4.9	0.0	0.0		
			R2 A	3.0	3.1	2.9	3.1	2.8	0.0	0.0	7.933	
			R2 P	5.0	4.8	5.0	4.6	5.0	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Sahas Gurung *STKDD*	GBR	R1 A	3.2	2.9	2.8	3.1	2.7	0.0	0.0	7.799	7.949
			R1 P	5.1	4.9	5.0	4.7	4.7	0.0	0.0		
			R2 A	3.1	3.2	3.2	3.2	3.1	0.0	0.0	8.099	
			R2 P	5.0	4.9	5.3	4.8	4.9	0.0	0.0		
10	Sai Ashwin Vinoth *PremierKi*	GBR	R1 A	3.1	2.9	3.2	3.1	3.0	0.0	0.0	8.066	7.832
			R1 P	5.2	4.9	5.2	4.1	4.9	0.0	0.0		
			R2 A	3.2	2.8	2.9	2.5	2.6	0.0	0.0	7.599	
			R2 P	5.1	4.7	5.1	3.8	4.7	0.0	0.0		
11	CONNOR BRITAIN *Pulse Taekwondo*	GBR	R1 A	3.1	2.9	2.8	3.2	2.8	0.0	0.0	7.833	7.816
			R1 P	5.1	4.8	4.9	4.6	5.0	0.0	0.0		
			R2 A	3.0	2.6	3.1	3.2	2.7	0.0	0.0	7.799	
			R2 P	5.0	4.6	5.2	4.8	4.8	0.0	0.0		
12	Ka Yin Nathan Ng *Shin's Academy Altrincham*	GBR	R1 A	3.3	2.7	2.8	3.1	2.5	0.0	0.0	7.699	7.532
			R1 P	5.2	4.8	4.9	4.6	4.8	0.0	0.0		
			R2 A	2.6	2.6	2.8	2.5	2.2	0.0	0.0	7.366	
			R2 P	4.9	4.8	4.9	4.6	4.7	0.0	0.0		
13	Alex Davies *Carlton Arena Taekwondo*	GBR	R1 A	2.6	2.7	2.7	2.7	2.2	0.0	0.0	7.299	7.149
			R1 P	4.8	4.8	4.9	3.7	4.3	0.0	0.0		
			R2 A	2.7	2.2	2.5	2.8	2.3	0.0	0.0	7.000	
			R2 P	4.8	4.5	4.8	3.8	4.2	0.0	0.0		

Recognized Poomsae Individual / K2 / U9 Years (Mini Peewee) Male

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	RUSSILS Vacalares *Pulse Taekwondo*	GBR	R1 A	3.1	3.3	3.6	3.5	3.2	0.0	0.0	8.766	8.732
			R1 P	5.4	5.3	5.5	5.6	5.4	0.0	0.0		
			R2 A	3.3	3.3	3.2	3.4	3.2	0.0	0.0	8.699	
			R2 P	5.4	5.4	5.4	5.5	5.5	0.0	0.0		
2	Miles Nyland-Frimpong *Loughton Taekwondo*	GBR	R1 A	3.2	3.4	3.1	3.5	3.4	0.0	0.0	8.766	8.549
			R1 P	5.5	5.3	4.9	5.5	5.5	0.0	0.0		
			R2 A	3.1	3.0	3.2	3.2	3.0	0.0	0.0	8.333	
			R2 P	5.2	5.2	5.2	5.3	5.4	0.0	0.0		
3	Zoravar Degun *PremierKi*	GBR	R1 A	3.2	3.0	3.4	3.3	3.2	0.0	0.0	8.499	8.482
			R1 P	5.3	5.1	5.4	5.0	5.5	0.0	0.0		
			R2 A	3.2	3.2	3.3	3.2	2.9	0.0	0.0	8.466	
			R2 P	5.4	5.1	5.3	5.1	5.4	0.0	0.0		
4	GERVAIS CHOU *Pulse Taekwondo*	GBR	R1 A	3.2	3.3	3.3	3.4	3.1	0.0	0.0	8.499	8.449
			R1 P	5.3	5.2	5.2	5.2	5.4	0.0	0.0		
			R2 A	3.1	3.2	3.2	3.3	3.1	0.0	0.0	8.399	
			R2 P	5.4	5.2	5.2	5.2	5.3	0.0	0.0		
5	SULAIMAN MOHAMMED SHOAIB NAWAZ *Pulse Taekwondo*	GBR	R1 A	3.2	3.3	3.1	3.2	3.2	0.0	0.0	8.433	8.316
			R1 P	5.2	5.2	5.4	4.6	5.3	0.0	0.0		
			R2 A	3.1	3.0	3.2	3.1	2.6	0.0	0.0	8.199	
			R2 P	5.2	5.1	5.2	4.6	5.1	0.0	0.0		
6	AHAAN NAYAK *London Taekwondo Academy*	GBR	R1 A	3.1	3.2	3.1	3.3	2.9	0.0	0.0	8.166	8.132
			R1 P	5.2	5.1	5.1	4.9	4.9	0.0	0.0		
			R2 A	3.1	3.1	2.9	3.2	2.6	0.0	0.0	8.099	
			R2 P	5.1	5.2	5.2	4.9	4.8	0.0	0.0		
7	Oscar Villanueva *Win Taekwondo Academy*	GBR	R1 A	3.0	3.1	3.1	3.3	2.9	0.0	0.0	8.066	7.999
			R1 P	5.2	5.0	5.0	4.7	5.0	0.0	0.0		
			R2 A	3.0	3.0	2.9	3.1	2.9	0.0	0.0	7.932	
			R2 P	5.1	5.0	4.9	4.6	5.0	0.0	0.0		
8	Arunan Senthan *Modokwon UK*	GBR	R1 A	3.0	3.1	2.6	3.1	2.8	0.0	0.0	7.832	7.765
			R1 P	5.0	5.0	4.8	4.4	4.8	0.0	0.0		
			R2 A	2.9	2.8	2.7	3.2	2.8	0.0	0.0	7.699	
			R2 P	4.9	5.0	4.8	4.5	4.9	0.0	0.0		

Recognized Poomsae Team / K1 / U17 Years (Junior) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Amber Isaacs - Malak Benzaiet - Lucy Rice *Putney, PremierKI & Kang Han*	GBR	R1 A	3.0	3.3	2.8	2.9	2.7	0.0	0.0	7.833	
			R1 P	5.0	5.4	4.9	4.6	4.9	0.0	0.0		7.933
			R2 A	3.1	2.9	2.9	3.1	3.0	0.0	0.0	8.033	
			R2 P	5.1	5.1	5.0	4.9	5.0	0.0	0.0		

Recognized Poomsae Team / K1 / U17 Years (Junior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Ho Laam Au - Chun Kiu - Yee Lok Wan *British Taekwondo Jung Do Kwan*	GBR	R1 A	2.9	2.9	2.6	2.6	2.7	0.0	0.0	7.533	
			R1 P	4.9	4.9	4.8	4.3	4.7	0.0	0.0		7.599
			R2 A	2.9	3.0	2.7	2.9	2.6	0.0	0.0	7.666	
			R2 P	5.0	5.0	4.8	4.4	4.7	0.0	0.0		

Recognized Poomsae Para / B-Class / P21 (II1) / U11 Years (Peewee) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Charles Anderson *Harrogate KTA*	GBR	R1 A	3.2	3.2	3.4	3.4	2.5	0.0	0.0	8.299	8.049
			R1 P	5.0	5.1	5.2	5.0	4.0	0.0	0.0		
			R2 A	3.5	3.1	3.0	3.1	2.5	0.0	0.0	7.799	
			R2 P	4.9	4.9	4.6	4.7	3.8	0.0	0.0		

Recognized Poomsae Para / B-Class / P60 / U14 Years (Cadet) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Fatimeh Shahnazi *Harrogate KTA*	GBR	R1 A	3.5	3.0	3.0	2.8	2.4	0.0	0.0	7.666	7.783
			R1 P	5.0	4.8	4.9	4.5	4.0	0.0	0.0		
			R2 A	3.3	3.0	3.0	3.3	2.7	0.0	0.0	7.900	
			R2 P	5.2	4.8	4.8	4.8	4.3	0.0	0.0		

Recognized Poomsae Para / B-Class / P21 (II1) / U14 Years (Cadet) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Peyton-Grace HIGGINS *Kang Han Taekwondo Mansfield*	GBR	R1 A	3.5	3.6	3.6	3.5	3.0	0.0	0.0	8.699	8.566
			R1 P	5.4	4.9	5.4	5.2	4.7	0.0	0.0		
			R2 A	3.5	3.2	3.6	3.3	2.9	0.0	0.0	8.433	
			R2 P	5.5	4.8	5.4	5.1	4.2	0.0	0.0		

Recognized Poomsae Para / B-Class / P21 (II1) / U17 Years (Junior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Sean Hayes *Aquila Taekwondo*	GBR	R1 A	3.7	3.2	3.2	3.3	2.9	0.0	0.0	8.066	7.799
			R1 P	5.6	4.8	4.8	4.9	4.4	0.0	0.0		
			R2 A	3.5	2.8	3.0	2.9	2.6	0.0	0.0	7.533	
			R2 P	5.2	4.5	4.8	4.6	4.0	0.0	0.0		
2	Aston Boggild *ETS Taekwondo Stoke*	GBR	R1 A	3.3	2.7	3.2	3.1	2.4	0.0	0.0	7.600	7.583
			R1 P	5.0	4.4	4.8	4.6	3.7	0.0	0.0		
			R2 A	3.1	2.4	3.3	3.2	2.6	0.0	0.0	7.566	
			R2 P	4.9	4.2	4.9	4.7	3.8	0.0	0.0		

Recognized Poomsae Para / B-Class / P23 (II3) / U11 Years (Peewee) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Harrison Barrow *Loughton Taekwondo*	GBR	R1 A	3.7	3.3	3.4	3.4	3.5	0.0	0.0	8.599	8.599
			R1 P	5.2	5.1	5.0	5.3	5.2	0.0	0.0		
			R2 A	3.6	3.1	3.5	3.5	3.3	0.0	0.0	8.599	
			R2 P	5.5	4.7	5.4	5.3	4.8	0.0	0.0		
2	Mason Gbedemah *Aquila Taekwondo*	GBR	R1 A	3.4	3.4	3.4	3.3	3.5	0.0	0.0	8.433	8.483
			R1 P	5.2	4.9	5.1	5.1	4.8	0.0	0.0		
			R2 A	3.5	3.2	3.5	3.3	3.1	0.0	0.0	8.533	
			R2 P	5.3	5.1	5.3	5.2	4.7	0.0	0.0		

Recognized Poomsae Para / B-Class / P23 (II3) / U14 Years (Cadet) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	William Burton *Kang Han*	GBR	R1 A	3.7	3.8	3.7	3.5	3.7	0.0	0.0	9.266	9.366
			R1 P	5.6	5.5	5.6	5.4	5.6	0.0	0.0		
			R2 A	3.8	3.8	3.8	3.7	3.8	0.0	0.0	9.466	
			R2 P	5.6	5.7	5.8	5.6	5.7	0.0	0.0		

Recognized Poomsae Pair / K2 / U14 Years (Cadet)

British National Poomsae Championships 2026

As of 01 NOV 2026

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Isla Jensen - Markus Neska *Dorset Taekwondo (GBR)*	GBR	R1 A	3.1	2.7	3.0	3.0	2.9	0.0	0.0	7.566	7.616
			R1 P	4.5	4.6	4.7	4.9	4.2	0.0	0.0		
			R2 A	3.2	2.7	3.2	3.0	3.0	0.0	0.0	7.666	
			R2 P	4.5	4.6	4.7	4.8	4.3	0.0	0.0		
2	Omul Wafai - Hashir Khurrami *London Taekwondo Stars*	GBR	R1 A	3.3	2.6	3.2	2.7	2.9	0.0	0.0	7.499	7.549
			R1 P	4.6	4.5	4.7	4.6	4.4	0.0	0.0		
			R2 A	3.1	2.7	3.0	3.0	3.0	0.0	0.0	7.600	
			R2 P	4.6	4.6	4.6	4.8	4.5	0.0	0.0		
3	Ammaar Sheikh - Amal Waqas *Aquila Taekwondo*	GBR	R1 A	3.2	2.5	3.1	2.9	3.0	0.0	0.0	7.500	7.433
			R1 P	4.5	4.5	4.5	4.8	4.3	0.0	0.0		
			R2 A	3.0	2.6	2.8	2.9	2.9	0.0	0.0	7.366	
			R2 P	4.2	4.7	4.4	5.0	4.4	0.0	0.0		
4	Biyash Gurung - Holly Adamson *Total Taekwondo*	GBR	R1 A	2.8	2.6	3.0	3.0	2.8	0.0	0.0	7.399	7.315
			R1 P	4.5	4.5	4.6	4.6	4.0	0.0	0.0		
			R2 A	2.8	2.5	2.8	2.7	2.9	0.0	0.0	7.232	
			R2 P	4.4	4.6	4.5	4.5	4.1	0.0	0.0		
5	Jimmy Lai - Asmita Patil *Shin's Academy Altrincham*	GBR	R1 A	3.3	2.7	3.0	2.6	2.8	0.0	0.0	7.433	7.266
			R1 P	4.7	4.8	4.5	4.6	4.3	0.0	0.0		
			R2 A	2.5	2.6	2.6	2.9	2.9	0.0	0.0	7.100	
			R2 P	4.3	4.6	4.2	4.6	4.3	0.0	0.0		
6	Ben Arnold - Signey` Cameron Johansson *Best Leg Taekwondo Academy*	GBR	R1 A	2.9	2.5	2.8	2.8	2.8	0.0	0.0	7.200	7.200
			R1 P	4.4	4.4	4.4	4.6	4.0	0.0	0.0		
			R2 A	2.9	2.6	2.7	2.8	3.1	0.0	0.0	7.200	
			R2 P	4.4	4.5	4.3	4.6	4.2	0.0	0.0		
7	Harry Turner - Margareth Moreno *Pulse Taekwondo and Win Taekwondo Academy*	GBR	R1 A	2.9	2.3	2.8	3.0	2.6	0.0	0.0	7.099	7.132
			R1 P	4.6	4.0	4.4	4.9	4.0	0.0	0.0		
			R2 A	2.9	2.5	2.7	2.9	2.7	0.0	0.0	7.166	
			R2 P	4.7	4.4	4.3	4.5	4.0	0.0	0.0		
8	Joseph Elkington - Holly Sims *Kang Han*	GBR	R1 A	3.1	2.6	2.5	2.7	2.7	0.0	0.0	6.999	7.066
			R1 P	4.3	4.7	4.3	4.4	4.1	0.0	0.0		
			R2 A	2.9	2.7	2.6	2.8	2.7	0.0	0.0	7.133	
			R2 P	4.3	4.7	4.3	4.6	4.1	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Charlie POWER - Ocean SNELSON *Pulse Taekwondo*	GBR	R1 A	2.9	2.3	2.8	2.8	2.9	0.0	0.0	7.133	
			R1 P	4.5	4.2	4.2	4.5	4.1	0.0	0.0		7.016
			R2 A	2.5	2.5	2.6	2.7	2.9	0.0	0.0	6.900	
			R2 P	4.2	4.5	4.2	4.5	4.1	0.0	0.0		
10	Hajar Dildar - NATHANIEL BULKIN *London Taekwondo Academy*	GBR	R1 A	2.8	2.4	2.8	2.7	2.7	0.0	0.0	7.066	
			R1 P	4.4	4.3	4.3	4.4	4.1	0.0	0.0		7.016
			R2 A	2.9	2.6	2.6	2.5	2.9	0.0	0.0	6.966	
			R2 P	4.2	4.5	4.1	4.4	4.2	0.0	0.0		
11	Zeynab Rizvi - Jeremy Scudder *PremierKi*	GBR	R1 A	2.8	2.5	2.9	2.6	2.9	0.0	0.0	7.066	
			R1 P	4.1	4.4	4.4	4.5	4.1	0.0	0.0		6.949
			R2 A	2.7	2.4	2.6	2.5	2.6	0.0	0.0	6.832	
			R2 P	4.1	4.4	4.3	4.5	4.1	0.0	0.0		

Recognized Poomsae Pair / K2 / U14 Years (Cadet)

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Omul Wafai - Hashir Khurrami *London Taekwondo Stars*	GBR	R1 A	3.0	2.7	2.8	3.0	3.0	0.0	0.0	7.499	7.616
			R1 P	4.4	4.7	4.5	4.9	4.5	0.0	0.0		
			R2 A	3.2	2.8	3.2	3.0	2.9	0.0	0.0	7.733	
			R2 P	4.7	4.7	4.7	4.8	4.5	0.0	0.0		
2	Biyash Gurung - Holly Adamson *Total Taekwondo*	GBR	R1 A	3.3	2.5	3.0	2.8	2.8	0.0	0.0	7.466	7.432
			R1 P	4.8	4.5	4.6	4.7	4.5	0.0	0.0		
			R2 A	3.2	2.7	2.8	2.8	2.9	0.0	0.0	7.399	
			R2 P	4.5	4.6	4.6	4.6	4.5	0.0	0.0		
3	Harry Turner - Margareth Moreno *Pulse Taekwondo and Win Taekwondo Academy*	GBR	R1 A	3.2	2.7	3.0	2.9	2.8	0.0	0.0	7.533	7.383
			R1 P	4.7	4.6	4.6	4.9	4.4	0.0	0.0		
			R2 A	2.9	2.5	2.6	2.7	3.1	0.0	0.0	7.233	
			R2 P	4.5	4.5	4.5	4.6	4.5	0.0	0.0		
4	Isla Jensen - Markus Neska *Dorset Taekwondo (GBR)*	GBR	R1 A	2.8	2.7	3.1	3.1	2.5	0.0	0.0	7.432	7.382
			R1 P	4.3	4.7	4.6	5.1	4.4	0.0	0.0		
			R2 A	3.0	2.6	2.8	2.7	2.8	0.0	0.0	7.332	
			R2 P	4.5	4.7	4.5	4.7	4.4	0.0	0.0		
5	Ammaar Sheikh - Amal Waqas *Aquila Taekwondo*	GBR	R1 A	2.6	2.5	2.8	2.5	3.1	0.0	0.0	7.099	7.316
			R1 P	4.4	4.5	4.5	4.8	4.3	0.0	0.0		
			R2 A	3.3	2.6	3.0	2.8	2.9	0.0	0.0	7.533	
			R2 P	4.8	4.6	4.5	4.9	4.4	0.0	0.0		
6	Jimmy Lai - Asmita Patil *Shin's Academy Altrincham*	GBR	R1 A	3.3	2.5	3.0	2.7	2.6	0.0	0.0	7.366	7.282
			R1 P	4.8	4.6	4.6	4.6	4.4	0.0	0.0		
			R2 A	3.1	2.6	2.7	2.7	2.6	0.0	0.0	7.199	
			R2 P	4.6	4.6	4.5	4.5	4.4	0.0	0.0		
7	Ben Arnold - Signey` Cameron Johansson *Best Leg Taekwondo Academy*	GBR	R1 A	3.0	2.6	3.0	2.7	2.8	0.0	0.0	7.266	7.216
			R1 P	4.3	4.5	4.5	4.6	4.2	0.0	0.0		
			R2 A	2.8	2.6	2.8	2.6	2.8	0.0	0.0	7.166	
			R2 P	4.2	4.6	4.5	4.5	4.3	0.0	0.0		
8	Joseph Elkington - Holly Sims *Kang Han*	GBR	R1 A	2.9	2.8	3.0	2.5	2.4	0.0	0.0	7.166	7.149
			R1 P	4.3	4.6	4.5	4.5	4.2	0.0	0.0		
			R2 A	2.9	2.6	2.9	2.6	2.7	0.0	0.0	7.133	
			R2 P	4.3	4.5	4.4	4.6	4.2	0.0	0.0		

Recognized Poomsae Pair / K2 / U17 Years (Junior)

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Sahar Khurrami - Adiel Herawi *London Taekwondo Stars*	GBR	R1 A	3.2	2.7	3.0	2.5	3.0	0.0	0.0	7.466	7.466
			R1 P	4.5	4.6	4.3	4.6	4.8	0.0	0.0		
			R2 A	3.0	2.7	3.0	2.6	2.7	0.0	0.0	7.466	
			R2 P	4.7	4.8	4.3	4.7	4.6	0.0	0.0		

Recognized Poomsae Individual / K1 / 46+ Years (3rd Senior) Male

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Casswel Ellis *NTC - National Taekwondo Club*	GBR	R1 A	2.5	2.6	2.5	2.5	3.0	0.0	0.0	7.033	7.066
			R1 P	4.3	4.6	4.2	4.6	4.6	0.0	0.0		
			R2 A	2.9	2.5	2.6	2.5	2.8	0.0	0.0	7.099	
			R2 P	4.3	4.5	4.2	4.6	4.7	0.0	0.0		

Recognized Poomsae Individual / K2 / U17 Years (Junior) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Sahar Khurrami *London Taekwondo Stars*	GBR	R1 A	3.4	2.7	3.1	2.6	2.9	0.0	0.0	7.466	7.549
			R1 P	4.7	4.8	4.4	4.6	4.4	0.0	0.0		
			R2 A	3.3	2.8	3.0	3.1	3.0	0.0	0.0	7.633	
			R2 P	4.7	4.8	4.5	4.6	4.3	0.0	0.0		
2	Esme Clayton *Quest Taekwondo*	GBR	R1 A	2.9	2.6	3.1	3.1	2.6	0.0	0.0	7.399	7.299
			R1 P	4.5	4.7	4.4	4.7	3.9	0.0	0.0		
			R2 A	2.9	2.6	2.9	2.8	2.7	0.0	0.0	7.200	
			R2 P	4.4	4.6	4.3	4.5	4.2	0.0	0.0		
3	Asmaa Shahin *Quest Taekwondo*	GBR	R1 A	3.0	2.5	2.6	2.6	2.7	0.0	0.0	6.899	6.849
			R1 P	4.1	4.5	4.2	4.6	4.1	0.0	0.0		
			R2 A	2.6	2.4	2.7	2.4	2.8	0.0	0.0	6.799	
			R2 P	4.1	4.5	4.1	4.4	4.2	0.0	0.0		

Recognized Poomsae Individual / K2 / U14 Years (Cadet) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Hashir Khurrami *London Taekwondo Stars*	GBR	R1 A	3.3	2.8	3.1	3.2	3.3	0.0	0.0	8.066	7.982
			R1 P	5.0	4.7	5.0	4.5	4.9	0.0	0.0		
			R2 A	3.4	2.8	3.1	3.2	2.7	0.0	0.0	7.899	
			R2 P	4.8	4.9	5.0	4.9	4.8	0.0	0.0		
2	Shawn Chan *Aquila Taekwondo*	GBR	R1 A	3.2	2.7	3.1	3.1	3.2	0.0	0.0	7.833	7.816
			R1 P	4.6	4.7	4.8	4.5	4.9	0.0	0.0		
			R2 A	3.3	2.7	3.0	3.0	3.1	0.0	0.0	7.799	
			R2 P	4.8	4.8	4.7	4.5	4.8	0.0	0.0		
3	HARRY TURNER *Pulse Taekwondo*	GBR	R1 A	3.4	2.7	3.0	3.2	2.9	0.0	0.0	7.833	7.799
			R1 P	5.0	4.8	4.6	4.6	5.0	0.0	0.0		
			R2 A	2.9	2.7	3.0	3.1	3.2	0.0	0.0	7.766	
			R2 P	4.7	4.9	4.7	4.6	4.9	0.0	0.0		
4	BIYASH GURUNG *Pulse Taekwondo*	GBR	R1 A	3.2	2.7	3.2	2.9	3.2	0.0	0.0	7.833	7.749
			R1 P	4.7	4.6	4.9	4.4	5.0	0.0	0.0		
			R2 A	3.0	2.6	3.0	3.1	2.9	0.0	0.0	7.666	
			R2 P	4.7	4.7	4.8	4.6	4.7	0.0	0.0		
5	Dinuyan Jeyanthan *Modokwon UK*	GBR	R1 A	3.2	2.7	3.1	3.1	3.1	0.0	0.0	7.800	7.683
			R1 P	4.7	4.6	4.7	4.9	4.7	0.0	0.0		
			R2 A	3.0	2.6	3.0	2.8	3.2	0.0	0.0	7.566	
			R2 P	4.5	4.7	4.7	4.5	5.0	0.0	0.0		
6	Markus Neska *Dorset Taekwondo (GBR)*	GBR	R1 A	3.0	2.9	3.0	3.2	3.3	0.0	0.0	7.799	7.682
			R1 P	4.4	4.9	4.6	5.0	4.7	0.0	0.0		
			R2 A	3.3	2.7	3.0	3.1	2.8	0.0	0.0	7.566	
			R2 P	4.4	4.9	4.5	4.7	4.6	0.0	0.0		
7	Max Tsz Hin Wong *Shin's Academy of Taekwondo*	GBR	R1 A	3.3	2.6	3.1	2.8	3.0	0.0	0.0	7.666	7.649
			R1 P	5.0	4.6	4.9	4.3	4.6	0.0	0.0		
			R2 A	3.3	2.8	3.0	3.1	2.9	0.0	0.0	7.633	
			R2 P	4.9	4.7	4.7	4.4	4.5	0.0	0.0		
8	Jimmy Lai *Shin's Academy Altrincham*	GBR	R1 A	3.2	2.7	3.0	3.1	2.7	0.0	0.0	7.599	7.632
			R1 P	4.7	4.9	4.6	4.6	4.7	0.0	0.0		
			R2 A	3.1	2.7	3.1	2.6	3.0	0.0	0.0	7.666	
			R2 P	4.7	4.8	4.7	4.5	4.8	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Gregor Jackman *Aquila Taekwondo*	GBR	R1 A	2.9	2.5	3.0	3.2	3.0	0.0	0.0	7.432	7.432
			R1 P	4.4	4.5	4.5	4.6	4.4	0.0	0.0		
			R2 A	2.8	2.6	2.9	2.9	3.0	0.0	0.0	7.432	
			R2 P	4.4	4.7	4.5	4.5	4.7	0.0	0.0		
10	Will Davies *Carlton Arena Taekwondo*	GBR	R1 A	3.0	2.4	3.1	2.5	3.0	0.0	0.0	7.333	7.416
			R1 P	4.3	4.5	4.7	4.5	4.5	0.0	0.0		
			R2 A	3.0	2.6	3.0	3.1	2.8	0.0	0.0	7.499	
			R2 P	4.4	4.7	4.6	4.9	4.4	0.0	0.0		
11	NATHANIEL BULKIN *London Taekwondo Academy*	GBR	R1 A	3.0	2.6	3.1	3.2	2.7	0.0	0.0	7.466	7.382
			R1 P	4.4	4.6	4.6	4.9	4.4	0.0	0.0		
			R2 A	2.9	2.6	2.8	2.9	2.8	0.0	0.0	7.299	
			R2 P	4.4	4.6	4.4	4.8	4.4	0.0	0.0		
12	Bobby Boothroyd *POD Taekwondo*	GBR	R1 A	3.0	2.7	3.1	2.8	3.0	0.0	0.0	7.399	7.249
			R1 P	4.3	4.7	4.4	4.7	4.3	0.0	0.0		
			R2 A	2.9	2.7	3.0	2.5	2.7	0.0	0.0	7.099	
			R2 P	4.3	4.6	4.4	4.1	4.3	0.0	0.0		
13	Linojan Jeyanthan *Modokwon UK*	GBR	R1 A	2.8	2.4	2.9	3.0	3.2	0.0	0.0	7.333	7.216
			R1 P	4.4	4.4	4.5	4.2	4.7	0.0	0.0		
			R2 A	2.7	2.6	2.8	2.9	2.9	0.0	0.0	7.100	
			R2 P	4.2	4.5	4.3	4.3	4.3	0.0	0.0		
14	Ben Arnold *Best Leg Taekwondo Academy*	GBR	R1 A	2.8	2.5	3.1	2.7	3.1	0.0	0.0	7.232	7.165
			R1 P	4.2	4.5	4.4	4.4	4.3	0.0	0.0		
			R2 A	2.7	2.6	2.9	2.6	3.0	0.0	0.0	7.099	
			R2 P	4.2	4.7	4.4	4.4	4.3	0.0	0.0		
15	Joseph Elkington *Kang Han*	GBR	R1 A	3.0	2.6	2.9	2.6	2.9	0.0	0.0	7.266	7.149
			R1 P	4.1	4.5	4.5	4.4	4.6	0.0	0.0		
			R2 A	2.7	2.5	2.6	2.8	2.8	0.0	0.0	7.033	
			R2 P	4.2	4.6	4.1	4.5	4.3	0.0	0.0		
16	Jeremy Scudder *PremierKi*	GBR	R1 A	3.2	2.6	2.8	2.8	3.0	0.0	0.0	7.299	6.999
			R1 P	4.5	4.6	4.3	4.3	4.5	0.0	0.0		
			R2 A	2.5	2.4	2.6	2.5	2.8	0.0	0.0	6.699	
			R2 P	4.1	4.5	3.9	4.2	4.2	0.0	0.0		
17	CHARLIE POWER *Pulse Taekwondo*	GBR	R1 A	2.7	2.7	2.8	3.2	2.6	0.0	0.0	7.033	6.982
			R1 P	4.1	4.7	4.3	4.4	4.2	0.0	0.0		
			R2 A	2.7	2.5	2.9	2.8	2.4	0.0	0.0	6.932	
			R2 P	4.2	4.4	4.3	4.3	4.0	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
18	Ammaar Sheikh *Aquila Taekwondo*	GBR	R1 A	2.8	2.5	2.6	2.4	2.5	0.0	0.0	6.699	6.932
			R1 P	4.1	4.5	4.2	4.0	4.2	0.0	0.0		
			R2 A	2.8	2.6	2.8	2.8	2.8	0.0	0.0	7.166	
			R2 P	4.2	4.5	4.3	4.3	4.5	0.0	0.0		
19	Avi Patel *PremierKi*	GBR	R1 A	2.8	2.3	3.0	2.6	2.9	0.0	0.0	7.066	6.832
			R1 P	4.3	4.4	4.3	4.3	4.1	0.0	0.0		
			R2 A	2.6	2.4	2.4	2.4	2.5	0.0	0.0	6.599	
			R2 P	4.1	4.4	4.0	4.2	4.2	0.0	0.0		

Recognized Poomsae Individual / K2 / U14 Years (Cadet) Male

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Shawn Chan *Aquila Taekwondo*	GBR	R1 A	2.8	2.9	3.1	2.6	2.8	0.0	0.0	7.699	7.732
			R1 P	4.8	4.9	5.0	4.5	4.9	0.0	0.0		
			R2 A	2.8	2.9	3.2	2.8	2.8	0.0	0.0	7.766	
			R2 P	4.9	4.9	5.0	4.8	5.0	0.0	0.0		
2	Hashir Khurrami *London Taekwondo Stars*	GBR	R1 A	2.8	3.0	3.1	3.2	2.8	0.0	0.0	7.632	7.699
			R1 P	4.9	4.7	4.8	4.5	4.5	0.0	0.0		
			R2 A	2.9	3.0	3.0	3.0	2.9	0.0	0.0	7.766	
			R2 P	4.8	4.8	4.8	4.6	4.9	0.0	0.0		
3	BIYASH GURUNG *Pulse Taekwondo*	GBR	R1 A	2.7	2.7	3.1	3.0	3.2	0.0	0.0	7.699	7.582
			R1 P	4.7	4.7	4.9	4.7	5.0	0.0	0.0		
			R2 A	2.5	2.7	2.9	2.9	2.9	0.0	0.0	7.466	
			R2 P	4.5	4.6	4.6	4.7	4.8	0.0	0.0		
4	Dinuyan Jeyanthan *Modokwon UK*	GBR	R1 A	2.6	3.0	3.1	3.1	3.1	0.0	0.0	7.666	7.482
			R1 P	4.6	4.5	4.7	4.5	4.8	0.0	0.0		
			R2 A	2.6	2.8	2.9	3.0	2.8	0.0	0.0	7.299	
			R2 P	4.7	4.5	4.5	4.4	4.4	0.0	0.0		
5	HARRY TURNER *Pulse Taekwondo*	GBR	R1 A	2.8	2.9	3.2	3.0	2.8	0.0	0.0	7.633	7.466
			R1 P	4.8	4.8	5.0	4.6	4.4	0.0	0.0		
			R2 A	2.8	2.7	2.8	2.8	2.7	0.0	0.0	7.299	
			R2 P	4.9	4.6	4.6	4.4	4.3	0.0	0.0		
6	Markus Neska *Dorset Taekwondo (GBR)*	GBR	R1 A	2.8	2.8	3.0	2.9	3.0	0.0	0.0	7.433	7.466
			R1 P	4.8	4.6	4.6	4.3	4.4	0.0	0.0		
			R2 A	2.7	3.1	3.2	2.9	2.9	0.0	0.0	7.499	
			R2 P	4.7	4.6	4.6	4.4	4.3	0.0	0.0		
7	Max Tsz Hin Wong *Shin's Academy of Taekwondo*	GBR	R1 A	2.6	2.8	3.1	2.7	2.9	0.0	0.0	7.533	7.449
			R1 P	4.6	4.7	4.9	4.1	5.0	0.0	0.0		
			R2 A	2.7	2.7	2.8	2.8	2.8	0.0	0.0	7.366	
			R2 P	4.8	4.6	4.6	4.4	4.6	0.0	0.0		
8	Jimmy Lai *Shin's Academy Altrincham*	GBR	R1 A	2.7	2.9	3.1	2.7	2.8	0.0	0.0	7.500	7.399
			R1 P	4.8	4.5	4.8	4.1	4.8	0.0	0.0		
			R2 A	2.7	2.8	2.8	2.7	2.5	0.0	0.0	7.299	
			R2 P	4.7	4.5	4.6	4.1	4.6	0.0	0.0		

Recognized Poomsae Family / Pair / Mixed

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Wing Hang Chow - Rayton Wai Ting CHOW *British Taekwondo Jung Do Kwan*	GBR	R1 A	3.4	2.8	3.0	3.2	3.1	0.0	0.0	7.933	7.749
			R1 P	4.7	4.8	5.0	4.8	4.9	0.0	0.0		
			R2 A	3.2	3.0	2.5	2.7	2.7	0.0	0.0	7.566	
			R2 P	4.8	4.9	4.7	4.8	4.7	0.0	0.0		
2	Michael Bush - Saphina Bush *Kang Han*	GBR	R1 A	2.9	2.7	2.8	3.1	3.1	0.0	0.0	7.599	7.599
			R1 P	4.5	4.7	4.6	4.7	4.9	0.0	0.0		
			R2 A	2.9	2.6	2.8	3.0	3.1	0.0	0.0	7.600	
			R2 P	4.4	4.7	4.7	4.7	4.7	0.0	0.0		
3	Adrian Rice - Lucy Rice *Kang Han*	GBR	R1 A	3.1	2.7	3.1	2.7	3.1	0.0	0.0	7.666	7.516
			R1 P	4.7	4.8	4.7	4.7	4.6	0.0	0.0		
			R2 A	2.8	2.6	2.7	2.9	2.7	0.0	0.0	7.366	
			R2 P	4.6	4.7	4.7	4.5	4.6	0.0	0.0		
4	Kati Crome - Matilda Crome *Aquila Taekwondo*	GBR	R1 A	2.8	2.6	3.0	2.8	2.8	0.0	0.0	7.433	7.416
			R1 P	4.5	4.6	4.6	4.7	4.7	0.0	0.0		
			R2 A	2.9	2.7	2.6	2.8	3.0	0.0	0.0	7.400	
			R2 P	4.3	4.7	4.6	4.5	4.7	0.0	0.0		
5	Daniel Carvalho - Zion Carvalho Rodriguez *Kang Han*	GBR	R1 A	2.7	2.7	3.0	2.9	2.5	0.0	0.0	7.299	7.266
			R1 P	4.3	4.6	4.7	4.7	4.3	0.0	0.0		
			R2 A	2.6	2.6	2.7	2.7	2.6	0.0	0.0	7.233	
			R2 P	4.0	4.7	4.6	4.5	4.7	0.0	0.0		
6	Deepak Gurung - Sahas Gurung *STKDD*	GBR	R1 A	2.6	2.6	2.5	2.7	2.5	0.0	0.0	6.966	7.233
			R1 P	4.3	4.5	4.4	4.1	4.5	0.0	0.0		
			R2 A	3.1	2.7	2.9	2.8	3.0	0.0	0.0	7.500	
			R2 P	4.5	4.7	4.6	4.2	4.7	0.0	0.0		
7	Donna Yard - Keira Courtney *Central Taekwondo Academy*	GBR	R1 A	2.7	2.7	2.5	2.8	2.4	0.0	0.0	7.133	7.216
			R1 P	4.3	4.8	4.5	4.6	4.4	0.0	0.0		
			R2 A	2.6	2.6	2.8	2.9	2.8	0.0	0.0	7.299	
			R2 P	4.1	4.6	4.6	4.8	4.5	0.0	0.0		

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
8	Calvin Wai Shing Tang - Fei Ki Susan Tang *Central Taekwondo Academy*	GBR	R1 A	2.7	2.7	2.6	2.9	2.8	0.0	0.0	7.066	
			R1 P	4.2	4.8	4.4	4.2	4.4	0.0	0.0		6.983
			R2 A	2.8	2.5	2.4	2.3	2.6	0.0	0.0	6.900	
			R2 P	4.3	4.6	4.3	4.1	4.6	0.0	0.0		

Recognized Poomsae Team / K2 / U14 Years (Cadet) Male

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Shawn CHAN - Ammaar SHEIKH - Gregor JACKMAN *Aquila Taekwondo*	GBR	R1 A	3.1	2.8	3.2	3.4	3.1	0.0	0.0	7.833	
			R1 P	4.7	4.7	4.7	4.7	4.4	0.0	0.0		7.716
			R2 A	2.9	2.8	3.1	3.3	2.9	0.0	0.0	7.599	
			R2 P	4.5	4.8	4.6	4.8	4.5	0.0	0.0		
2	NATHANIEL BULKIN - BEN ARNOLD - HASHIR KHURRAMI *LTA/ Best Leg Taekwondo Academy/ London Taekwondo Stars*	GBR	R1 A	3.3	2.7	3.0	3.1	3.0	0.0	0.0	7.599	
			R1 P	4.7	4.7	4.8	4.3	4.2	0.0	0.0		7.582
			R2 A	3.0	2.7	3.1	3.2	2.9	0.0	0.0	7.566	
			R2 P	4.6	4.8	4.7	4.4	4.4	0.0	0.0		
3	Biyash GURUNG - Charlie POWER - Harry TURNER *Pulse Taekwondo*	GBR	R1 A	2.7	2.7	3.1	2.9	2.5	0.0	0.0	7.066	
			R1 P	4.1	4.8	4.6	4.2	4.1	0.0	0.0		7.033
			R2 A	2.7	2.5	2.7	2.8	2.7	0.0	0.0	7.000	
			R2 P	4.3	4.6	4.4	4.2	4.1	0.0	0.0		
4	Jeremy Scudder - Jimmy Lai - Avi Patel *PremierKi / Shins Academy Altrincham / PremierKi*	GBR	R1 A	2.0	2.2	2.4	2.7	2.3	0.0	0.0	6.200	
			R1 P	3.7	4.0	4.0	4.0	3.7	0.0	0.0		6.333
			R2 A	2.5	2.0	2.7	2.6	2.2	0.0	0.0	6.466	
			R2 P	4.0	4.2	4.2	3.9	3.7	0.0	0.0		

Recognized Poomsae Team / K2 / U14 Years (Cadet) Female

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	SARAH MATEUS - Amal Waqas - Soraya Jas Rai *Kixstar/Aquila*	GBR	R1 A	3.3	2.8	3.3	3.2	3.1	0.0	0.0	7.833	
			R1 P	4.7	4.7	4.9	4.3	4.5	0.0	0.0		7.949
			R2 A	3.3	2.8	3.3	3.4	3.3	0.0	0.0	8.066	
			R2 P	4.8	4.8	4.9	4.7	4.5	0.0	0.0		
2	Neve McFarlene - Signey` Cameron Johansson - Olive Carter *Best Leg / NTC*	GBR	R1 A	3.2	2.6	3.1	3.3	2.8	0.0	0.0	7.533	
			R1 P	4.6	4.7	4.5	4.4	4.4	0.0	0.0		7.466
			R2 A	3.0	2.7	3.0	3.2	2.8	0.0	0.0	7.399	
			R2 P	4.5	4.8	4.5	4.3	4.4	0.0	0.0		
3	Margareth Moreno - Sophie Hellewell - Holly Sims *Kang han & Win Tkd*	GBR	R1 A	3.1	2.7	3.0	3.0	2.8	0.0	0.0	7.399	
			R1 P	4.5	4.8	4.5	4.4	4.2	0.0	0.0		7.265
			R2 A	2.9	2.7	2.8	2.6	2.8	0.0	0.0	7.132	
			R2 P	4.4	4.7	4.4	4.3	4.2	0.0	0.0		
4	Holly Adamson - Jessica Nicol - Lucy Nicol *Hwan Yeong + Total Taekwondo*	GBR	R1 A	2.9	2.7	3.0	3.1	2.9	0.0	0.0	7.333	
			R1 P	4.3	4.7	4.6	4.3	4.2	0.0	0.0		7.166
			R2 A	2.6	2.6	2.7	3.2	2.7	0.0	0.0	6.999	
			R2 P	4.1	4.7	4.4	4.4	4.2	0.0	0.0		

Recognized Poomsae Individual / K2 / 46+ Years (3rd Senior) Male

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	John Lee *AMC Taekwondo*	GBR	R1 A	2.7	2.5	2.8	3.2	2.9	0.0	0.0	7.166	6.899
			R1 P	4.3	4.4	4.4	4.3	4.4	0.0	0.0		
			R2 A	2.3	2.2	2.2	2.5	2.5	0.0	0.0	6.633	
			R2 P	4.3	4.4	4.3	4.1	4.3	0.0	0.0		
2	William John Thompson *Carlton Arena Taekwondo*	GBR	R1 A	2.6	2.5	2.9	2.9	2.3	0.0	0.0	6.866	6.699
			R1 P	4.1	4.5	4.2	4.3	4.0	0.0	0.0		
			R2 A	2.5	2.5	2.5	2.8	2.3	0.0	0.0	6.533	
			R2 P	3.9	4.4	4.0	4.0	4.1	0.0	0.0		
3	Mike Scanlon *PremierKi*	GBR	R1 A	2.8	2.4	2.5	2.7	2.7	0.0	0.0	6.633	6.533
			R1 P	3.8	4.3	3.8	4.1	4.1	0.0	0.0		
			R2 A	2.3	2.3	2.6	2.7	2.4	0.0	0.0	6.433	
			R2 P	3.9	4.1	3.8	4.0	4.1	0.0	0.0		

Recognized Poomsae Individual / K2 / U14 Years (Cadet) Female

British National Poomsae Championships 2026

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PRELIM

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Omul Wafai *London Taekwondo Stars*	GBR	R1 A	3.4	3.4	3.3	3.0	3.1	0.0	0.0	8.199	8.199
			R1 P	5.0	4.8	5.0	4.7	5.0	0.0	0.0		
			R2 A	3.3	3.5	3.2	3.2	2.8	0.0	0.0	8.199	
			R2 P	5.1	5.0	4.9	4.7	5.0	0.0	0.0		
2	Soraya Jas Rai *STKDD*	GBR	R1 A	3.1	3.5	3.3	3.1	2.9	0.0	0.0	7.899	7.916
			R1 P	4.7	4.7	4.8	4.7	4.8	0.0	0.0		
			R2 A	3.3	3.4	2.8	2.9	3.2	0.0	0.0	7.933	
			R2 P	4.8	4.6	4.7	4.9	5.0	0.0	0.0		
3	Amal Waqas *Kixstar Dragon Taekwondo*	GBR	R1 A	3.4	3.2	3.2	2.9	3.2	0.0	0.0	7.866	7.883
			R1 P	4.9	4.4	4.7	4.2	4.9	0.0	0.0		
			R2 A	3.3	3.3	3.2	3.1	2.9	0.0	0.0	7.900	
			R2 P	4.8	4.6	4.8	4.3	4.7	0.0	0.0		
4	Holly Adamson *Total Taekwondo*	GBR	R1 A	3.4	3.3	3.1	3.2	3.2	0.0	0.0	8.033	7.882
			R1 P	5.0	4.4	4.8	4.7	4.9	0.0	0.0		
			R2 A	3.1	3.1	3.2	3.0	2.9	0.0	0.0	7.732	
			R2 P	4.9	4.6	4.8	4.6	4.5	0.0	0.0		
5	Hanna Shum *Phoenix Taekwondo*	GBR	R1 A	3.3	3.1	3.1	3.2	3.2	0.0	0.0	7.832	7.832
			R1 P	4.6	4.1	4.7	4.7	4.7	0.0	0.0		
			R2 A	3.2	3.3	3.0	3.1	3.1	0.0	0.0	7.833	
			R2 P	4.5	4.7	4.7	4.8	4.7	0.0	0.0		
6	SARAH MATEUS *Kixstar Dragon Taekwondo*	GBR	R1 A	3.2	3.4	3.2	3.0	2.9	0.0	0.0	7.799	7.782
			R1 P	4.6	4.4	4.7	4.9	4.7	0.0	0.0		
			R2 A	3.1	3.4	2.8	2.9	3.1	0.0	0.0	7.766	
			R2 P	4.6	4.8	4.6	4.9	4.8	0.0	0.0		
7	Hajar Dildar *London Taekwondo Academy*	GBR	R1 A	3.2	3.3	3.1	3.2	3.1	0.0	0.0	7.766	7.666
			R1 P	4.5	4.6	4.5	4.7	4.7	0.0	0.0		
			R2 A	3.0	3.3	3.0	3.2	2.7	0.0	0.0	7.566	
			R2 P	4.4	4.5	4.5	4.6	4.5	0.0	0.0		
8	Neve Mcfarlane *NTC - National Taekwondo Club*	GBR	R1 A	3.1	3.4	2.9	3.2	3.0	0.0	0.0	7.733	7.649
			R1 P	4.7	4.9	4.5	4.7	4.3	0.0	0.0		
			R2 A	2.8	3.3	2.9	3.0	2.9	0.0	0.0	7.566	
			R2 P	4.4	4.9	4.6	4.7	4.6	0.0	0.0		

PRELIM

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Signey` Cameron Johansson *Best Leg Taekwondo Academy*	GBR	R1 A	2.9	3.1	3.1	3.1	3.1	0.0	0.0	7.700	7.599
			R1 P	4.3	4.3	4.7	4.9	4.8	0.0	0.0		
			R2 A	2.8	3.3	2.7	3.0	3.1	0.0	0.0	7.499	
			R2 P	4.4	4.5	4.6	4.6	4.5	0.0	0.0		
10	Isla Jensen *Dorset Taekwondo (GBR)*	GBR	R1 A	2.7	3.3	2.8	2.7	2.9	0.0	0.0	7.433	7.533
			R1 P	4.5	4.7	4.6	4.6	4.8	0.0	0.0		
			R2 A	3.2	3.1	3.0	3.0	2.8	0.0	0.0	7.633	
			R2 P	4.6	4.6	4.6	4.6	4.6	0.0	0.0		
11	Margareth Moreno *Win Taekwondo Academy*	GBR	R1 A	3.2	3.2	3.3	2.8	2.8	0.0	0.0	7.532	7.515
			R1 P	4.7	4.3	5.0	4.3	4.4	0.0	0.0		
			R2 A	3.0	3.1	2.9	2.6	2.9	0.0	0.0	7.499	
			R2 P	4.7	4.2	4.8	4.3	4.7	0.0	0.0		
12	Emiliah Ann Lino *Carlton Arena Taekwondo*	GBR	R1 A	3.1	3.4	3.1	3.2	2.9	0.0	0.0	7.666	7.466
			R1 P	4.7	4.6	4.5	4.5	4.4	0.0	0.0		
			R2 A	3.0	2.8	2.7	3.0	2.8	0.0	0.0	7.266	
			R2 P	4.6	4.3	4.4	4.5	4.1	0.0	0.0		
13	Isabella Hall *Taekwondo Wales*	GBR	R1 A	3.2	3.7	2.7	3.0	2.6	0.0	0.0	7.466	7.416
			R1 P	4.7	4.4	4.4	4.8	4.4	0.0	0.0		
			R2 A	2.8	3.1	2.8	2.9	2.2	0.0	0.0	7.366	
			R2 P	4.6	4.2	4.5	4.6	4.5	0.0	0.0		
14	OCEAN SNELSON *Pulse Taekwondo*	GBR	R1 A	3.0	2.9	2.6	3.3	3.1	0.0	0.0	7.533	7.416
			R1 P	4.4	3.9	4.5	4.7	4.7	0.0	0.0		
			R2 A	2.8	2.7	2.8	3.2	2.9	0.0	0.0	7.299	
			R2 P	4.4	3.9	4.4	4.7	4.6	0.0	0.0		
15	Jessica Nicol *Hwan-Yeong*	GBR	R1 A	3.0	2.9	2.8	3.2	3.2	0.0	0.0	7.399	7.282
			R1 P	4.7	4.2	4.5	4.4	4.1	0.0	0.0		
			R2 A	2.8	2.8	2.6	3.0	2.8	0.0	0.0	7.166	
			R2 P	4.5	4.2	4.4	4.4	4.3	0.0	0.0		
16	Olive Carter *Best Leg Taekwondo Academy*	GBR	R1 A	3.0	2.7	2.7	2.7	2.5	0.0	0.0	7.000	6.999
			R1 P	4.5	4.1	4.4	4.1	4.4	0.0	0.0		
			R2 A	2.8	2.8	2.7	2.9	2.7	0.0	0.0	6.999	
			R2 P	4.4	4.1	4.3	4.1	4.3	0.0	0.0		
17	Keerthiga Ponnampalam *Modokwon UK*	GBR	R1 A	2.6	2.7	2.8	2.9	2.7	0.0	0.0	7.066	6.899
			R1 P	4.2	4.1	4.3	4.5	4.6	0.0	0.0		
			R2 A	2.5	2.7	2.4	2.8	2.5	0.0	0.0	6.732	
			R2 P	4.1	4.1	4.1	4.4	4.3	0.0	0.0		

PRELIM

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
18	Holly Sims *Kang Han*	GBR	R1 A	2.8	3.2	2.9	3.0	2.6	0.0	0.0	7.200	6.866
			R1 P	4.2	4.4	4.3	4.6	4.2	0.0	0.0		
			R2 A	2.6	2.6	2.4	2.9	2.4	0.0	0.0	6.533	
			R2 P	4.2	4.0	3.9	4.1	3.9	0.0	0.0		
19	Sophie Hellewell *Kang Han*	GBR	R1 A	2.8	2.8	2.6	2.5	2.2	0.0	0.0	6.633	6.549
			R1 P	4.1	3.9	4.0	4.1	3.9	0.0	0.0		
			R2 A	2.7	2.6	2.4	2.5	2.4	0.0	0.0	6.466	
			R2 P	4.1	3.9	3.9	4.1	3.9	0.0	0.0		
20	Lucy Nicol *Hwan-Yeong*	GBR	R1 A	2.7	2.6	2.3	2.6	2.3	0.0	0.0	6.533	6.433
			R1 P	4.2	4.0	3.9	4.1	4.0	0.0	0.0		
			R2 A	2.6	2.6	2.1	2.1	2.3	0.0	0.0	6.333	
			R2 P	4.1	3.9	4.0	4.1	3.9	0.0	0.0		

Recognized Poomsae Individual / K2 / U14 Years (Cadet) Female

British National Poomsae Championships 2026

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Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Omul Wafai *London Taekwondo Stars*	GBR	R1 A	2.8	3.3	3.3	3.1	3.1	0.0	0.0	8.099	8.066
			R1 P	4.9	4.7	4.9	5.0	5.0	0.0	0.0		
			R2 A	2.9	3.2	3.3	3.2	3.0	0.0	0.0	8.033	
			R2 P	5.0	4.6	5.0	5.1	4.7	0.0	0.0		
2	Amal Waqas *Kixstar Dragon Taekwondo*	GBR	R1 A	2.8	3.4	3.3	3.0	3.3	0.0	0.0	8.000	8.033
			R1 P	4.8	4.8	4.8	4.7	5.1	0.0	0.0		
			R2 A	2.8	3.3	3.3	3.0	3.3	0.0	0.0	8.066	
			R2 P	4.9	4.9	4.8	4.8	5.0	0.0	0.0		
3	Holly Adamson *Total Taekwondo*	GBR	R1 A	2.7	3.4	3.2	3.1	3.3	0.0	0.0	8.000	7.966
			R1 P	4.6	4.8	4.8	4.8	4.9	0.0	0.0		
			R2 A	2.9	3.1	3.1	3.1	3.1	0.0	0.0	7.933	
			R2 P	4.9	4.7	4.7	4.9	5.0	0.0	0.0		
4	Soraya Jas Rai *STKDD*	GBR	R1 A	2.8	3.2	3.3	3.0	3.1	0.0	0.0	7.900	7.950
			R1 P	5.0	4.6	4.8	4.9	4.7	0.0	0.0		
			R2 A	2.9	3.2	3.2	3.3	2.7	0.0	0.0	8.000	
			R2 P	5.0	4.9	4.6	5.0	4.8	0.0	0.0		
5	SARAH MATEUS *Kixstar Dragon Taekwondo*	GBR	R1 A	2.8	3.3	3.2	3.2	3.0	0.0	0.0	7.899	7.799
			R1 P	4.8	4.6	4.7	4.9	4.8	0.0	0.0		
			R2 A	2.8	3.1	3.2	3.0	2.9	0.0	0.0	7.700	
			R2 P	4.9	4.7	4.6	4.7	4.7	0.0	0.0		
6	Neve Mcfarlane *NTC - National Taekwondo Club*	GBR	R1 A	2.8	3.2	3.1	3.1	2.7	0.0	0.0	7.666	7.632
			R1 P	4.9	4.5	4.5	4.8	4.7	0.0	0.0		
			R2 A	2.7	3.0	3.0	3.0	2.8	0.0	0.0	7.599	
			R2 P	4.8	4.4	4.5	4.8	4.7	0.0	0.0		
7	Hajar Dildar *London Taekwondo Academy*	GBR	R1 A	2.8	2.8	3.2	3.2	3.1	0.0	0.0	7.699	7.632
			R1 P	4.9	4.3	4.6	4.8	4.6	0.0	0.0		
			R2 A	2.7	2.9	3.0	3.1	2.8	0.0	0.0	7.566	
			R2 P	4.7	4.3	4.5	4.8	4.8	0.0	0.0		
8	Signey` Cameron Johansson *Best Leg Taekwondo Academy*	GBR	R1 A	2.7	3.0	3.2	3.1	2.8	0.0	0.0	7.566	7.599
			R1 P	4.8	4.4	4.6	4.8	4.4	0.0	0.0		
			R2 A	2.8	3.1	3.1	3.1	2.6	0.0	0.0	7.633	
			R2 P	4.8	4.4	4.6	4.7	4.6	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Hanna Shum *Phoenix Taekwondo*	GBR	R1 A	2.7	3.3	3.1	3.3	2.8	0.0	0.0	7.666	7.599
			R1 P	4.7	4.6	4.5	5.0	4.5	0.0	0.0		
			R2 A	2.7	3.0	3.0	2.9	2.9	0.0	0.0	7.533	
			R2 P	4.8	4.5	4.5	5.0	4.5	0.0	0.0		
10	Isla Jensen *Dorset Taekwondo (GBR)*	GBR	R1 A	2.7	3.2	2.9	2.9	2.2	0.0	0.0	7.299	7.415
			R1 P	4.7	4.5	4.4	4.5	4.3	0.0	0.0		
			R2 A	2.6	3.2	3.0	3.4	2.7	0.0	0.0	7.532	
			R2 P	4.6	4.7	4.5	4.6	4.5	0.0	0.0		

Recognized Poomsae Individual / K2 / U14 Years (Cadet) Female

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Omul Wafai *London Taekwondo Stars*	GBR	R1 A	3.0	3.4	3.3	3.4	3.3	0.0	0.0	8.399	8.349
			R1 P	5.1	5.0	5.1	5.1	5.0	0.0	0.0		
			R2 A	3.2	3.4	3.3	3.3	2.9	0.0	0.0	8.299	
			R2 P	5.2	5.0	5.1	5.0	4.8	0.0	0.0		
2	Amal Waqas *Kixstar Dragon Taekwondo*	GBR	R1 A	3.1	3.1	3.3	3.4	3.3	0.0	0.0	8.199	8.165
			R1 P	5.0	4.6	5.0	5.0	4.9	0.0	0.0		
			R2 A	3.1	3.2	3.2	3.3	3.1	0.0	0.0	8.132	
			R2 P	5.1	4.6	5.0	4.9	5.0	0.0	0.0		
3	Soraya Jas Rai *STKDD*	GBR	R1 A	3.0	3.4	3.2	3.3	3.0	0.0	0.0	8.032	7.982
			R1 P	5.0	4.9	4.8	4.9	4.8	0.0	0.0		
			R2 A	2.9	3.4	3.0	3.2	2.9	0.0	0.0	7.933	
			R2 P	5.0	5.0	4.9	4.8	4.6	0.0	0.0		
4	Holly Adamson *Total Taekwondo*	GBR	R1 A	2.9	3.3	3.2	3.4	3.1	0.0	0.0	8.133	7.949
			R1 P	4.9	4.8	4.9	5.0	5.0	0.0	0.0		
			R2 A	3.0	3.0	2.9	3.1	2.7	0.0	0.0	7.766	
			R2 P	5.0	4.7	4.8	4.8	4.8	0.0	0.0		
5	SARAH MATEUS *Kixstar Dragon Taekwondo*	GBR	R1 A	2.9	3.3	3.1	3.2	2.8	0.0	0.0	7.799	7.699
			R1 P	4.9	4.7	4.7	4.8	4.7	0.0	0.0		
			R2 A	2.8	3.1	2.9	3.1	2.7	0.0	0.0	7.599	
			R2 P	4.7	4.7	4.7	4.6	4.5	0.0	0.0		
6	Neve Mcfarlane *NTC - National Taekwondo Club*	GBR	R1 A	2.8	3.0	3.0	3.0	2.6	0.0	0.0	7.599	7.499
			R1 P	4.8	4.2	4.6	4.6	4.9	0.0	0.0		
			R2 A	2.8	2.8	2.9	3.0	2.7	0.0	0.0	7.399	
			R2 P	4.9	4.3	4.5	4.5	4.7	0.0	0.0		
7	Hajar Dildar *London Taekwondo Academy*	GBR	R1 A	2.7	3.0	3.0	3.1	2.8	0.0	0.0	7.466	7.332
			R1 P	4.8	4.2	4.5	4.4	4.7	0.0	0.0		
			R2 A	2.7	2.8	2.7	3.0	2.6	0.0	0.0	7.199	
			R2 P	4.7	4.3	4.4	4.5	4.5	0.0	0.0		
8	Signey` Cameron Johansson *Best Leg Taekwondo Academy*	GBR	R1 A	2.7	2.8	2.7	3.3	2.6	0.0	0.0	7.299	7.266
			R1 P	4.8	4.3	4.6	4.6	4.5	0.0	0.0		
			R2 A	2.6	2.7	2.5	2.9	2.9	0.0	0.0	7.233	
			R2 P	4.6	4.3	4.5	4.4	4.8	0.0	0.0		

Recognized Poomsae Individual / K3 / U45 Years (2nd Senior) Female

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Migat Al Hussaini *Ali's Dojang*	GBR	R1 A	2.8	3.3	3.1	3.2	3.2	0.0	0.0	7.766	7.699
			R1 P	4.8	4.6	4.6	4.5	4.6	0.0	0.0		
			R2 A	2.8	3.3	3.1	3.2	2.9	0.0	0.0	7.632	
			R2 P	4.9	4.6	4.5	4.5	4.6	0.0	0.0		
2	Tylea-Elice Fulton-Smith *TTKD*	GBR	R1 A	3.0	3.0	3.0	3.3	3.0	0.0	0.0	7.566	7.466
			R1 P	4.9	3.9	4.4	4.6	4.7	0.0	0.0		
			R2 A	2.9	3.0	2.5	2.9	2.6	0.0	0.0	7.366	
			R2 P	4.9	4.0	4.2	5.0	4.6	0.0	0.0		
3	Zoya Rashidi *London Taekwondo Stars*	GBR	R1 A	2.4	3.3	3.1	2.8	2.9	0.0	0.0	7.233	7.283
			R1 P	4.4	4.2	4.6	4.2	4.3	0.0	0.0		
			R2 A	2.4	3.0	3.0	2.8	3.0	0.0	0.0	7.333	
			R2 P	4.5	4.3	4.6	4.2	4.4	0.0	0.0		

Recognized Poomsae Individual / K2 / U30 Years (1st Senior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Ibrahim Adnan *NTC - National Taekwondo Club*	GBR	R1 A	2.1	2.6	1.7	2.1	2.1	0.0	0.0	6.366	6.566
			R1 P	4.3	4.5	3.9	4.2	4.3	0.0	0.0		
			R2 A	2.1	3.2	2.2	2.5	2.6	0.0	0.0	6.766	
			R2 P	4.3	4.5	4.0	4.2	4.5	0.0	0.0		

Recognized Poomsae Team / K3 / U9 Years (Mini/Micro) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Michalina Omasta - Miraaya Shah - Ada Graef *PremierKi / Loughton / Elite*	GBR	R1 A	2.5	3.2	3.3	2.5	3.1	0.0	0.0	7.099	
			R1 P	4.1	4.2	4.4	3.9	4.2	0.0	0.0		7.016
			R2 A	2.5	3.1	3.0	2.6	2.9	0.0	0.0	6.933	
			R2 P	4.1	4.2	4.1	4.1	4.1	0.0	0.0		

Recognized Poomsae Team / K3 / U9 Years (Mini/Micro) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Aadi Potbhare - Haran Evans - Spencer Spurr *Aquila Taekwondo*	GBR	R1 A	3.2	2.9	3.3	2.7	3.0	0.0	0.0	7.433	
			R1 P	4.4	4.4	4.5	4.4	4.3	0.0	0.0		7.349
			R2 A	3.1	2.8	3.0	2.7	2.9	0.0	0.0	7.266	
			R2 P	4.4	4.4	4.5	4.3	4.2	0.0	0.0		
2	Blake Burchell - Kaden Ali Jones - Ralphie Tsui *Loughton Taekwondo*	GBR	R1 A	3.0	2.8	3.3	2.7	3.1	0.0	0.0	7.299	
			R1 P	4.2	4.3	4.4	4.6	4.3	0.0	0.0		7.265
			R2 A	3.0	2.7	3.2	2.4	3.2	0.0	0.0	7.232	
			R2 P	4.2	4.4	4.3	4.3	4.2	0.0	0.0		
3	Amir Qoreishi - DANIEL BOWLER - FRANKY PRELEVIC *London Taekwondo Academy*	GBR	R1 A	3.1	2.7	3.0	2.8	2.9	0.0	0.0	7.100	
			R1 P	4.3	4.3	4.0	4.7	4.0	0.0	0.0		7.166
			R2 A	3.1	2.8	3.0	2.7	3.0	0.0	0.0	7.233	
			R2 P	4.2	4.4	4.3	4.5	4.1	0.0	0.0		
4	Harrison Barrow - Rayan Taffar - Jack Eastland *Loughton / Loughton / PremierKi*	GBR	R1 A	2.3	2.8	2.8	2.4	2.3	0.0	0.0	6.500	
			R1 P	4.0	4.1	4.1	3.9	3.8	0.0	0.0		6.483
			R2 A	2.3	2.7	2.6	2.4	2.4	0.0	0.0	6.466	
			R2 P	4.0	4.3	4.1	3.9	3.8	0.0	0.0		

Recognized Poomsae Individual / K2 / U7 Years (Micro Peewee) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Noah Ullah *AP Taekwondo Academy*	GBR	R1 A	2.7	2.5	2.8	2.3	2.7	0.0	0.0	7.133	7.216
			R1 P	4.5	4.3	4.6	4.6	4.4	0.0	0.0		
			R2 A	2.8	2.7	2.8	2.3	2.8	0.0	0.0	7.299	
			R2 P	4.5	4.3	4.6	4.6	4.5	0.0	0.0		
2	Josh Gohil *PremierKi*	GBR	R1 A	2.2	2.3	2.5	1.8	2.4	0.0	0.0	6.266	6.332
			R1 P	4.0	4.3	4.1	3.8	3.7	0.0	0.0		
			R2 A	2.4	2.3	2.6	1.9	2.4	0.0	0.0	6.399	
			R2 P	3.9	4.2	4.1	4.1	3.7	0.0	0.0		

Recognized Poomsae Individual / K2 / U7 Years (Micro Peewee) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Sai Uthra Vinoth *PremierKi*	GBR	R1 A	2.8	2.4	2.6	2.3	2.6	0.0	0.0	6.666	6.533
			R1 P	4.2	4.3	4.2	4.0	3.9	0.0	0.0		
			R2 A	2.4	2.3	2.5	1.8	2.6	0.0	0.0	6.400	
			R2 P	4.0	4.3	3.9	4.0	4.0	0.0	0.0		

Recognized Poomsae Pair / K3 / U9 Years (Mini/Micro)

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Elise Woroniecka - FRANKY PRELEVIC *London Taekwondo Academy*	GBR	R1 A	3.3	3.0	3.2	2.7	3.2	0.0	0.0	7.633	
			R1 P	4.7	4.3	4.6	4.2	4.6	0.0	0.0		7.616
			R2 A	3.2	3.0	3.4	2.6	3.1	0.0	0.0	7.600	
			R2 P	4.6	4.4	4.4	4.6	4.5	0.0	0.0		
2	Gintaras Buzorius Jegorenkov - Harper Pinard *Aquila Taekwondo*	GBR	R1 A	3.1	2.8	3.0	2.7	3.1	0.0	0.0	7.332	
			R1 P	4.4	4.3	4.4	4.4	4.2	0.0	0.0		7.265
			R2 A	3.0	2.7	2.9	2.2	2.9	0.0	0.0	7.199	
			R2 P	4.4	4.4	4.5	4.1	4.3	0.0	0.0		
3	Miraaya Shah - Jack Eastland *PremierKi*	GBR	R1 A	3.0	2.9	3.0	2.5	2.8	0.0	0.0	7.166	
			R1 P	4.3	4.3	4.2	4.4	4.0	0.0	0.0		6.949
			R2 A	2.6	2.6	3.0	2.3	2.7	0.0	0.0	6.733	
			R2 P	4.2	4.2	4.0	4.1	4.0	0.0	0.0		
4	Michalina Omasta - Harrison Barrow *Loughton Taekwondo*	GBR	R1 A	2.2	2.5	2.7	2.2	2.4	0.0	0.0	6.532	
			R1 P	4.2	4.3	4.3	4.0	3.8	0.0	0.0		6.466
			R2 A	2.1	2.6	2.9	2.1	2.5	0.0	0.0	6.400	
			R2 P	4.1	4.3	3.9	4.0	3.9	0.0	0.0		

Recognized Poomsae Pair / K2 / U7 Years (Mini/Micro)

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Josh Gohil - Sai Uthra Vinoth *PremierKi*	GBR	R1 A	2.2	2.6	2.5	2.1	2.6	0.0	0.0	6.466	6.349
			R1 P	4.1	4.3	3.9	4.0	4.0	0.0	0.0		
			R2 A	2.0	2.5	2.3	1.8	2.6	0.0	0.0	6.232	
			R2 P	4.0	4.2	3.8	4.0	3.9	0.0	0.0		

Recognized Poomsae Individual / K3 / U9 Years (Mini Peewee) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Elise Woroniecka *London Taekwondo Academy*	GBR	R1 A	3.4	3.0	3.4	2.6	3.3	0.0	0.0	7.799	7.782
			R1 P	4.7	4.5	4.5	4.5	4.8	0.0	0.0		
			R2 A	3.2	2.9	3.3	2.5	3.4	0.0	0.0	7.766	
			R2 P	4.7	4.5	4.6	4.6	4.7	0.0	0.0		
2	Wala Ahmed *London Taekwondo Academy*	GBR	R1 A	3.2	2.9	3.0	2.8	2.9	0.0	0.0	7.433	7.466
			R1 P	4.7	4.4	4.4	4.5	4.6	0.0	0.0		
			R2 A	3.2	2.9	3.2	2.9	2.9	0.0	0.0	7.500	
			R2 P	4.6	4.3	4.4	4.5	4.6	0.0	0.0		
3	Harper Pinard *Aquila Taekwondo*	GBR	R1 A	3.2	3.0	3.3	2.9	2.8	0.0	0.0	7.499	7.182
			R1 P	4.6	4.4	4.3	4.6	4.4	0.0	0.0		
			R2 A	3.0	2.5	2.6	2.4	2.7	0.0	0.0	6.866	
			R2 P	4.5	4.2	4.0	4.3	4.3	0.0	0.0		
4	Annabel Yuna Yeoh *ARUMCHAN Korea*	GBR	R1 A	3.1	2.9	3.0	2.3	2.5	0.0	0.0	7.166	7.133
			R1 P	4.5	4.4	4.4	4.3	4.2	0.0	0.0		
			R2 A	3.1	2.8	2.6	2.2	2.7	0.0	0.0	7.100	
			R2 P	4.5	4.5	4.4	4.1	4.3	0.0	0.0		
5	Michalina Omasta *Loughton Taekwondo*	GBR	R1 A	2.8	2.8	2.9	2.7	2.5	0.0	0.0	6.999	6.932
			R1 P	4.3	4.3	4.0	4.2	4.2	0.0	0.0		
			R2 A	2.8	2.6	2.8	2.4	2.7	0.0	0.0	6.866	
			R2 P	4.2	4.3	4.0	4.1	4.2	0.0	0.0		
6	Miraaya Shah *PremierKi*	GBR	R1 A	2.9	2.8	2.8	2.5	2.7	0.0	0.0	6.899	6.832
			R1 P	4.2	4.3	3.9	4.0	4.2	0.0	0.0		
			R2 A	2.8	2.7	2.6	2.2	2.6	0.0	0.0	6.766	
			R2 P	4.1	4.2	3.9	4.1	4.4	0.0	0.0		
7	Ada Graef *Elite Martial Arts Academy*	GBR	R1 A	2.4	2.5	3.0	2.2	2.5	0.0	0.0	6.599	6.632
			R1 P	4.1	4.2	4.1	4.0	4.2	0.0	0.0		
			R2 A	2.4	2.6	2.9	2.1	2.6	0.0	0.0	6.666	
			R2 P	4.1	4.2	4.0	4.1	4.2	0.0	0.0		
8	Ameya NAIR *NTC - Natonal Taekwondo Club*	GBR	R1 A	2.6	2.7	2.4	2.4	2.5	0.0	0.0	6.533	6.382
			R1 P	4.0	4.2	3.8	4.0	4.1	0.0	0.0		
			R2 A	2.4	2.3	2.1	1.9	2.4	0.0	0.0	6.232	
			R2 P	3.9	4.1	3.7	4.0	4.0	0.0	0.0		

Recognized Poomsae Individual / K3 / 46+ Years (3rd Senior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Marco Strillozzi *Loughton Taekwondo*	GBR	R1 A	2.8	3.0	3.2	2.3	2.9	0.0	0.0	7.066	6.982
			R1 P	4.1	4.3	4.0	4.1	4.8	0.0	0.0		
			R2 A	2.8	3.0	2.9	2.4	2.8	0.0	0.0	6.899	
			R2 P	4.0	4.2	4.0	4.0	4.8	0.0	0.0		

Recognized Poomsae Individual / K3 / U9 Years (Mini Peewee) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

PRELIM

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Aadi Potbhare *Aquila Taekwondo*	GBR	R1 A	3.1	3.0	2.9	2.7	3.0	0.0	0.0	7.432	7.399
			R1 P	4.4	4.4	4.5	4.7	4.5	0.0	0.0		
			R2 A	3.1	2.8	2.9	2.8	2.9	0.0	0.0	7.366	
			R2 P	4.4	4.4	4.6	4.7	4.5	0.0	0.0		
2	Spencer Spurr *Aquila Taekwondo*	GBR	R1 A	3.0	2.9	2.8	2.4	2.9	0.0	0.0	7.166	7.033
			R1 P	4.3	4.3	4.5	4.3	4.3	0.0	0.0		
			R2 A	2.9	2.5	2.5	2.5	2.8	0.0	0.0	6.900	
			R2 P	4.3	4.3	4.0	4.3	4.3	0.0	0.0		
3	DANIEL BOWLER *London Taekwondo Academy*	GBR	R1 A	2.8	2.7	3.0	2.7	2.9	0.0	0.0	7.100	7.033
			R1 P	4.3	4.3	4.4	4.3	4.0	0.0	0.0		
			R2 A	2.9	2.8	2.6	2.7	2.8	0.0	0.0	6.966	
			R2 P	4.2	4.4	4.2	4.2	4.1	0.0	0.0		
4	FRANKY PRELEVIC *London Taekwondo Academy*	GBR	R1 A	2.9	2.7	3.1	2.6	2.9	0.0	0.0	7.066	6.999
			R1 P	4.3	4.1	4.3	4.1	4.3	0.0	0.0		
			R2 A	2.7	2.7	2.9	2.2	2.8	0.0	0.0	6.933	
			R2 P	4.2	4.2	4.2	4.1	4.3	0.0	0.0		
5	Kaden Ali Jones *Loughton Taekwondo*	GBR	R1 A	3.0	3.0	3.3	2.7	2.7	0.0	0.0	7.266	6.982
			R1 P	4.4	4.4	4.3	4.5	4.2	0.0	0.0		
			R2 A	2.4	2.4	2.5	2.2	2.8	0.0	0.0	6.699	
			R2 P	4.1	4.3	4.3	4.3	4.2	0.0	0.0		
6	Archit Patil *Shin's Academy Altrincham*	GBR	R1 A	2.8	2.9	3.3	2.6	2.9	0.0	0.0	7.132	6.982
			R1 P	4.2	4.4	4.6	4.2	4.2	0.0	0.0		
			R2 A	2.6	2.6	3.3	2.4	2.6	0.0	0.0	6.833	
			R2 P	4.1	4.2	4.4	4.3	4.2	0.0	0.0		
7	Rayan Taffar *Loughton Taekwondo*	GBR	R1 A	2.8	2.7	3.2	2.6	2.8	0.0	0.0	6.999	6.966
			R1 P	4.1	4.2	4.5	4.2	4.3	0.0	0.0		
			R2 A	2.8	2.6	2.9	2.6	2.7	0.0	0.0	6.933	
			R2 P	4.1	4.1	4.3	4.3	4.3	0.0	0.0		
8	Gintaras Buzorius Jegorenkov *Aquila Taekwondo*	GBR	R1 A	3.0	2.7	2.3	2.4	2.9	0.0	0.0	6.932	6.849
			R1 P	4.3	4.2	4.0	4.4	4.3	0.0	0.0		
			R2 A	2.8	2.5	2.6	2.2	2.7	0.0	0.0	6.766	
			R2 P	4.3	4.2	4.2	4.1	4.1	0.0	0.0		

PRELIM

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Elham Khurrami *London Taekwondo Stars*	GBR	R1 A	3.2	2.8	2.7	2.5	2.7	0.0	0.0	6.866	6.832
			R1 P	4.1	4.3	4.2	4.0	4.1	0.0	0.0		
			R2 A	2.7	2.7	2.7	2.5	2.6	0.0	0.0	6.799	
			R2 P	4.1	4.2	4.3	4.1	4.1	0.0	0.0		
10	Ralphie Tsui *Loughton Taekwondo*	GBR	R1 A	2.8	2.7	3.5	2.4	2.8	0.0	0.0	6.966	6.816
			R1 P	4.2	4.2	4.5	4.2	4.2	0.0	0.0		
			R2 A	2.5	2.5	2.9	2.5	2.6	0.0	0.0	6.666	
			R2 P	4.0	4.1	4.5	4.1	4.2	0.0	0.0		
11	Larry carter *Best Leg Taekwondo Academy*	GBR	R1 A	2.5	2.7	2.9	2.3	2.8	0.0	0.0	6.866	6.816
			R1 P	4.2	4.2	4.2	4.2	4.0	0.0	0.0		
			R2 A	2.4	2.6	3.1	2.1	2.9	0.0	0.0	6.766	
			R2 P	4.1	4.3	4.2	4.1	4.1	0.0	0.0		
12	Haran Evans *Aquila Taekwondo*	GBR	R1 A	2.9	2.6	2.7	2.6	2.5	0.0	0.0	6.833	6.799
			R1 P	4.2	4.2	4.2	4.3	4.2	0.0	0.0		
			R2 A	2.7	2.6	2.5	2.5	2.7	0.0	0.0	6.766	
			R2 P	4.2	4.1	4.2	4.4	4.1	0.0	0.0		
13	Blake Burchell *Loughton Taekwondo*	GBR	R1 A	2.6	2.6	2.9	2.4	2.7	0.0	0.0	6.666	6.766
			R1 P	4.0	4.2	3.9	4.0	4.1	0.0	0.0		
			R2 A	2.7	2.8	3.0	2.4	2.8	0.0	0.0	6.866	
			R2 P	4.0	4.1	4.2	4.1	4.1	0.0	0.0		
14	Luke Arnold *Best Leg Taekwondo Academy*	GBR	R1 A	2.5	2.7	3.0	2.4	2.7	0.0	0.0	6.733	6.666
			R1 P	4.0	4.3	4.3	4.0	4.0	0.0	0.0		
			R2 A	2.5	2.6	2.5	2.3	2.5	0.0	0.0	6.600	
			R2 P	4.0	4.2	4.2	4.1	4.0	0.0	0.0		
15	Ibrahim Fawzi *Kixstar Dragon Taekwondo*	GBR	R1 A	2.5	2.6	2.9	2.5	2.9	0.0	0.0	6.699	6.649
			R1 P	4.0	4.3	4.1	4.0	3.9	0.0	0.0		
			R2 A	2.6	2.6	2.5	2.4	3.0	0.0	0.0	6.599	
			R2 P	4.0	4.2	4.1	4.0	4.0	0.0	0.0		
16	Amir Qoreishi *London Taekwondo Academy*	GBR	R1 A	2.5	2.8	2.6	2.5	2.8	0.0	0.0	6.633	6.633
			R1 P	4.0	4.3	4.0	4.0	3.9	0.0	0.0		
			R2 A	2.5	2.7	2.6	2.3	2.8	0.0	0.0	6.633	
			R2 P	4.0	4.2	3.9	4.0	4.1	0.0	0.0		
17	Yusuf Omar *Kixstar Dragon Taekwondo*	GBR	R1 A	2.4	2.2	2.4	2.2	2.7	0.0	0.0	6.433	6.582
			R1 P	4.1	4.1	3.9	4.1	4.2	0.0	0.0		
			R2 A	2.6	2.7	2.6	2.4	2.5	0.0	0.0	6.732	
			R2 P	4.1	4.1	4.2	4.3	4.2	0.0	0.0		

PRELIM

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
18	Archie Matheson *Quest Taekwondo*	GBR	R1 A	2.5	2.5	2.6	2.4	2.4	0.0	0.0	6.566	6.566
			R1 P	4.1	4.2	4.1	4.1	4.1	0.0	0.0		
			R2 A	2.5	2.4	2.6	2.6	2.3	0.0	0.0	6.566	
			R2 P	4.0	4.1	4.2	4.1	4.0	0.0	0.0		
19	Theo Boothroyd *POD Taekwondo*	GBR	R1 A	2.3	2.5	3.3	2.1	2.6	0.0	0.0	6.499	6.549
			R1 P	4.0	4.1	4.3	4.0	3.9	0.0	0.0		
			R2 A	2.5	2.5	3.0	2.4	2.7	0.0	0.0	6.599	
			R2 P	4.0	4.1	4.2	4.0	3.9	0.0	0.0		
20	Jack Eastland *PremierKi*	GBR	R1 A	2.5	2.5	2.9	2.3	2.4	0.0	0.0	6.566	6.416
			R1 P	4.1	4.1	4.2	4.1	3.9	0.0	0.0		
			R2 A	2.0	2.2	2.5	2.1	2.3	0.0	0.0	6.266	
			R2 P	3.9	4.1	4.1	4.1	4.0	0.0	0.0		
21	Harrison Barrow *Loughton Taekwondo*	GBR	R1 A	2.0	2.1	2.3	2.4	2.4	0.0	0.0	6.166	6.166
			R1 P	3.7	4.0	3.8	3.9	4.0	0.0	0.0		
			R2 A	2.2	2.1	2.5	2.4	2.3	0.0	0.0	6.166	
			R2 P	3.8	4.0	3.8	3.8	4.0	0.0	0.0		

Recognized Poomsae Individual / K3 / U9 Years (Mini Peewee) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Aadi Potbhare *Aquila Taekwondo*	GBR	R1 A	3.2	2.8	3.2	2.9	3.0	0.0	0.0	7.466	7.449
			R1 P	4.3	4.4	4.4	4.5	4.5	0.0	0.0		
			R2 A	3.2	3.0	3.1	2.9	3.1	0.0	0.0	7.432	
			R2 P	4.3	4.3	4.3	4.5	4.5	0.0	0.0		
2	DANIEL BOWLER *London Taekwondo Academy*	GBR	R1 A	2.9	3.0	3.1	2.9	3.1	0.0	0.0	7.300	7.333
			R1 P	4.1	4.3	4.3	4.3	4.5	0.0	0.0		
			R2 A	3.1	2.9	3.2	2.9	3.1	0.0	0.0	7.366	
			R2 P	4.1	4.3	4.5	4.4	4.3	0.0	0.0		
3	Kaden Ali Jones *Loughton Taekwondo*	GBR	R1 A	3.1	2.9	3.1	2.8	2.8	0.0	0.0	7.366	7.316
			R1 P	4.3	4.5	4.4	4.5	4.4	0.0	0.0		
			R2 A	3.1	2.6	2.9	2.8	3.0	0.0	0.0	7.266	
			R2 P	4.3	4.4	4.1	4.4	4.4	0.0	0.0		
4	FRANKY PRELEVIC *London Taekwondo Academy*	GBR	R1 A	2.9	2.9	3.2	2.9	3.3	0.0	0.0	7.300	7.150
			R1 P	4.2	4.3	4.3	4.3	4.5	0.0	0.0		
			R2 A	2.8	2.5	3.0	2.6	3.0	0.0	0.0	7.000	
			R2 P	4.2	4.2	4.1	4.2	4.5	0.0	0.0		
5	Gintaras Buzorius Jegorenkov *Aquila Taekwondo*	GBR	R1 A	3.0	2.9	2.8	2.8	2.9	0.0	0.0	7.099	7.132
			R1 P	4.2	4.2	4.0	4.5	4.3	0.0	0.0		
			R2 A	3.1	2.8	3.0	2.7	2.9	0.0	0.0	7.166	
			R2 P	4.3	4.1	4.2	4.4	4.3	0.0	0.0		
6	Archit Patil *Shin's Academy Altrincham*	GBR	R1 A	3.0	2.9	2.9	2.9	3.1	0.0	0.0	7.199	7.082
			R1 P	4.2	4.3	4.1	4.3	4.3	0.0	0.0		
			R2 A	3.0	2.8	2.8	2.6	2.7	0.0	0.0	6.966	
			R2 P	4.1	4.2	4.1	4.3	4.3	0.0	0.0		
7	Spencer Spurr *Aquila Taekwondo*	GBR	R1 A	2.8	2.7	3.0	2.6	2.7	0.0	0.0	6.966	7.016
			R1 P	4.0	4.3	4.1	4.3	4.4	0.0	0.0		
			R2 A	3.1	2.8	3.0	2.6	2.7	0.0	0.0	7.066	
			R2 P	4.1	4.3	4.2	4.2	4.3	0.0	0.0		
8	Ralphie Tsui *Loughton Taekwondo*	GBR	R1 A	2.9	2.9	3.1	2.7	2.5	0.0	0.0	7.099	7.016
			R1 P	4.2	4.3	4.3	4.3	4.2	0.0	0.0		
			R2 A	2.7	2.8	3.1	2.6	2.7	0.0	0.0	6.933	
			R2 P	4.1	4.2	4.2	4.2	4.2	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Elham Khurrami *London Taekwondo Stars*	GBR	R1 A	3.0	2.8	3.3	2.7	2.8	0.0	0.0	6.999	6.999
			R1 P	4.0	4.3	4.1	4.0	4.3	0.0	0.0		
			R2 A	2.9	2.8	3.0	2.6	2.9	0.0	0.0	6.999	
			R2 P	4.0	4.2	4.0	4.2	4.3	0.0	0.0		
10	Rayan Taffar *Loughton Taekwondo*	GBR	R1 A	2.9	2.8	2.7	2.5	2.9	0.0	0.0	6.833	6.783
			R1 P	4.0	4.2	3.9	4.1	4.0	0.0	0.0		
			R2 A	2.7	2.5	3.0	2.7	2.7	0.0	0.0	6.733	
			R2 P	4.0	4.1	4.0	4.2	4.0	0.0	0.0		
11	Larry carter *Best Leg Taekwondo Academy*	GBR	R1 A	2.5	2.6	2.9	2.4	2.5	0.0	0.0	6.666	6.699
			R1 P	4.1	4.3	4.0	4.1	4.2	0.0	0.0		
			R2 A	2.5	2.7	2.9	2.4	2.6	0.0	0.0	6.733	
			R2 P	4.0	4.3	4.1	4.1	4.2	0.0	0.0		

Recognized Poomsae Individual / K3 / U9 Years (Mini Peewee) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Aadi Potbhare *Aquila Taekwondo*	GBR	R1 A	3.2	2.9	3.2	2.9	3.2	0.0	0.0	7.566	7.549
			R1 P	4.3	4.4	4.5	4.5	4.6	0.0	0.0		
			R2 A	3.2	2.8	3.2	3.1	2.9	0.0	0.0	7.532	
			R2 P	4.3	4.4	4.5	4.5	4.6	0.0	0.0		
2	Kaden Ali Jones *Loughton Taekwondo*	GBR	R1 A	3.0	2.9	3.1	2.9	3.1	0.0	0.0	7.466	7.366
			R1 P	4.4	4.4	4.3	4.6	4.6	0.0	0.0		
			R2 A	3.0	2.8	3.0	2.9	2.9	0.0	0.0	7.266	
			R2 P	4.2	4.3	4.2	4.5	4.6	0.0	0.0		
3	DANIEL BOWLER *London Taekwondo Academy*	GBR	R1 A	3.1	2.8	3.2	2.8	3.1	0.0	0.0	7.366	7.283
			R1 P	4.3	4.4	4.5	4.3	4.4	0.0	0.0		
			R2 A	3.0	2.7	2.9	2.8	3.0	0.0	0.0	7.200	
			R2 P	4.2	4.3	4.2	4.4	4.4	0.0	0.0		
4	Gintaras Buzorius Jegorenkov *Aquila Taekwondo*	GBR	R1 A	3.0	3.0	3.1	2.7	2.9	0.0	0.0	7.299	7.282
			R1 P	4.2	4.3	4.3	4.6	4.4	0.0	0.0		
			R2 A	3.0	2.8	3.1	2.8	3.1	0.0	0.0	7.266	
			R2 P	4.2	4.2	4.2	4.5	4.5	0.0	0.0		
5	FRANKY PRELEVIC *London Taekwondo Academy*	GBR	R1 A	3.2	3.0	3.1	2.8	3.0	0.0	0.0	7.366	7.232
			R1 P	4.2	4.3	4.3	4.4	4.4	0.0	0.0		
			R2 A	3.0	2.8	2.8	2.6	3.1	0.0	0.0	7.099	
			R2 P	4.2	4.3	4.0	4.2	4.5	0.0	0.0		
6	Archit Patil *Shin's Academy Altrincham*	GBR	R1 A	2.3	3.0	3.1	3.0	3.1	0.0	0.0	7.399	7.216
			R1 P	4.3	4.3	4.2	4.6	4.5	0.0	0.0		
			R2 A	3.1	2.8	2.7	2.6	2.7	0.0	0.0	7.033	
			R2 P	4.2	4.3	4.0	4.5	4.4	0.0	0.0		
7	Spencer Spurr *Aquila Taekwondo*	GBR	R1 A	2.9	2.8	2.8	2.5	2.8	0.0	0.0	6.966	7.049
			R1 P	4.2	4.3	4.0	4.0	4.3	0.0	0.0		
			R2 A	3.0	2.9	2.9	2.5	2.8	0.0	0.0	7.132	
			R2 P	4.2	4.3	4.1	4.3	4.3	0.0	0.0		
8	Ralphie Tsui *Loughton Taekwondo*	GBR	R1 A	1.9	2.2	2.3	2.3	2.8	0.0	0.0	6.299	6.615
			R1 P	4.0	4.0	3.6	4.1	4.2	0.0	0.0		
			R2 A	2.7	2.8	2.8	2.9	2.7	0.0	0.0	6.932	
			R2 P	4.1	4.2	4.1	4.2	4.3	0.0	0.0		

Recognized Poomsae Team / K3 / U30 Years (1st Senior) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Essma Zitoun - GIANG HA - ALESHA CHEN *LTA/ Queens University Taekwondo Club*	GBR	R1 A	2.9	2.9	3.3	2.9	3.0	0.0	0.0	7.233	
			R1 P	4.3	4.2	4.4	4.5	4.1	0.0	0.0		7.216
			R2 A	2.9	3.0	2.9	2.8	2.9	0.0	0.0	7.200	
			R2 P	4.3	4.2	4.4	4.4	4.1	0.0	0.0		

Recognized Poomsae Team / K1 / U11 Years (Peewee) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Herli Doci - Rui Tu - Akshat Jain *Loughton / Loughton / PremierKi*	GBR	R1 A	2.0	2.3	2.1	2.2	2.7	0.0	0.0	6.400	6.366
			R1 P	4.4	4.2	4.1	4.0	4.3	0.0	0.0		
			R2 A	2.1	2.3	2.1	2.2	2.3	0.0	0.0	6.333	
			R2 P	4.4	4.2	4.0	4.2	4.0	0.0	0.0		

Recognized Poomsae Individual / K3 / U30 Years (1st Senior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Thant Htoo Maung *Queens University Taekwondo Club*	GBR	R1 A	2.4	2.5	2.8	2.5	2.8	0.0	0.0	6.733	6.733
			R1 P	4.1	4.2	4.0	4.1	4.4	0.0	0.0		
			R2 A	2.7	2.8	2.7	2.2	2.4	0.0	0.0	6.733	
			R2 P	4.1	4.2	4.1	4.1	4.3	0.0	0.0		

Recognized Poomsae Team / K1 / U11 Years (Peewee) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	An-Yi Kelly - Advita Singh - Aubane Miller *Nomad Phoenix Yamang 01*	GBR	R1 A	2.5	2.6	2.5	3.0	3.0	0.0	0.0	6.933	
			R1 P	4.1	4.3	4.0	4.3	4.6	0.0	0.0		6.999
			R2 A	2.4	2.7	2.8	2.8	2.5	0.0	0.0	7.066	
			R2 P	4.1	4.3	4.4	4.5	4.6	0.0	0.0		

Recognized Poomsae Para / A-Class / P21 (II1) / U14 Years (Cadet) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Lucy Sellwood *Central Taekwondo Academy*	GBR	R1 A	3.6	3.0	3.8	3.7	3.6	0.0	0.0	8.733	8.816
			R1 P	5.7	4.7	5.0	4.9	5.4	0.0	0.0		
			R2 A	3.6	3.6	3.7	3.3	3.6	0.0	0.0	8.900	
			R2 P	5.5	5.3	5.0	5.3	5.3	0.0	0.0		

Recognized Poomsae Para / A-Class / P21 (II1) / U17 Years (Junior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Peter Sellwood *Central Taekwondo Academy*	GBR	R1 A	3.6	3.4	3.5	3.5	3.6	0.0	0.0	8.866	8.949
			R1 P	5.5	5.3	5.0	5.3	5.4	0.0	0.0		
			R2 A	3.6	3.6	3.8	3.6	3.5	0.0	0.0	9.033	
			R2 P	5.6	5.4	5.3	5.5	5.4	0.0	0.0		

Recognized Poomsae Para / A-Class / P21 (II1) / 18+ Years Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Bradley Brockies *Polaris Taekwondo*	GBR	R1 A	3.2	3.5	3.6	3.7	3.4	0.0	0.0	8.700	8.666
			R1 P	5.3	5.2	4.9	5.3	5.1	0.0	0.0		
			R2 A	2.9	3.7	3.6	3.6	3.5	0.0	0.0	8.632	
			R2 P	4.9	5.5	4.9	5.4	4.9	0.0	0.0		
2	Ben Savage *Hwan-Yeong*	GBR	R1 A	2.8	3.0	3.0	2.9	3.2	0.0	0.0	7.632	7.715
			R1 P	5.1	4.6	4.5	4.6	4.8	0.0	0.0		
			R2 A	2.7	3.2	3.3	3.0	3.0	0.0	0.0	7.799	
			R2 P	5.1	4.7	4.7	4.6	4.8	0.0	0.0		

Recognized Poomsae Para / A-Class / P21 (II1) / 18+ Years Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Summer Waheed *NTC - National Taekwondo Club*	GBR	R1 A	2.7	2.9	3.2	3.0	3.1	0.0	0.0	7.700	7.966
			R1 P	4.9	4.6	4.6	4.6	4.9	0.0	0.0		
			R2 A	3.3	3.3	3.5	3.3	3.4	0.0	0.0	8.233	
			R2 P	5.0	4.9	4.7	4.9	4.9	0.0	0.0		

Recognized Poomsae Para / A-Class / P22 (II2) / 18+ Years Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Gabrielle Toas *Chi Taekwondo*	GBR	R1 A	2.4	2.8	2.8	2.9	3.2	0.0	0.0	7.266	7.199
			R1 P	4.6	4.5	4.2	4.2	4.8	0.0	0.0		
			R2 A	2.2	2.7	2.8	2.8	3.2	0.0	0.0	7.132	
			R2 P	4.6	4.1	4.3	4.2	4.9	0.0	0.0		

Recognized Poomsae Para / B-Class / P23 (II3) / U14 Years (Cadet) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Marnie Joud *Putney Taekwondo Club*	GBR	R1 A	3.0	2.8	3.5	3.4	3.4	0.0	0.0	8.299	8.382
			R1 P	5.0	4.6	4.9	5.2	5.4	0.0	0.0		
			R2 A	3.0	3.4	3.6	3.5	3.2	0.0	0.0	8.466	
			R2 P	5.0	5.1	5.2	5.3	4.9	0.0	0.0		
2	JESSICA CASSIDY *Kixstar Dragon Taekwondo*	GBR	R1 A	2.5	3.0	3.1	3.0	3.2	0.0	0.0	7.599	7.566
			R1 P	4.7	4.4	4.6	4.4	4.8	0.0	0.0		
			R2 A	2.6	2.8	3.1	2.9	3.2	0.0	0.0	7.533	
			R2 P	4.8	4.1	4.6	4.6	4.6	0.0	0.0		

Recognized Poomsae Para / A-Class / P23 (II3) / U11 Years (Peewee) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Lois Jacques-Tolley *Kang Han*	GBR	R1 A	2.9	2.9	2.9	2.9	3.4	0.0	0.0	7.533	7.466
			R1 P	4.9	4.6	3.9	4.4	5.1	0.0	0.0		
			R2 A	2.7	2.9	2.8	2.8	3.3	0.0	0.0	7.399	
			R2 P	4.8	4.6	4.1	4.3	5.1	0.0	0.0		

Recognized Poomsae Para / B-Class / P23 (II3) / 18+ Years Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	HIN TUNG ISAAC NG *London Taekwondo Academy*	GBR	R1 A	2.6	3.3	3.3	3.4	3.3	0.0	0.0	8.200	8.133
			R1 P	4.8	5.0	4.8	5.1	4.9	0.0	0.0		
			R2 A	2.9	3.2	3.3	3.3	3.2	0.0	0.0	8.066	
			R2 P	4.8	4.9	4.7	4.8	4.9	0.0	0.0		
2	Richard Carson *Elite Martial Arts Academy*	GBR	R1 A	2.5	2.9	3.1	2.9	3.1	0.0	0.0	7.499	7.516
			R1 P	4.6	4.4	4.6	4.1	4.7	0.0	0.0		
			R2 A	2.5	3.0	3.1	2.9	3.1	0.0	0.0	7.533	
			R2 P	4.5	4.3	4.5	4.6	4.6	0.0	0.0		

Recognized Poomsae Para / A-Class / P23 (II3) / U14 Years (Cadet) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Phinley Parker *team ultimate*	GBR	R1 A	2.5	2.7	2.5	2.8	2.4	0.0	0.0	7.066	6.883
			R1 P	4.8	4.3	4.1	4.4	4.9	0.0	0.0		
			R2 A	2.0	2.6	2.1	2.8	2.2	0.0	0.0	6.700	
			R2 P	4.6	4.3	4.0	4.3	4.8	0.0	0.0		

Recognized Poomsae Para / A-Class / P23 (II3) / U14 Years (Cadet) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Brooke Kirlew *Dorset Taekwondo (GBR)*	GBR	R1 A	3.6	3.6	3.9	3.8	3.6	0.0	0.0	9.066	9.032
			R1 P	5.5	5.3	5.3	5.6	5.4	0.0	0.0		
			R2 A	3.6	3.5	3.9	3.6	3.7	0.0	0.0	8.999	
			R2 P	5.4	5.4	5.3	5.2	5.4	0.0	0.0		
2	Charlie MORLING *Pulse Taekwondo*	GBR	R1 A	3.6	3.5	3.7	3.3	3.6	0.0	0.0	8.632	8.549
			R1 P	5.3	5.2	4.8	4.8	5.2	0.0	0.0		
			R2 A	3.5	3.4	3.8	3.3	3.6	0.0	0.0	8.466	
			R2 P	5.2	5.0	4.8	4.7	5.1	0.0	0.0		

Recognized Poomsae Para / B-Class / P31 / 18+ Years Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Grace Greenwood *NTC - National Taekwondo Club*	GBR	R1 A	2.8	2.9	3.2	2.8	3.2	0.0	0.0	7.632	7.565
			R1 P	4.7	4.6	4.7	4.5	4.7	0.0	0.0		
			R2 A	2.7	2.9	3.2	2.8	3.2	0.0	0.0	7.499	
			R2 P	4.6	4.3	4.7	4.2	4.7	0.0	0.0		

Recognized Poomsae Para / A-Class / P23 (II3) / U17 Years (Junior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	ANGELO ZOTTI *Kixstar Dragon Taekwondo*	GBR	R1 A	3.1	3.2	3.1	3.0	3.3	0.0	0.0	7.866	7.882
			R1 P	4.8	4.7	4.5	4.7	4.9	0.0	0.0		
			R2 A	3.1	3.1	3.0	3.2	3.3	0.0	0.0	7.899	
			R2 P	5.0	4.6	4.5	4.7	5.1	0.0	0.0		
2	JONATHAN MORLING *Pulse Taekwondo*	GBR	R1 A	3.1	3.1	3.1	3.2	3.3	0.0	0.0	7.699	7.732
			R1 P	4.7	4.4	4.4	4.6	4.8	0.0	0.0		
			R2 A	2.9	3.1	3.0	3.2	3.3	0.0	0.0	7.766	
			R2 P	4.7	4.6	4.3	4.7	4.8	0.0	0.0		

Recognized Poomsae Para / B-Class / P34 / U14 Years (Cadet) Female

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Florence Moody *Aquila Taekwondo*	GBR	R1 A	2.8	2.9	3.1	2.8	3.1	0.0	0.0	7.433	7.482
			R1 P	4.6	4.4	4.5	4.4	4.8	0.0	0.0		
			R2 A	2.7	2.9	3.1	2.9	3.1	0.0	0.0	7.532	
			R2 P	4.7	4.4	4.5	4.5	4.7	0.0	0.0		

Recognized Poomsae Para / A-Class / P23 (II3) / U17 Years (Junior) Female

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Lola Howe *Salamander Taekwondo*	GBR	R1 A	2.8	3.4	3.2	2.9	3.2	0.0	0.0	7.566	7.449
			R1 P	4.6	4.5	4.2	4.3	4.9	0.0	0.0		
			R2 A	2.8	2.7	3.2	2.8	2.4	0.0	0.0	7.332	
			R2 P	4.8	4.6	4.0	4.3	4.8	0.0	0.0		

Recognized Poomsae Para / A-Class / P23 (II3) / 18+ Years Female

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Iona Craig *Elite Martial Arts Academy*	GBR	R1 A	3.4	3.4	3.5	3.4	3.6	0.0	0.0	8.533	8.566
			R1 P	5.0	5.2	5.1	4.8	5.2	0.0	0.0		
			R2 A	3.4	3.5	3.5	3.3	3.6	0.0	0.0	8.599	
			R2 P	5.0	5.2	5.1	5.1	5.2	0.0	0.0		
2	Miriam Lowe-Ullah *Loughton Taekwondo*	GBR	R1 A	2.9	2.9	3.2	3.0	3.2	0.0	0.0	7.566	7.449
			R1 P	4.7	4.3	4.5	4.4	4.7	0.0	0.0		
			R2 A	2.7	2.8	2.8	2.9	3.2	0.0	0.0	7.333	
			R2 P	4.6	4.3	4.5	4.4	4.8	0.0	0.0		
3	Georgia Stanley *ATA*	GBR	R1 A	2.7	2.7	3.0	2.8	3.0	0.0	0.0	7.133	7.083
			R1 P	4.5	4.1	4.2	4.2	4.6	0.0	0.0		
			R2 A	2.3	2.7	3.0	2.7	3.1	0.0	0.0	7.033	
			R2 P	4.2	4.3	3.7	4.2	4.5	0.0	0.0		

Recognized Poomsae Para / A-Class / P33 / 18+ Years Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Samantha Carrington *Kang Han*	GBR	R1 A	3.1	2.9	3.0	3.0	3.2	0.0	0.0	7.566	7.682
			R1 P	5.1	4.4	4.5	4.3	4.7	0.0	0.0		
			R2 A	3.1	2.9	3.0	3.0	3.2	0.0	0.0	7.799	
			R2 P	5.1	4.7	4.3	4.8	4.8	0.0	0.0		

Recognized Poomsae Para / A-Class / P44 / 18+ Years Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Eleanor Warrington *Phoenix Taekwondo*	GBR	R1 A	3.1	3.3	3.5	3.4	3.4	0.0	0.0	8.432	8.432
			R1 P	5.2	4.8	4.9	5.3	5.1	0.0	0.0		
			R2 A	3.1	3.4	3.5	3.5	3.4	0.0	0.0	8.433	
			R2 P	5.1	5.0	4.8	5.3	4.9	0.0	0.0		

Recognized Poomsae Para / A-Class / P60 / 18+ Years Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	William Mcnish *NTC - National Taekwondo Club*	GBR	R1 A	2.7	2.9	3.3	2.9	3.1	0.0	0.0	7.699	7.682
			R1 P	4.8	4.9	4.6	4.6	4.8	0.0	0.0		
			R2 A	2.6	2.9	3.2	3.0	3.2	0.0	0.0	7.666	
			R2 P	4.7	4.6	4.7	4.6	4.6	0.0	0.0		

Recognized Poomsae Team / K3 / U14 Years (Cadet) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Alexander Vogiatzis - Pak To Wong - Harvey Gordon *Loughton / Hwan-Yeong / Shin's Academy Altrincham*	GBR	R1 A	3.1	3.0	3.1	2.8	2.7	0.0	0.0	7.632	7.365
			R1 P	4.8	4.8	4.4	4.1	4.8	0.0	0.0		
			R2 A	2.9	2.8	2.9	2.5	2.5	0.0	0.0	7.099	
			R2 P	4.7	4.8	4.3	4.1	4.0	0.0	0.0		

Recognized Poomsae Team / K3 / U14 Years (Cadet) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Lola Chandler - Emily Gigauri - Una Tsui *Loughton Taekwondo*	GBR	R1 A	3.3	3.2	3.3	3.1	3.5	0.0	0.0	8.199	
			R1 P	5.1	4.9	4.8	4.8	5.5	0.0	0.0		8.166
			R2 A	3.3	3.2	3.2	3.2	3.4	0.0	0.0	8.133	
			R2 P	4.9	5.0	4.8	4.8	5.4	0.0	0.0		
2	Mia Iddon - Sofia Terrile - Lukshmi Evans *Aquila / Gajok*	GBR	R1 A	3.0	2.7	2.9	3.0	2.9	0.0	0.0	7.566	
			R1 P	4.9	4.5	4.5	4.4	4.9	0.0	0.0		7.566
			R2 A	3.1	3.0	3.1	2.8	3.0	0.0	0.0	7.566	
			R2 P	4.8	4.6	4.5	4.5	4.0	0.0	0.0		
3	Darcy Winter - Georgia Peel - Leia Wibberley *Harrogate KTA / Gajok Taekwondo / Best Leg Taekwondo*	GBR	R1 A	2.2	2.0	2.5	2.4	2.2	0.0	0.0	6.432	
			R1 P	4.2	4.2	4.3	4.1	3.8	0.0	0.0		6.782
			R2 A	2.6	2.6	3.0	2.7	2.4	0.0	0.0	7.133	
			R2 P	4.5	4.5	4.5	4.5	4.2	0.0	0.0		

Recognized Poomsae Team / K2 / U9 Years (Mini/Micro) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Conner BRITAIN - Gervais CHOU - Sulaiman MOHAMMED SHOAIB NAWAZ *Pulse Taekwondo*	GBR	R1 A	3.2	3.2	2.9	3.0	3.0	0.0	0.0	7.799	7.666
			R1 P	5.0	4.8	4.7	4.7	4.6	0.0	0.0		
			R2 A	2.9	2.9	2.8	2.7	2.8	0.0	0.0	7.533	
			R2 P	4.8	4.9	4.8	4.5	4.4	0.0	0.0		
2	Miles Nyland-Frimpong - Zoravar Degun - Sai Ashwin Vinoth *Loughton / PremierKi / PremierKi*	GBR	R1 A	3.1	2.8	2.6	2.9	3.1	0.0	0.0	7.699	7.566
			R1 P	4.8	4.8	4.8	4.7	4.4	0.0	0.0		
			R2 A	3.1	2.6	2.4	2.9	2.7	0.0	0.0	7.433	
			R2 P	4.8	4.8	4.7	4.6	4.5	0.0	0.0		
3	Sahas Gurung - Russils Vacalares - Oscar Villanueva *STKDD and Pulse Taekwondo and Win Taekwondo Academy*	GBR	R1 A	2.3	2.5	2.8	2.7	2.6	0.0	0.0	7.000	7.149
			R1 P	4.5	4.3	4.4	4.7	4.0	0.0	0.0		
			R2 A	2.7	2.9	2.7	2.9	2.5	0.0	0.0	7.299	
			R2 P	4.9	4.5	4.5	4.6	4.0	0.0	0.0		

Recognized Poomsae Team / K2 / U9 Years (Mini/Micro) Female

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	simal waqas - Joy Rana - Tsyoden Lama *STKDD*	GBR	R1 A	3.1	2.8	2.8	2.5	3.1	0.0	0.0	7.933	8.083
			R1 P	5.1	5.0	5.0	4.7	5.1	0.0	0.0		
			R2 A	3.4	3.1	2.8	3.2	3.0	0.0	0.0	8.233	
			R2 P	5.3	5.1	5.0	5.1	5.2	0.0	0.0		
2	Aariya Amrit - Radiya Azwaa Saraswati - Anna-Maria Panova *Loughton / Win / Win*	GBR	R1 A	3.1	2.9	2.7	2.7	2.9	0.0	0.0	7.733	7.733
			R1 P	4.9	4.9	4.9	4.6	5.0	0.0	0.0		
			R2 A	3.0	2.7	2.6	2.9	2.9	0.0	0.0	7.733	
			R2 P	5.1	4.9	4.6	4.8	5.0	0.0	0.0		
3	Luisa Balai - Amarah Lucero - Renee-Mae Swietlinska *Nomad Pulse Pulse 01*	GBR	R1 A	3.1	2.8	2.5	2.8	2.7	0.0	0.0	7.599	7.566
			R1 P	5.1	5.0	4.8	4.6	4.7	0.0	0.0		
			R2 A	2.8	2.7	2.7	2.9	2.7	0.0	0.0	7.533	
			R2 P	4.9	5.1	4.8	4.7	4.7	0.0	0.0		
4	Morgan Chapman - Cheuk Ki Yip - Dariya Ali *PremierKi / AP / Shins Academy Altrincham*	GBR	R1 A	2.9	2.4	2.8	2.7	2.5	0.0	0.0	7.166	7.049
			R1 P	5.2	4.4	4.5	4.4	4.6	0.0	0.0		
			R2 A	2.5	2.6	2.8	2.5	2.3	0.0	0.0	6.933	
			R2 P	4.7	4.4	4.4	4.4	4.4	0.0	0.0		

Recognized Poomsae Pair / K3 / U14 Years (Cadet)

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Alexander Vogiatzis - Emily Gigauri *Loughton Taekwondo*	GBR	R1 A	3.3	3.2	3.0	3.3	3.0	0.0	0.0	7.999	7.999
			R1 P	4.9	4.9	4.8	4.8	4.7	0.0	0.0		
			R2 A	3.4	3.2	3.0	3.2	2.8	0.0	0.0	7.999	
			R2 P	4.8	5.0	4.9	4.8	4.9	0.0	0.0		
2	Darcy Winter - Shujanakan Ketheeswaran *Best Leg / Modokwon UK*	GBR	R1 A	3.5	3.1	2.7	3.2	3.1	0.0	0.0	7.899	7.832
			R1 P	5.1	4.6	4.6	4.8	4.9	0.0	0.0		
			R2 A	3.3	3.1	2.5	3.1	2.8	0.0	0.0	7.766	
			R2 P	5.2	4.8	4.7	4.7	4.8	0.0	0.0		
3	Lola Chandler - Harvey Gordon *Loughton / Hwan-Yeong*	GBR	R1 A	3.5	3.1	2.9	2.8	2.8	0.0	0.0	7.766	7.799
			R1 P	5.0	4.8	4.8	4.5	4.9	0.0	0.0		
			R2 A	3.3	3.2	2.9	3.1	2.6	0.0	0.0	7.832	
			R2 P	4.9	4.8	4.8	4.7	4.7	0.0	0.0		
4	Una Tsui - Pak To Wong *Loughton / Shin's Academy Altrincham*	GBR	R1 A	3.4	2.8	2.9	3.2	2.9	0.0	0.0	7.633	7.633
			R1 P	4.8	4.6	4.6	4.7	4.6	0.0	0.0		
			R2 A	3.3	3.0	3.0	3.0	2.8	0.0	0.0	7.633	
			R2 P	4.8	4.5	4.7	4.7	4.4	0.0	0.0		
5	Lawrence Russell - Leia Wibberley *Harrogate KTA*	GBR	R1 A	3.3	3.2	2.9	3.2	2.7	0.0	0.0	7.666	7.499
			R1 P	4.8	4.5	4.2	4.7	4.5	0.0	0.0		
			R2 A	3.3	3.1	2.5	2.7	2.8	0.0	0.0	7.332	
			R2 P	4.9	4.6	4.3	4.5	4.2	0.0	0.0		

Recognized Poomsae Individual / K2 / U9 Years (Mini Peewee) Female

British National Poomsae Championships 2026

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Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Simal Waqas *Kixstar Dragon Taekwondo*	GBR	R1 A	3.3	3.3	2.9	3.3	3.1	0.0	0.0	8.299	8.316
			R1 P	5.1	5.1	5.0	5.1	4.9	0.0	0.0		
			R2 A	3.4	3.2	2.9	3.4	3.0	0.0	0.0	8.333	
			R2 P	5.2	5.1	5.0	5.1	5.2	0.0	0.0		
2	Joy Rana *STKDD*	GBR	R1 A	3.5	3.1	3.1	3.4	3.0	0.0	0.0	8.433	8.299
			R1 P	5.3	5.2	5.2	5.3	5.1	0.0	0.0		
			R2 A	3.1	3.0	3.0	3.3	2.9	0.0	0.0	8.166	
			R2 P	5.1	5.2	5.1	5.2	5.1	0.0	0.0		
3	Luisa Balai *Nomad Taekwondo*	GBR	R1 A	3.4	3.3	2.9	3.1	3.2	0.0	0.0	8.333	8.249
			R1 P	5.1	5.1	4.8	5.3	5.2	0.0	0.0		
			R2 A	3.4	3.0	3.0	3.1	3.1	0.0	0.0	8.166	
			R2 P	5.2	5.1	5.0	5.2	4.5	0.0	0.0		
4	Radiya Azwaa Saraswati *Win Taekwondo Academy*	GBR	R1 A	3.5	3.2	2.8	3.2	2.7	0.0	0.0	8.166	8.183
			R1 P	5.3	5.2	4.9	5.2	4.1	0.0	0.0		
			R2 A	3.2	3.2	2.7	3.0	2.8	0.0	0.0	8.200	
			R2 P	5.3	5.3	5.2	5.1	4.2	0.0	0.0		
5	Asra Rahimi *London Taekwondo Academy*	GBR	R1 A	3.3	3.2	2.8	2.9	3.4	0.0	0.0	7.933	7.866
			R1 P	4.9	4.6	4.9	4.5	5.3	0.0	0.0		
			R2 A	3.1	3.2	2.9	2.8	3.0	0.0	0.0	7.800	
			R2 P	4.9	4.6	4.9	4.6	4.9	0.0	0.0		
6	Cheuk Ki Yip *Shin's Academy Altrincham*	GBR	R1 A	3.2	3.2	3.0	3.1	2.7	0.0	0.0	7.866	7.766
			R1 P	5.0	4.7	4.9	4.7	4.4	0.0	0.0		
			R2 A	3.0	2.8	3.0	2.9	2.8	0.0	0.0	7.666	
			R2 P	4.8	4.8	5.0	4.7	4.6	0.0	0.0		
7	Aariya Amrit *Loughton Taekwondo*	GBR	R1 A	3.1	3.1	2.6	2.9	3.0	0.0	0.0	7.733	7.716
			R1 P	5.0	4.7	4.6	4.7	4.8	0.0	0.0		
			R2 A	3.1	3.0	2.5	2.8	2.9	0.0	0.0	7.700	
			R2 P	5.0	4.6	4.8	4.7	4.9	0.0	0.0		
8	RENEE-MAE SWIETLINSKA *Pulse Taekwondo*	GBR	R1 A	3.2	2.9	2.7	2.9	3.0	0.0	0.0	7.733	7.683
			R1 P	4.8	4.8	4.8	4.8	4.7	0.0	0.0		
			R2 A	3.1	2.8	2.8	2.8	2.8	0.0	0.0	7.633	
			R2 P	4.9	5.0	4.8	4.8	4.5	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	KRISHA MAE THAPA *London Taekwondo Academy*	GBR	R1 A	2.8	2.9	2.9	3.0	3.2	0.0	0.0	7.633	7.649
			R1 P	4.7	4.5	4.8	4.6	5.2	0.0	0.0		
			R2 A	2.9	2.9	2.7	3.0	3.2	0.0	0.0	7.666	
			R2 P	4.7	4.5	4.8	4.7	5.3	0.0	0.0		
10	Tsyoden Lama *STKDD*	GBR	R1 A	3.2	3.3	2.6	3.0	2.8	0.0	0.0	7.666	7.599
			R1 P	5.1	4.6	4.8	4.6	4.2	0.0	0.0		
			R2 A	3.0	2.8	2.8	2.9	2.9	0.0	0.0	7.532	
			R2 P	4.9	4.5	4.8	4.6	4.6	0.0	0.0		
11	AMARAH LUCERO *Pulse Taekwondo*	GBR	R1 A	3.3	2.4	2.8	2.4	2.5	0.0	0.0	7.199	7.149
			R1 P	5.0	4.5	4.8	4.6	4.3	0.0	0.0		
			R2 A	3.0	2.4	2.8	2.2	1.9	0.0	0.0	7.099	
			R2 P	4.9	4.7	4.8	4.4	4.2	0.0	0.0		
12	Anna Maria Panova *Win Taekwondo Academy*	GBR	R1 A	2.8	2.8	2.6	2.4	2.4	0.0	0.0	7.300	7.116
			R1 P	4.8	4.9	4.8	4.5	4.4	0.0	0.0		
			R2 A	2.5	2.4	2.2	2.2	2.6	0.0	0.0	6.932	
			R2 P	4.8	4.5	4.7	4.5	4.5	0.0	0.0		
13	Morgan Chapman *PremierKi*	GBR	R1 A	2.3	2.0	1.9	1.8	2.6	0.0	0.0	6.432	6.799
			R1 P	4.6	4.2	5.0	4.3	3.8	0.0	0.0		
			R2 A	3.2	2.5	2.2	2.7	2.6	0.0	0.0	7.166	
			R2 P	5.1	4.2	4.9	4.6	4.0	0.0	0.0		
14	Dariya Ali *AP Taekwondo Academy*	GBR	R1 A	2.4	2.2	2.7	2.5	1.9	0.0	0.0	6.732	6.549
			R1 P	4.7	4.2	4.6	4.3	3.8	0.0	0.0		
			R2 A	1.8	2.0	2.4	2.6	1.8	0.0	0.0	6.366	
			R2 P	4.4	4.2	4.5	4.3	3.9	0.0	0.0		

Recognized Poomsae Individual / K2 / U9 Years (Mini Peewee) Female

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Joy Rana *STKDD*	GBR	R1 A	3.3	3.1	3.3	3.4	3.2	0.0	0.0	8.499	8.516
			R1 P	5.3	5.1	5.2	5.2	5.4	0.0	0.0		
			R2 A	3.3	3.3	3.2	3.3	3.4	0.0	0.0	8.533	
			R2 P	5.2	5.0	5.2	5.3	5.4	0.0	0.0		
2	Luisa Balai *Nomad Taekwondo*	GBR	R1 A	3.3	3.3	2.9	3.4	3.1	0.0	0.0	8.466	8.466
			R1 P	5.2	5.2	4.9	5.3	5.3	0.0	0.0		
			R2 A	3.2	3.2	2.7	3.3	3.1	0.0	0.0	8.466	
			R2 P	5.3	5.3	4.8	5.3	5.3	0.0	0.0		
3	Radiya Azwaa Saraswati *Win Taekwondo Academy*	GBR	R1 A	3.4	3.2	2.9	3.3	3.0	0.0	0.0	8.266	8.249
			R1 P	5.4	5.1	4.8	5.1	5.1	0.0	0.0		
			R2 A	3.0	3.2	3.1	2.8	3.2	0.0	0.0	8.233	
			R2 P	5.2	5.3	4.9	5.0	5.2	0.0	0.0		
4	Simal Waqas *Kixstar Dragon Taekwondo*	GBR	R1 A	3.3	2.7	2.8	3.0	3.0	0.0	0.0	7.999	8.166
			R1 P	5.2	5.1	4.8	5.0	5.1	0.0	0.0		
			R2 A	3.2	3.1	3.2	3.2	3.2	0.0	0.0	8.333	
			R2 P	5.2	5.1	5.1	5.1	5.2	0.0	0.0		
5	RENEE-MAE SWIETLINSKA *Pulse Taekwondo*	GBR	R1 A	3.3	3.1	2.6	3.1	2.7	0.0	0.0	7.732	7.565
			R1 P	5.0	4.8	4.5	4.8	4.7	0.0	0.0		
			R2 A	2.9	2.4	2.8	2.6	2.6	0.0	0.0	7.399	
			R2 P	4.9	4.9	4.5	4.7	4.6	0.0	0.0		
6	Cheuk Ki Yip *Shin's Academy Altrincham*	GBR	R1 A	3.2	3.0	2.9	2.9	2.9	0.0	0.0	7.666	7.532
			R1 P	5.0	4.7	4.8	4.5	4.7	0.0	0.0		
			R2 A	2.8	2.7	2.6	2.8	2.8	0.0	0.0	7.399	
			R2 P	4.8	4.6	4.4	4.5	4.8	0.0	0.0		
7	Asra Rahimi *London Taekwondo Academy*	GBR	R1 A	3.0	3.2	3.4	2.7	2.8	0.0	0.0	7.900	7.416
			R1 P	5.0	4.9	5.1	4.5	4.8	0.0	0.0		
			R2 A	2.6	2.4	2.9	2.3	2.1	0.0	0.0	6.933	
			R2 P	4.5	4.6	4.9	4.3	4.4	0.0	0.0		
8	Aariya Amrit *Loughton Taekwondo*	GBR	R1 A	2.9	2.8	2.7	2.9	2.6	0.0	0.0	7.400	7.416
			R1 P	5.0	4.7	4.5	4.6	4.5	0.0	0.0		
			R2 A	2.4	2.6	2.7	2.9	2.8	0.0	0.0	7.433	
			R2 P	4.8	4.8	4.4	4.7	4.7	0.0	0.0		

Recognized Poomsae Pair / K2 / U9 Years (Mini/Micro)

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Luisa Balai - Ka Yin Nathan Ng *Nomad Shin's Academy Altrincham 02*	GBR	R1 A	3.2	3.1	2.8	3.2	2.8	0.0	0.0	7.866	7.932
			R1 P	4.7	4.9	4.9	5.1	4.4	0.0	0.0		
			R2 A	3.3	3.2	3.0	2.9	2.6	0.0	0.0	7.999	
			R2 P	5.0	4.9	5.0	5.0	4.1	0.0	0.0		
2	Miles Nyland-Frimpong - Aariya Amrit *Loughton Taekwondo*	GBR	R1 A	2.6	3.2	2.9	3.2	2.9	0.0	0.0	7.800	7.733
			R1 P	4.5	4.8	4.8	5.0	4.8	0.0	0.0		
			R2 A	2.9	3.0	2.8	3.1	2.8	0.0	0.0	7.666	
			R2 P	4.6	4.8	4.9	4.9	4.6	0.0	0.0		
3	Russils Vacalares - Renee-Mae SWIETLINSKA *Pulse Taekwondo*	GBR	R1 A	2.9	2.9	3.0	3.3	2.8	0.0	0.0	7.699	7.682
			R1 P	4.8	4.7	4.8	4.8	4.7	0.0	0.0		
			R2 A	3.1	2.9	2.9	2.8	3.0	0.0	0.0	7.666	
			R2 P	4.9	4.7	4.5	4.7	4.8	0.0	0.0		
4	Radiya Azwaa Saraswati - Oscar Villanueva *Win Taekwondo Academy*	GBR	R1 A	3.0	3.2	2.9	3.0	2.7	0.0	0.0	7.766	7.666
			R1 P	4.8	4.8	5.0	4.8	4.2	0.0	0.0		
			R2 A	2.9	2.9	2.4	3.0	2.7	0.0	0.0	7.566	
			R2 P	4.6	4.9	4.9	4.7	4.3	0.0	0.0		
5	KRISHA MAE THAPA - AHAAN NAYAK *London Taekwondo Academy*	GBR	R1 A	2.6	3.2	2.9	2.9	3.2	0.0	0.0	7.700	7.649
			R1 P	4.5	4.7	4.7	4.7	4.9	0.0	0.0		
			R2 A	2.7	3.1	2.7	2.7	3.1	0.0	0.0	7.599	
			R2 P	4.7	4.9	4.8	4.6	4.8	0.0	0.0		
6	Sahas Gurung - Tsyoden Lama *STKDD*	GBR	R1 A	2.5	2.8	2.8	2.9	2.5	0.0	0.0	7.166	7.199
			R1 P	4.2	4.7	4.3	4.7	4.4	0.0	0.0		
			R2 A	2.6	2.8	2.7	2.8	2.7	0.0	0.0	7.233	
			R2 P	4.5	4.5	4.3	4.5	4.5	0.0	0.0		
7	Amarah LUCERO - Conner BRITAIN *Pulse Taekwondo*	GBR	R1 A	2.5	2.4	2.5	2.5	2.6	0.0	0.0	6.866	6.799
			R1 P	4.5	4.3	4.4	4.4	4.0	0.0	0.0		
			R2 A	2.4	2.4	2.5	2.5	2.4	0.0	0.0	6.733	
			R2 P	4.3	4.3	4.2	4.3	4.3	0.0	0.0		

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
8	Gervais Chou - Anna Maria Panova *Pulse Taekwondo and Win Taekwondo Academy*	GBR	R1 A	2.7	2.5	2.6	2.5	2.4	0.0	0.0	6.866	
			R1 P	4.5	4.2	4.7	4.3	4.0	0.0	0.0		6.749
			R2 A	2.4	2.6	2.3	2.4	2.5	0.0	0.0	6.633	
			R2 P	4.2	4.3	4.2	4.2	4.2	0.0	0.0		
9	Morgan Chapman - Sai Ashwin Vinoth *PremierKi*	GBR	R1 A	2.6	2.6	2.5	2.4	3.2	0.0	0.0	7.032	
			R1 P	4.4	4.3	4.8	4.3	4.7	0.0	0.0		6.499
			R2 A	2.3	2.0	1.8	2.0	1.8	0.0	0.0	5.966	
			R2 P	4.0	4.2	4.3	3.9	3.8	0.0	0.0		

Recognized Poomsae Family / Team / Mixed

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Julia Del Olmo - Alba Gillespie - Santiago Gillespie *Loughton Taekwondo*	GBR	R1 A	2.8	2.7	2.8	2.7	2.7	0.0	0.0	7.233	
			R1 P	4.5	4.5	4.9	4.5	4.3	0.0	0.0		7.166
			R2 A	2.5	2.6	2.6	2.6	2.4	0.0	0.0	7.099	
			R2 P	4.4	4.8	4.9	4.4	4.4	0.0	0.0		

Recognized Poomsae Family / Team / Kup

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Alan Shum - Hanna Shum - Sophie Shum *Phoenix Taekwondo*	GBR	R1 A	3.1	3.2	3.1	3.2	3.3	0.0	0.0	7.932	
			R1 P	4.7	4.7	4.9	4.9	4.6	0.0	0.0		7.799
			R2 A	2.8	3.2	3.0	2.8	2.9	0.0	0.0	7.666	
			R2 P	4.7	4.9	4.8	4.7	4.8	0.0	0.0		
2	Tai Wai Tsui - Stella Yu-Ying Tsui - Ralphie Tsui *Loughton Taekwondo*	GBR	R1 A	2.9	3.2	3.0	3.0	3.0	0.0	0.0	7.833	
			R1 P	4.8	4.9	4.9	4.8	4.6	0.0	0.0		7.666
			R2 A	2.7	3.1	2.8	2.8	2.9	0.0	0.0	7.499	
			R2 P	4.5	4.8	4.8	4.7	4.5	0.0	0.0		
3	Ahmed Ahmed - Adam Ahmed - Wala Ahmed *London Taekwondo Academy*	GBR	R1 A	2.4	2.8	3.0	2.8	3.0	0.0	0.0	7.432	
			R1 P	4.4	4.6	4.8	4.4	4.7	0.0	0.0		7.265
			R2 A	2.5	2.9	2.7	2.5	2.7	0.0	0.0	7.099	
			R2 P	4.4	4.5	4.6	4.3	4.5	0.0	0.0		
4	Louise Eastland - Eve Eastland - Jack Eastland *PremierKi*	GBR	R1 A	2.5	2.4	2.9	2.4	2.5	0.0	0.0	6.666	
			R1 P	4.2	4.2	4.5	4.2	4.2	0.0	0.0		6.732
			R2 A	2.4	2.6	2.8	2.5	2.6	0.0	0.0	6.799	
			R2 P	4.2	4.2	4.2	4.3	4.3	0.0	0.0		
5	Elsa Scanlon - Katrin Scanlon - Benjamin Scanlon *PremierKi*	GBR	R1 A	2.4	2.4	2.3	2.4	2.4	0.0	0.0	6.766	
			R1 P	4.5	4.4	4.4	4.3	4.3	0.0	0.0		6.632
			R2 A	2.1	2.4	2.3	2.2	2.3	0.0	0.0	6.499	
			R2 P	4.2	4.4	4.3	4.2	4.2	0.0	0.0		

Recognized Poomsae Individual / K2 / U11 Years (Peewee) Male

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Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	MYRON SCHEIBER *London Taekwondo Academy*	GBR	R1 A	3.3	3.3	2.9	3.2	2.9	0.0	0.0	8.233	8.282
			R1 P	5.4	5.2	5.0	5.1	4.9	0.0	0.0		
			R2 A	3.1	3.3	3.0	3.3	3.1	0.0	0.0	8.332	
			R2 P	5.4	5.3	5.0	5.2	5.0	0.0	0.0		
2	IVAAN CHAKRABORTY *London Taekwondo Academy*	GBR	R1 A	2.7	3.3	2.9	3.1	3.4	0.0	0.0	7.966	7.883
			R1 P	4.5	5.0	4.8	4.8	5.2	0.0	0.0		
			R2 A	2.7	3.0	2.7	3.0	3.1	0.0	0.0	7.800	
			R2 P	4.4	5.0	5.0	4.8	4.9	0.0	0.0		
3	Henry Wells *Aquila Taekwondo*	GBR	R1 A	3.1	3.0	3.0	3.2	2.4	0.0	0.0	7.966	7.782
			R1 P	5.1	4.8	5.1	4.9	4.1	0.0	0.0		
			R2 A	3.1	2.7	2.6	2.8	2.7	0.0	0.0	7.599	
			R2 P	5.1	4.7	5.1	4.8	4.4	0.0	0.0		
4	Luke Hyde *Win Taekwondo Academy*	GBR	R1 A	2.7	3.2	2.6	2.8	2.7	0.0	0.0	7.566	7.532
			R1 P	4.9	4.9	4.9	4.7	4.2	0.0	0.0		
			R2 A	2.6	3.0	2.7	2.9	2.6	0.0	0.0	7.499	
			R2 P	4.8	4.8	4.8	4.7	4.2	0.0	0.0		
5	Quintin Ting Hei Chu *British Taekwondo Jung Do Kwan*	GBR	R1 A	2.6	2.8	2.7	2.8	2.7	0.0	0.0	7.466	7.416
			R1 P	4.7	4.9	4.8	4.7	4.2	0.0	0.0		
			R2 A	2.7	2.7	2.8	2.8	2.6	0.0	0.0	7.366	
			R2 P	4.9	4.6	4.7	4.6	4.2	0.0	0.0		
6	SAID MUSTAFA KHELWATTY *London Taekwondo Academy*	GBR	R1 A	2.7	2.8	2.8	2.8	2.8	0.0	0.0	7.466	7.366
			R1 P	4.6	4.7	4.9	4.6	4.7	0.0	0.0		
			R2 A	2.5	3.1	2.6	2.6	2.7	0.0	0.0	7.266	
			R2 P	4.5	4.8	4.6	4.5	4.8	0.0	0.0		
7	Lennon Wallis *Win Taekwondo Academy*	GBR	R1 A	2.9	2.9	2.6	2.8	2.5	0.0	0.0	7.432	7.332
			R1 P	4.9	4.5	4.8	4.7	3.9	0.0	0.0		
			R2 A	2.9	2.3	2.6	2.7	2.6	0.0	0.0	7.233	
			R2 P	5.1	4.4	4.8	4.6	4.0	0.0	0.0		
8	Yaseen Dildar *London Taekwondo Academy*	GBR	R1 A	2.6	2.8	2.8	2.4	2.8	0.0	0.0	7.266	7.233
			R1 P	4.6	4.5	4.6	4.3	4.5	0.0	0.0		
			R2 A	2.5	2.9	2.3	2.6	2.7	0.0	0.0	7.200	
			R2 P	4.8	4.6	4.5	4.4	4.7	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Khehon Alexander-Pearson *Aquila Taekwondo*	GBR	R1 A	2.8	3.0	2.5	2.6	2.3	0.0	0.0	7.233	7.216
			R1 P	5.0	4.7	4.7	4.4	4.0	0.0	0.0		
			R2 A	2.8	2.7	2.4	2.7	2.4	0.0	0.0	7.200	
			R2 P	5.0	4.7	4.6	4.5	4.2	0.0	0.0		
10	Henry Scott *Hwan-Yeong*	GBR	R1 A	2.6	3.1	2.6	2.9	2.8	0.0	0.0	7.332	7.132
			R1 P	4.4	4.8	4.6	4.7	4.4	0.0	0.0		
			R2 A	2.1	2.8	2.5	2.3	2.4	0.0	0.0	6.933	
			R2 P	4.6	4.8	4.6	4.4	4.0	0.0	0.0		
11	Tomas Alejandro Purcaru *Carlton Arena Taekwondo*	GBR	R1 A	2.5	2.8	2.5	2.8	2.6	0.0	0.0	7.166	7.049
			R1 P	4.5	4.6	4.6	4.5	4.4	0.0	0.0		
			R2 A	2.3	2.4	2.6	2.6	2.2	0.0	0.0	6.933	
			R2 P	4.2	4.6	4.6	4.5	4.4	0.0	0.0		
12	Kamran Ullah *AP Taekwondo Academy*	GBR	R1 A	2.5	2.8	2.6	2.6	2.5	0.0	0.0	7.166	7.032
			R1 P	4.7	4.7	4.6	4.5	4.2	0.0	0.0		
			R2 A	2.5	2.5	2.4	2.4	2.2	0.0	0.0	6.899	
			R2 P	4.7	4.7	4.4	4.3	4.0	0.0	0.0		
13	Jake Shearer *Shin's Academy Altrincham*	GBR	R1 A	2.4	2.8	2.5	2.6	2.8	0.0	0.0	6.999	6.999
			R1 P	4.3	4.6	4.9	4.2	3.9	0.0	0.0		
			R2 A	2.5	2.8	2.5	2.7	2.5	0.0	0.0	6.999	
			R2 P	4.6	4.5	4.5	4.3	3.9	0.0	0.0		
14	Rohan Joshi *PremierKi*	GBR	R1 A	2.8	2.9	2.8	2.6	2.7	0.0	0.0	7.232	6.965
			R1 P	4.4	4.6	4.6	4.4	4.2	0.0	0.0		
			R2 A	2.5	2.2	2.4	2.2	2.6	0.0	0.0	6.699	
			R2 P	4.4	4.3	4.4	4.1	4.3	0.0	0.0		
15	Daniel Gardner *Hwan-Yeong*	GBR	R1 A	2.6	2.8	2.6	2.4	2.6	0.0	0.0	7.000	6.866
			R1 P	4.5	4.5	4.5	4.2	3.9	0.0	0.0		
			R2 A	2.4	2.4	2.5	2.3	2.6	0.0	0.0	6.733	
			R2 P	4.4	4.5	4.3	4.2	4.1	0.0	0.0		
16	Ethan Thompson *Carlton Arena Taekwondo*	GBR	R1 A	2.2	2.2	2.0	2.0	1.8	0.0	0.0	6.099	6.232
			R1 P	4.3	4.1	4.2	3.7	3.8	0.0	0.0		
			R2 A	2.4	2.4	2.1	2.3	2.0	0.0	0.0	6.366	
			R2 P	4.4	4.2	4.2	3.9	3.9	0.0	0.0		
17	Mohib Syed *PremierKi*	GBR	R1 A	2.3	2.3	2.0	2.3	1.7	0.0	0.0	6.333	6.133
			R1 P	4.2	4.1	4.4	4.1	3.8	0.0	0.0		
			R2 A	2.0	2.0	2.0	2.0	1.0	0.0	0.0	5.933	
			R2 P	3.9	4.1	4.1	3.8	2.1	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
18	Jayden Ngoe *Quest Taekwondo*	GBR	R1 A	2.2	2.4	2.3	2.2	1.6	0.0	0.0	6.433	6.049
			R1 P	4.0	4.4	4.7	4.2	3.9	0.0	0.0		
			R2 A	1.4	2.0	2.0	1.9	1.0	0.0	0.0	5.666	
			R2 P	3.6	4.2	4.6	3.9	3.0	0.0	0.0		
19	Pranav Chauhan *Quest Taekwondo*	GBR	R1 A	2.1	2.0	2.0	1.9	0.8	0.0	0.0	5.932	5.799
			R1 P	4.0	4.2	4.1	3.8	2.4	0.0	0.0		
			R2 A	2.0	2.0	2.2	1.7	0.9	0.0	0.0	5.666	
			R2 P	3.6	4.2	4.0	3.7	2.1	0.0	0.0		

Recognized Poomsae Individual / K2 / U11 Years (Peewee) Male

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	MYRON SCHEIBER *London Taekwondo Academy*	GBR	R1 A	3.3	3.3	3.1	3.4	3.3	0.0	0.0	8.533	8.466
			R1 P	5.3	5.2	5.1	5.3	5.2	0.0	0.0		
			R2 A	3.1	3.2	3.2	3.2	3.1	0.0	0.0	8.399	
			R2 P	5.2	5.2	5.2	5.3	5.3	0.0	0.0		
2	Henry Wells *Aquila Taekwondo*	GBR	R1 A	3.3	3.1	3.0	3.3	3.2	0.0	0.0	8.300	8.133
			R1 P	5.3	4.8	5.1	5.1	5.1	0.0	0.0		
			R2 A	2.8	3.1	2.8	3.1	2.9	0.0	0.0	7.966	
			R2 P	5.2	4.9	5.0	5.0	5.1	0.0	0.0		
3	IVAAN CHAKRABORTY *London Taekwondo Academy*	GBR	R1 A	2.8	3.2	3.0	3.1	2.9	0.0	0.0	7.933	7.933
			R1 P	5.0	4.9	5.0	4.8	4.9	0.0	0.0		
			R2 A	2.6	3.2	3.0	3.1	3.0	0.0	0.0	7.933	
			R2 P	4.9	5.0	4.9	4.9	4.9	0.0	0.0		
4	Quintin Ting Hei Chu *British Taekwondo Jung Do Kwan*	GBR	R1 A	3.1	2.9	2.8	2.9	3.1	0.0	0.0	7.866	7.849
			R1 P	5.0	4.8	4.9	4.8	5.2	0.0	0.0		
			R2 A	2.9	3.0	2.8	3.0	2.7	0.0	0.0	7.833	
			R2 P	5.0	4.9	4.9	4.9	5.1	0.0	0.0		
5	Luke Hyde *Win Taekwondo Academy*	GBR	R1 A	2.8	3.1	2.8	2.6	3.0	0.0	0.0	7.732	7.715
			R1 P	5.0	4.6	5.0	4.6	5.3	0.0	0.0		
			R2 A	2.6	3.2	2.9	2.9	2.8	0.0	0.0	7.699	
			R2 P	5.1	4.7	4.8	4.7	5.0	0.0	0.0		
6	SAID MUSTAFA KHELWATTY *London Taekwondo Academy*	GBR	R1 A	2.7	3.1	2.7	2.8	2.7	0.0	0.0	7.366	7.333
			R1 P	4.5	4.7	4.8	4.7	4.4	0.0	0.0		
			R2 A	2.4	2.9	2.5	2.8	2.5	0.0	0.0	7.300	
			R2 P	4.6	4.8	4.8	4.7	4.6	0.0	0.0		
7	Lennon Wallis *Win Taekwondo Academy*	GBR	R1 A	2.5	3.0	2.8	2.7	2.5	0.0	0.0	7.399	7.266
			R1 P	4.8	4.8	4.8	4.6	4.3	0.0	0.0		
			R2 A	2.6	2.9	2.6	2.4	2.4	0.0	0.0	7.133	
			R2 P	4.6	4.8	4.7	4.5	4.3	0.0	0.0		
8	Yaseen Dildar *London Taekwondo Academy*	GBR	R1 A	2.4	2.8	2.1	2.5	2.4	0.0	0.0	6.966	7.082
			R1 P	4.5	4.7	4.8	4.4	4.4	0.0	0.0		
			R2 A	2.5	2.8	2.7	2.6	2.6	0.0	0.0	7.199	
			R2 P	4.5	4.7	4.7	4.5	4.3	0.0	0.0		

Recognized Poomsae Individual / K1 / U45 Years (2nd Senior) Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Friedrich Alidair Sarigumba *Peak Performance Academy*	GBR	R1 A	2.6	3.0	2.9	2.7	2.6	0.0	0.0	7.433	7.399
			R1 P	4.8	4.8	4.9	4.5	4.5	0.0	0.0		
			R2 A	2.4	2.9	2.8	2.5	2.7	0.0	0.0	7.366	
			R2 P	4.7	4.8	4.8	4.5	4.6	0.0	0.0		

Recognized Poomsae Individual / K2 / U30 Years (1st Senior) Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Sundus Al-Nusairi *New Generation Taekwondo Club*	GBR	R1 A	3.0	3.0	2.9	3.0	2.9	0.0	0.0	7.899	7.849
			R1 P	4.9	4.7	4.9	5.0	5.1	0.0	0.0		
			R2 A	2.6	3.2	2.9	2.9	2.9	0.0	0.0	7.800	
			R2 P	4.9	4.9	4.9	4.9	4.9	0.0	0.0		
2	Tarina Franklin *Taekwondo Tribe*	GBR	R1 A	3.1	3.2	2.9	3.1	2.9	0.0	0.0	7.899	7.849
			R1 P	5.0	5.0	4.7	4.9	4.6	0.0	0.0		
			R2 A	2.8	3.1	3.0	2.7	2.9	0.0	0.0	7.800	
			R2 P	5.0	4.9	4.9	4.6	4.9	0.0	0.0		
3	Jessica Stephenson *Aquila Taekwondo*	GBR	R1 A	2.6	3.2	3.0	3.2	2.9	0.0	0.0	7.866	7.849
			R1 P	4.8	4.8	4.9	5.2	4.7	0.0	0.0		
			R2 A	2.8	3.0	3.0	3.0	3.0	0.0	0.0	7.833	
			R2 P	4.8	4.8	4.9	5.2	4.8	0.0	0.0		
4	Aselia Aliusheva *Aquila Taekwondo*	GBR	R1 A	3.1	3.2	3.0	3.1	2.9	0.0	0.0	7.866	7.766
			R1 P	4.7	4.8	4.9	5.1	4.6	0.0	0.0		
			R2 A	2.5	2.9	2.9	2.9	2.7	0.0	0.0	7.666	
			R2 P	4.8	4.8	4.9	5.0	4.6	0.0	0.0		
5	Ayah Daier *ILYEO*	GBR	R1 A	2.7	3.1	2.9	3.0	2.9	0.0	0.0	7.733	7.716
			R1 P	4.7	4.8	4.8	4.9	4.8	0.0	0.0		
			R2 A	2.5	3.2	2.8	2.9	2.9	0.0	0.0	7.699	
			R2 P	4.9	4.8	4.8	4.9	4.7	0.0	0.0		
6	Samantha Sagun *Peak Performance Academy*	GBR	R1 A	3.1	3.2	2.9	2.8	2.8	0.0	0.0	7.699	7.716
			R1 P	4.9	4.7	4.8	4.8	4.7	0.0	0.0		
			R2 A	3.1	2.9	3.0	2.7	2.8	0.0	0.0	7.733	
			R2 P	5.2	4.7	4.9	4.8	4.8	0.0	0.0		
7	Ameenah BOWEN-AHMED *NTC - National Taekwondo Club*	GBR	R1 A	2.6	2.6	2.8	2.8	2.4	0.0	0.0	7.266	7.333
			R1 P	4.8	4.5	4.5	4.8	4.3	0.0	0.0		
			R2 A	2.9	3.0	2.8	2.7	2.6	0.0	0.0	7.400	
			R2 P	4.7	4.6	4.5	4.9	4.3	0.0	0.0		
8	Zephyr Pushpita *Aquila Taekwondo*	GBR	R1 A	2.7	2.7	2.8	2.7	2.6	0.0	0.0	7.266	7.332
			R1 P	4.6	4.6	4.7	4.5	4.4	0.0	0.0		
			R2 A	2.5	2.9	2.8	2.8	2.7	0.0	0.0	7.399	
			R2 P	4.7	4.7	4.7	4.5	4.5	0.0	0.0		

Semi-Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
9	Blissel Jayme *Peak Performance Academy*	GBR	R1 A	2.5	2.3	2.2	3.0	2.8	0.0	0.0	7.266	7.282
			R1 P	4.6	4.6	5.0	5.1	4.6	0.0	0.0		
			R2 A	2.3	2.7	2.9	2.8	2.4	0.0	0.0	7.299	
			R2 P	4.3	4.7	4.9	4.9	4.4	0.0	0.0		
10	FATIMA SIDDIQUE *London Taekwondo Academy*	GBR	R1 A	2.2	2.6	2.9	2.9	2.6	0.0	0.0	7.366	7.232
			R1 P	4.3	4.7	4.9	4.9	4.4	0.0	0.0		
			R2 A	1.8	2.5	2.7	2.7	2.4	0.0	0.0	7.099	
			R2 P	4.3	4.6	4.8	4.9	4.3	0.0	0.0		
11	Huldah Immanuel *Aquila Taekwondo*	GBR	R1 A	2.7	2.6	2.5	2.5	2.6	0.0	0.0	7.032	6.882
			R1 P	4.6	4.3	4.6	4.5	4.3	0.0	0.0		
			R2 A	2.3	1.9	2.6	2.6	2.4	0.0	0.0	6.733	
			R2 P	4.3	4.1	4.6	4.3	4.3	0.0	0.0		
12	Vibha Thimiri Shanmugam *Modokwon UK*	GBR	R1 A	2.4	2.8	2.8	2.6	2.5	0.0	0.0	6.866	6.666
			R1 P	4.2	4.2	4.7	4.3	4.2	0.0	0.0		
			R2 A	1.7	2.4	2.7	2.4	2.3	0.0	0.0	6.466	
			R2 P	3.9	4.2	4.6	4.0	4.1	0.0	0.0		
13	Hannah Croucher *Aquila Taekwondo*	GBR	R1 A	2.5	2.4	2.7	2.5	2.5	0.0	0.0	6.866	6.499
			R1 P	4.6	4.0	4.6	4.3	4.2	0.0	0.0		
			R2 A	2.2	2.0	2.4	1.9	2.2	0.0	0.0	6.133	
			R2 P	3.9	4.0	4.3	3.9	4.1	0.0	0.0		

Recognized Poomsae Individual / K2 / U30 Years (1st Senior) Female

British National Poomsae Championships 2026

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Final Rounds

Rank	Name	NOC		J1	J2	J3	J4	J5	J6	J7	Avg.	Total
1	Sundus Al-Nusairi *New Generation Taekwondo Club*	GBR	R1 A	2.8	2.9	3.1	3.0	2.8	0.0	0.0	7.866	7.916
			R1 P	4.7	5.2	5.1	4.9	4.9	0.0	0.0		
			R2 A	3.0	3.1	3.0	3.1	3.0	0.0	0.0	7.966	
			R2 P	4.8	5.1	4.9	5.0	4.9	0.0	0.0		
2	Tarina Franklin *Taekwondo Tribe*	GBR	R1 A	3.0	3.4	2.7	3.2	2.9	0.0	0.0	7.966	7.899
			R1 P	4.9	5.1	4.6	4.9	5.0	0.0	0.0		
			R2 A	3.0	3.2	2.9	2.8	2.9	0.0	0.0	7.833	
			R2 P	4.9	5.2	4.6	4.9	4.9	0.0	0.0		
3	Jessica Stephenson *Aquila Taekwondo*	GBR	R1 A	3.0	3.2	2.8	3.1	2.9	0.0	0.0	7.833	7.833
			R1 P	5.0	4.9	4.7	4.8	4.8	0.0	0.0		
			R2 A	3.0	3.1	2.7	3.2	2.9	0.0	0.0	7.833	
			R2 P	4.9	4.9	4.8	4.8	4.8	0.0	0.0		
4	Ayah Daier *ILYEO*	GBR	R1 A	2.9	3.1	3.2	3.0	2.9	0.0	0.0	7.866	7.799
			R1 P	4.8	4.9	5.1	4.8	4.9	0.0	0.0		
			R2 A	2.9	3.1	2.9	3.0	2.9	0.0	0.0	7.733	
			R2 P	4.8	4.8	4.9	4.8	4.8	0.0	0.0		
5	Aselia Aliusheva *Aquila Taekwondo*	GBR	R1 A	3.0	3.3	3.0	2.9	2.9	0.0	0.0	7.732	7.682
			R1 P	4.9	4.8	4.8	4.6	4.7	0.0	0.0		
			R2 A	2.8	2.9	2.8	2.9	2.7	0.0	0.0	7.633	
			R2 P	4.8	4.9	4.9	4.7	4.7	0.0	0.0		
6	Samantha Sagun *Peak Performance Academy*	GBR	R1 A	2.7	3.0	2.8	2.5	2.8	0.0	0.0	7.499	7.466
			R1 P	5.0	4.7	4.8	4.6	4.7	0.0	0.0		
			R2 A	2.7	2.9	2.8	2.6	2.7	0.0	0.0	7.433	
			R2 P	4.8	4.8	4.6	4.6	4.7	0.0	0.0		
7	Ameenah BOWEN-AHMED *NTC - National Taekwondo Club*	GBR	R1 A	2.9	3.1	2.6	2.8	2.6	0.0	0.0	7.266	7.216
			R1 P	4.6	4.2	4.5	4.7	4.4	0.0	0.0		
			R2 A	2.7	2.9	2.6	2.7	2.7	0.0	0.0	7.166	
			R2 P	4.6	4.3	4.2	4.6	4.5	0.0	0.0		
8	Zephyr Pushpita *Aquila Taekwondo*	GBR	R1 A	2.6	2.5	2.5	2.7	2.5	0.0	0.0	7.033	7.133
			R1 P	4.7	4.4	4.3	4.6	4.5	0.0	0.0		
			R2 A	2.8	2.8	2.7	2.6	2.6	0.0	0.0	7.233	
			R2 P	4.7	4.4	4.5	4.5	4.6	0.0	0.0		

Recognized Poomsae Team / K1 / U14 Years (Cadet) - Male

British National Poomsae Championships 2026

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Match 101 R2 — PTF

GBR **Benjamin Scanlon - Denis Puidokas - Aahil Akram**
PREMIERKI

Total **5.183** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	1.1	2.1	1.4	1.8	1.8	—	—	**5.566**
	P	3.6	4.6	3.6	3.2	4.5	—	—	
R2	A	—	1.8	0.4	1.6	1.6	—	—	**4.800**
	P	3.0	4.5	3.3	3.0	4.5	—	—	

GBR **Ka Lok Markus Ng - Phenix Gurung - Jason Lee**
PULSE TKD, CHOSON TKD, & SHIN'S ACADEMY ALTRINCHAM

Total **7.483** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.9	2.9	2.7	2.5	2.2	—	—	**7.400**
	P	4.8	5.1	4.5	4.0	4.8	—	—	
R2	A	2.7	3.1	2.9	2.7	2.7	—	—	**7.566**
	P	4.9	5.1	4.5	4.0	5.0	—	—	

Recognized Poomsae Team / K1 / U14 Years (Cadet) - Female

British National Poomsae Championships 2026

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Match 102 R4 — PTF

GBR **Summer Tran - Marnie Joud - Lexie Oates**
NOMAD PULSE PUTNEY 01
Total **7.850** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.1	3.0	2.6	3.0	—	—	7.900
	P	5.2	5.0	4.5	4.9	4.8	—	—	
R2	A	3.2	2.9	2.8	3.0	2.8	—	—	7.800
	P	5.3	5.0	4.5	4.9	4.8	—	—	

GBR **Zunairah Yasin - Sofia Khariuk - Tarini Mindi**
NTC - NATIONAL TAEKWONDO CLUB
Total **7.716** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.4	3.0	2.8	2.4	2.6	—	—	7.266
	P	4.6	5.2	4.4	4.9	4.5	—	—	
R2	A	3.1	3.2	3.0	3.0	3.0	—	—	8.166
	P	5.1	5.3	4.8	5.2	5.1	—	—	

Match 103 R4 — PTF

GBR **Aimal Khurram - Aleksandra Kaczynska - Sophia Din**
PREMIERKI
Total **7.316** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.6	2.7	2.5	2.8	2.8	—	—	7.433
	P	4.6	4.9	4.2	5.1	4.7	—	—	
R2	A	2.3	2.8	2.8	2.7	2.2	—	—	7.200
	P	4.6	5.0	4.3	4.7	4.5	—	—	

GBR **Charlyn Budhathoki - Parisa Chongbang - sarah Thapa**
STKDD
Total **8.366** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.4	3.3	2.9	3.2	—	—	8.433
	P	5.4	5.3	5.1	5.0	5.2	—	—	
R2	A	3.1	3.3	3.2	2.7	3.1	—	—	8.299
	P	5.5	5.3	5.1	4.9	5.1	—	—	

Recognized Poomsae Team / K1 / U14 Years (Cadet) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 104 R2 — PTF

GBR **Summer Tran - Marnie Joud - Lexie Oates**
NOMAD PULSE PUTNEY 01

Total **7.866** LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.9	3.2	2.8	2.9	3.0	—	—	7.833
	P	4.9	5.0	4.5	5.1	4.8	—	—	
R2	A	3.1	3.2	3.0	2.6	3.1	—	—	7.899
	P	4.9	5.0	4.6	4.8	4.8	—	—	

GBR **Charlyn Budhathoki - Parisa Chongbang - sarah Thapa**
STKDD

Total **8.532** WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.4	3.0	3.2	3.3	—	—	8.532
	P	5.4	5.2	5.1	5.3	5.3	—	—	
R2	A	3.2	3.3	3.3	3.0	3.2	—	—	8.533
	P	5.5	5.3	5.2	5.2	5.4	—	—	

Recognized Poomsae Pair / K1 / U14 Years (Cadet)

British National Poomsae Championships 2026

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Match 105 R8 — PTF

GBR **Summer Tran - Jeonghu Park**
NOMAD ARUMCHAN 01
Total **8.082** WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	3.1	3.0	3.1	3.2	—	—	7.932
	P	4.9	4.9	4.8	5.0	4.8	—	—	
R2	A	3.2	3.3	3.4	3.1	2.9	—	—	8.233
	P	5.0	5.1	5.0	5.4	4.9	—	—	

GBR **Zunairah Yasin - William Burton**
KANG HAN & NTC
Total **7.949** LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	2.9	3.2	3.0	2.7	—	—	7.866
	P	5.1	4.7	4.9	5.3	4.6	—	—	
R2	A	3.2	3.1	3.1	3.0	3.0	—	—	8.032
	P	5.3	4.7	4.8	5.5	4.8	—	—	

Match 106 R8 — PTF

GBR **Tarini MINDI - Jason Lee**
NTC & CHOSON TKD
Total **7.749** WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	2.9	3.0	3.1	2.7	—	—	7.766
	P	5.0	4.7	4.7	5.3	4.5	—	—	
R2	A	3.2	2.9	2.9	2.5	2.9	—	—	7.733
	P	5.1	4.7	4.6	5.2	4.7	—	—	

GBR **Benjamin Scanlon - Aleksandra Kaczynska**
PREMIERKI
Total **6.499** LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.5	2.3	2.6	2.9	2.3	—	—	6.766
	P	4.5	4.2	4.2	5.0	4.2	—	—	
R2	A	1.7	1.9	2.2	2.4	2.1	—	—	6.232
	P	3.9	4.1	4.2	4.9	4.2	—	—	

Match 107 R8 — PTF

GBR **Ka Lok Markus NG - Chin Yu Wong**
BLUEWAVE / SHIN'S ACADEMY ALTRINCHAM
Total **7.849** WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	3.0	2.9	2.7	2.4	—	—	7.633
	P	5.0	4.7	4.8	5.3	4.6	—	—	
R2	A	3.1	3.1	3.1	3.0	2.9	—	—	8.066
	P	5.4	4.9	4.7	5.4	4.6	—	—	

GBR **Aimal Khurram - Aahil Akram**
PREMIERKI
Total **5.999** LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	1.9	2.2	2.0	2.3	1.7	—	—	6.166
	P	4.1	4.1	4.0	4.9	4.2	—	—	
R2	A	1.7	2.1	1.8	1.8	1.8	—	—	5.833
	P	3.9	3.9	3.6	4.7	4.3	—	—	

Match 108 R8 — PTF

GBR **Phenix GURUNG - Lexie OATES**
PULSE TAEKWONDO
Total **7.732** WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.1	3.1	3.3	2.9	—	—	7.966
	P	5.0	4.8	4.8	5.2	4.7	—	—	
R2	A	3.1	2.7	2.8	2.9	2.8	—	—	7.499
	P	5.2	4.7	4.2	4.6	4.7	—	—	

GBR **Sophia Din - Denis Puidokas**
PREMIERKI
Total **6.699** LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.4	2.7	2.6	2.8	2.3	—	—	6.999
	P	4.4	4.6	3.9	4.9	4.3	—	—	
R2	A	1.8	2.1	2.3	2.5	2.4	—	—	6.399
	P	3.8	4.1	3.9	5.1	4.4	—	—	

Recognized Poomsae Pair / K1 / U14 Years (Cadet)

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Match 109 R4 — PTF

GBR **Summer Tran - Jeonghu Park**
NOMAD ARUMCHAN 01
Total **8.166** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.2	3.4	3.0	3.2	—	—	8.233
	P	5.2	5.0	4.8	5.2	4.9	—	—	
R2	A	3.1	3.2	3.5	2.9	3.0	—	—	8.100
	P	5.3	5.0	4.9	4.9	5.1	—	—	

GBR **Tarini MINDI - Jason Lee**
NTC & CHOSON TKD
Total **7.583** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	2.9	3.1	2.7	2.7	—	—	7.533
	P	4.8	4.7	4.5	4.9	4.7	—	—	
R2	A	3.0	2.9	3.0	2.8	2.6	—	—	7.633
	P	5.0	4.7	4.2	4.9	4.6	—	—	

Match 110 R4 — PTF

GBR **Ka Lok Markus NG - Chin Yu Wong**
BLUEWAVE / SHIN'S ACADEMY ALTRINCHAM
Total **8.083** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.2	3.1	2.9	2.9	—	—	7.933
	P	5.0	4.8	4.6	5.0	5.0	—	—	
R2	A	3.0	3.4	3.2	3.2	3.2	—	—	8.233
	P	5.2	5.1	4.8	5.0	5.0	—	—	

GBR **Phenix GURUNG - Lexie OATES**
PULSE TAEKWONDO
Total **7.699** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	2.9	3.0	2.7	2.8	—	—	7.566
	P	4.8	4.7	4.6	5.2	4.7	—	—	
R2	A	2.9	3.0	3.1	3.0	2.9	—	—	7.832
	P	5.0	4.8	4.7	5.0	4.8	—	—	

Recognized Poomsae Pair / K1 / U14 Years (Cadet)

British National Poomsae Championships 2026

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Match 111 R2 — PTF

GBR **Summer Tran - Jeonghu Park**
NOMAD ARUMCHAN 01

Total **8.299** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.3	3.2	3.3	3.0	—	—	**8.400**
	P	5.1	5.2	5.1	5.3	5.4	—	—	
R2	A	3.1	3.2	2.9	3.1	2.7	—	—	**8.199**
	P	5.2	5.0	5.1	5.2	5.3	—	—	

GBR **Ka Lok Markus NG - Chin Yu Wong**
BLUEWAVE / SHIN'S ACADEMY ALTRINCHAM

Total **8.083** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	3.1	3.0	3.0	3.1	—	—	**8.033**
	P	4.9	4.9	5.0	5.4	5.1	—	—	
R2	A	3.1	3.1	2.9	3.1	2.7	—	—	**8.133**
	P	5.1	5.0	4.8	5.2	5.2	—	—	

Recognized Poomsae Individual / K1 / U14 Years (Cadet) - Male

British National Poomsae Championships 2026

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Match 112 — R8 — PTF

GBR Jeonghu PARK
ARUMCHAN KOREA

Total **8.666** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.4	3.5	3.6	3.4	3.5	—	—	8.666
	P	5.4	5.2	5.3	4.9	5.1	—	—	
R2	A	3.4	3.5	3.6	3.4	3.3	—	—	8.666
	P	5.5	5.3	5.4	4.8	5.0	—	—	

GBR Aahil AKRAM
PREMIERKI

Total **7.249** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.4	3.0	2.5	2.5	2.9	—	—	7.199
	P	4.4	4.2	5.1	4.5	4.8	—	—	
R2	A	2.4	3.1	2.8	2.5	3.0	—	—	7.299
	P	4.2	4.4	4.7	4.5	4.7	—	—	

Match 113 — R8 — PTF

GBR Sin Sum (Samuel) MAK
CARLTON ARENA TAEKWONDO

Total **7.716** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.0	3.0	2.5	2.7	—	—	7.700
	P	4.9	4.5	4.9	4.6	4.9	—	—	
R2	A	2.9	3.1	3.2	2.8	2.8	—	—	7.733
	P	4.8	4.4	4.9	4.7	5.0	—	—	

GBR Jason LEE
CHOSON TAEKWONDO

Total **8.216** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.2	3.5	3.3	3.0	—	—	8.266
	P	5.1	4.7	5.1	4.9	5.0	—	—	
R2	A	3.0	3.1	3.4	3.3	3.0	—	—	8.166
	P	5.0	4.7	5.3	5.0	5.1	—	—	

Match 114 — R8 — PTF

GBR PHENIX GURUNG
PULSE TAEKWONDO

Total **8.265** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.3	3.2	3.3	3.1	—	—	8.199
	P	5.0	4.7	5.2	4.9	5.0	—	—	
R2	A	3.2	3.4	3.2	3.5	3.2	—	—	8.332
	P	5.0	4.7	5.3	5.1	5.1	—	—	

GBR William BURTON
KANG HAN

Total **7.899** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.2	3.6	2.7	2.9	—	—	7.766
	P	4.8	4.4	5.3	4.5	4.9	—	—	
R2	A	2.9	3.2	3.2	3.1	3.1	—	—	8.033
	P	4.9	4.3	5.4	4.8	5.0	—	—	

Match 115 — R8 — PTF

GBR Ardharsh SASIKUMAR
MODOKWON UK

Total **7.982** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.1	3.3	3.2	3.3	—	—	8.033
	P	4.7	4.4	5.2	4.8	5.0	—	—	
R2	A	2.9	3.0	3.2	3.0	3.3	—	—	7.932
	P	4.8	4.4	5.2	4.8	5.0	—	—	

GBR Ka Lok Markus NG
SHIN'S ACADEMY ALTRINCHAM

Total **8.549** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.4	3.5	3.5	3.4	—	—	8.533
	P	5.0	4.7	5.4	5.1	5.2	—	—	
R2	A	3.1	3.5	3.5	3.4	3.5	—	—	8.566
	P	5.0	4.7	5.2	5.1	5.3	—	—	

Recognized Poomsae Individual / K1 / U14 Years (Cadet) - Male

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Match 116 R4 — PTF

GBR Jeonghu PARK
ARUMCHAN KOREA

Total **8.716** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.6	3.6	3.3	3.4	—	—	8.733
	P	5.5	5.2	5.5	5.1	5.2	—	—	
R2	A	3.1	3.5	3.4	3.5	3.4	—	—	8.699
	P	5.3	5.2	5.5	5.2	5.3	—	—	

GBR Jason LEE
CHOSON TAEKWONDO

Total **8.299** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.2	3.3	3.6	3.3	—	—	8.499
	P	5.2	4.7	5.3	5.3	5.2	—	—	
R2	A	3.0	2.8	3.2	3.2	3.0	—	—	8.099
	P	5.2	4.5	5.3	4.9	5.0	—	—	

Match 117 R4 — PTF

GBR PHENIX GURUNG
PULSE TAEKWONDO

Total **8.016** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.3	3.2	3.2	3.3	—	—	8.266
	P	5.0	4.6	5.2	5.0	5.1	—	—	
R2	A	2.2	3.3	3.1	2.6	3.2	—	—	7.766
	P	4.7	4.7	5.1	4.7	5.0	—	—	

GBR Ka Lok Markus NG
SHIN'S ACADEMY ALTRINCHAM

Total **8.566** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.4	3.4	3.3	3.5	—	—	8.599
	P	5.2	4.8	5.4	5.2	5.3	—	—	
R2	A	3.2	3.4	3.6	3.2	3.4	—	—	8.533
	P	5.2	4.8	5.4	5.2	5.2	—	—	

Recognized Poomsae Individual / K1 / U14 Years (Cadet) - Male

British National Poomsae Championships 2026

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Match 118 R2 — PTF

GBR Jeonghu PARK
ARUMCHAN KOREA

Total **8.799** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.5	3.5	3.0	3.5	—	—	**8.833**
	P	5.4	5.4	5.7	5.4	5.2	—	—	
R2	A	3.3	3.6	3.4	3.4	3.5	—	—	**8.766**
	P	5.3	5.3	5.6	5.4	5.3	—	—	

GBR Ka Lok Markus NG
SHIN'S ACADEMY ALTRINCHAM

Total **8.382** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.4	3.5	2.8	3.4	—	—	**8.499**
	P	5.2	5.0	5.5	5.1	5.2	—	—	
R2	A	3.1	3.2	3.1	2.7	3.5	—	—	**8.266**
	P	5.2	5.0	5.2	4.9	5.3	—	—	

Recognized Poomsae Individual / K1 / U14 Years (Cadet) - Female

British National Poomsae Championships 2026

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Match 119 R8 — PTF

GBR Parisa CHONGBANG — *STKDD* — Total **8.583** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.4	3.5	3.5	3.3	—	—	8.566
	P	5.5	5.0	5.1	5.1	5.3	—	—	
R2	A	3.4	3.2	3.6	3.4	3.4	—	—	8.600
	P	5.4	5.2	5.1	5.1	5.3	—	—	

GBR Tarini MINDI — *NTC - NATIONAL TAEKWONDO CLUB* — Total **7.883** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.7	3.2	2.8	3.4	3.0	—	—	7.733
	P	4.7	4.9	4.6	5.0	4.4	—	—	
R2	A	3.1	3.0	3.1	3.3	3.2	—	—	8.033
	P	4.9	5.3	4.8	5.0	4.5	—	—	

Match 120 R8 — PTF

GBR Zunairah YASIN — *NTC - NATIONAL TAEKWONDO CLUB* — Total **8.382** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.0	3.3	3.4	3.5	—	—	8.299
	P	5.0	5.2	5.1	5.0	4.9	—	—	
R2	A	3.0	3.4	3.4	3.5	3.6	—	—	8.466
	P	4.9	5.3	5.1	5.1	4.8	—	—	

GBR Charlyn BUDHATHOKI — *STKDD* — Total **8.333** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.4	3.3	3.4	3.2	—	—	8.200
	P	4.9	5.4	4.9	4.9	4.5	—	—	
R2	A	3.1	3.6	3.3	3.5	3.5	—	—	8.466
	P	5.2	5.5	4.9	5.0	4.5	—	—	

Match 121 R8 — PTF

GBR Chin Yu WONG — *BLUEWAVE* — Total **8.649** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.6	3.6	3.5	3.6	—	—	8.666
	P	4.9	5.1	5.1	5.1	5.3	—	—	
R2	A	3.1	3.6	3.5	3.5	3.5	—	—	8.633
	P	5.2	5.3	5.1	5.0	5.1	—	—	

GBR Summer TRAN — *NOMAD TAEKWONDO* — Total **8.416** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.5	3.4	3.4	3.4	—	—	8.400
	P	5.0	5.3	4.8	5.0	5.0	—	—	
R2	A	3.1	3.7	3.3	3.4	3.4	—	—	8.432
	P	5.3	5.4	4.9	5.0	4.8	—	—	

Match 122 R8 — PTF

GBR NARIN MOHAMMED — *KIXSTAR DRAGON TAEKWONDO* — Total **8.299** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.6	2.9	3.5	3.2	—	—	8.266
	P	5.1	5.3	4.8	5.1	4.8	—	—	
R2	A	3.1	3.4	3.2	3.4	3.4	—	—	8.333
	P	5.1	5.2	4.9	5.0	4.9	—	—	

GBR sarah THAPA — *STKDD* — Total **8.616** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.6	3.3	3.5	3.5	—	—	8.666
	P	5.3	5.3	5.2	5.2	5.1	—	—	
R2	A	3.2	3.2	3.5	3.5	3.4	—	—	8.566
	P	5.3	5.4	5.2	5.1	5.1	—	—	

Recognized Poomsae Individual / K1 / U14 Years (Cadet) - Female

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Match 123 R4 — PTF

GBR Parisa CHONGBANG
STKDD

Total **8.699** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.2	3.6	3.5	3.4	—	—	8.733
	P	5.3	5.4	5.4	5.0	5.3	—	—	
R2	A	3.2	3.5	3.3	3.4	3.5	—	—	8.666
	P	5.2	5.5	5.4	5.0	5.2	—	—	

GBR Zunairah YASIN
NTC - NATIONAL TAEKWONDO CLUB

Total **8.266** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.1	3.3	3.4	3.3	—	—	8.333
	P	5.1	5.3	5.1	4.9	5.1	—	—	
R2	A	3.1	3.4	3.1	3.4	3.1	—	—	8.200
	P	5.0	5.2	5.1	4.9	4.8	—	—	

Match 124 R4 — PTF

GBR Chin Yu WONG
BLUEWAVE

Total **8.466** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.7	3.3	3.5	3.4	—	—	8.400
	P	4.9	5.7	4.9	5.1	5.0	—	—	
R2	A	2.9	3.5	3.2	3.5	3.4	—	—	8.532
	P	5.2	5.4	5.1	5.2	5.0	—	—	

GBR sarah THAPA
STKDD

Total **8.733** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.5	3.5	3.5	3.5	—	—	8.733
	P	5.2	5.5	5.3	5.2	5.1	—	—	
R2	A	3.0	3.6	3.5	3.5	3.5	—	—	8.733
	P	5.3	5.2	5.4	5.2	5.2	—	—	

Recognized Poomsae Individual / K1 / U14 Years (Cadet) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 125 R2 — PTF

GBR **Parisa CHONGBANG**
STKDD

Total **8.999** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.7	3.8	3.6	3.3	—	—	**8.966**
	P	5.5	5.7	5.5	5.3	5.2	—	—	
R2	A	3.3	3.7	3.7	3.7	3.4	—	—	**9.033**
	P	5.5	5.6	5.5	5.3	5.2	—	—	

GBR **sarah THAPA**
STKDD

Total **8.882** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.6	3.7	3.6	3.5	—	—	**8.866**
	P	5.3	5.5	5.3	5.3	5.3	—	—	
R2	A	3.2	3.4	3.6	3.7	3.6	—	—	**8.899**
	P	5.3	5.5	5.4	5.3	5.4	—	—	

Recognized Poomsae Individual / K1 / U30 Years (1st Senior) - Male

British National Poomsae Championships 2026

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Match 201 R4 — PTF

GBR HIN TUNG ISAAC NG
LONDON TAEKWONDO ACADEMY

Total **8.065** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.2	3.3	3.3	3.2	—	—	**8.032**
	P	4.8	4.7	4.7	5.1	4.8	—	—	
R2	A	3.0	3.1	3.3	3.3	3.4	—	—	**8.099**
	P	4.8	4.9	4.6	5.1	4.9	—	—	

GBR Samuel GLEAVE
QUEST TAEKWONDO

Total **7.999** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.4	2.9	3.0	3.3	—	—	**7.999**
	P	4.9	4.8	4.8	4.9	4.8	—	—	
R2	A	3.0	3.4	3.1	3.2	3.5	—	—	**7.999**
	P	4.7	4.8	4.6	4.9	4.8	—	—	

Recognized Poomsae Individual / K1 / U30 Years (1st Senior) - Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 202 R2 — PTF

GBR **HIN TUNG ISAAC NG**
LONDON TAEKWONDO ACADEMY

Total **8.232** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.0	3.5	3.4	3.5	—	—	**8.233**
	P	4.8	4.8	4.7	5.2	5.1	—	—	
R2	A	3.2	3.5	3.5	3.4	3.2	—	—	**8.232**
	P	4.7	4.9	4.8	5.4	4.9	—	—	

GBR **Thomas REED**
WAY TAEKWONDO

Total **7.316** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.5	2.5	2.9	3.1	2.8	—	—	**7.233**
	P	4.4	4.5	4.5	5.0	4.5	—	—	
R2	A	2.8	3.1	3.2	3.0	2.8	—	—	**7.399**
	P	4.2	4.3	4.4	5.1	4.6	—	—	

Recognized Poomsae Individual / K1 / U17 Years (Junior) - Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 203 R8 — PTF

GBR Yee Lok WAN
BRITISH TAEKWONDO JUNG DO KWAN
Total **7.566** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.2	3.1	3.2	2.7	—	—	7.633
	P	4.5	4.5	4.5	4.8	4.6	—	—	
R2	A	3.0	3.0	3.4	3.1	2.9	—	—	7.499
	P	4.5	4.4	4.4	4.8	4.5	—	—	

GBR Ryan SCUDDER
PREMIERKI
Total **7.532** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.3	3.3	3.1	2.9	—	—	7.633
	P	4.4	4.5	4.5	4.8	4.5	—	—	
R2	A	2.9	3.2	3.3	2.7	2.8	—	—	7.432
	P	4.3	4.5	4.4	4.7	4.5	—	—	

Match 204 R8 — PTF

GBR Chit CHOW
BRITISH TAEKWONDO JUNG DO KWAN
Total **8.399** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.4	3.4	3.3	3.3	3.4	—	—	8.332
	P	5.0	5.0	4.8	5.1	4.9	—	—	
R2	A	3.3	3.4	3.4	3.3	3.6	—	—	8.466
	P	5.1	5.1	5.1	5.3	5.0	—	—	

GBR Mason EDMUNDS
TAEKWONDO WALES
Total **8.183** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.4	3.3	3.2	3.4	—	—	8.233
	P	5.0	4.9	4.7	5.0	4.8	—	—	
R2	A	3.1	3.3	3.3	3.1	3.4	—	—	8.133
	P	5.0	4.8	4.9	5.1	4.8	—	—	

Match 205 R8 — PTF

GBR Ho Laam AU
BRITISH TAEKWONDO JUNG DO KWAN
Total **8.049** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.3	3.2	3.1	3.1	—	—	8.000
	P	4.8	4.8	4.8	5.0	4.8	—	—	
R2	A	3.1	3.3	3.3	3.1	3.3	—	—	8.099
	P	4.9	4.8	4.9	5.0	4.7	—	—	

GBR Luke THOMAS
YAMANG TAEKWONDO
Total **7.966** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.0	3.5	3.2	3.1	—	—	7.900
	P	4.7	4.6	5.0	5.1	4.7	—	—	
R2	A	3.0	3.3	3.2	3.3	3.5	—	—	8.032
	P	4.7	4.6	4.8	5.2	4.8	—	—	

Recognized Poomsae Individual / K1 / U17 Years (Junior) - Male

British National Poomsae Championships 2026

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Match 206 — R4 — PTF

GBR Yee Lok WAN
BRITISH TAEKWONDO JUNG DO KWAN

Total **8.316** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.4	3.5	3.4	3.3	3.5	—	—	8.366
	P	4.9	4.9	5.0	5.1	4.9	—	—	
R2	A	3.2	3.5	3.4	3.3	3.0	—	—	8.266
	P	5.0	4.9	5.0	5.1	4.7	—	—	

GBR Chit CHOW
BRITISH TAEKWONDO JUNG DO KWAN

Total **7.799** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.0	3.2	3.1	3.2	—	—	7.833
	P	4.6	4.7	4.8	4.8	4.7	—	—	
R2	A	3.0	3.3	3.5	3.0	3.0	—	—	7.766
	P	4.6	4.5	4.9	4.8	4.6	—	—	

Match 207 — R4 — PTF

GBR Ho Laam AU
BRITISH TAEKWONDO JUNG DO KWAN

Total **7.699** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.9	3.0	3.0	3.1	3.3	—	—	7.666
	P	4.6	4.5	4.5	4.8	4.8	—	—	
R2	A	3.0	3.2	3.0	3.2	3.3	—	—	7.733
	P	4.5	4.5	4.5	5.1	4.8	—	—	

GBR Chun KIU
BRITISH TAEKWONDO JUNG DO KWAN

Total **8.149** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.5	3.5	3.2	3.0	—	—	8.066
	P	4.8	4.8	4.9	4.9	4.7	—	—	
R2	A	3.2	3.4	3.4	3.3	3.4	—	—	8.232
	P	4.9	4.8	4.8	5.1	4.9	—	—	

Recognized Poomsae Individual / K1 / U17 Years (Junior) - Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 208 R2 — PTF

GBR **Chit CHOW**
BRITISH TAEKWONDO JUNG DO KWAN

Total **8.332** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.5	3.4	3.3	3.3	—	—	**8.366**
	P	5.0	5.1	5.0	5.1	4.9	—	—	
R2	A	3.3	3.3	3.4	3.2	3.2	—	—	**8.299**
	P	5.1	4.9	5.1	5.3	4.9	—	—	

GBR **Chun KIU**
BRITISH TAEKWONDO JUNG DO KWAN

Total **7.983** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.3	3.3	3.1	3.2	—	—	**8.000**
	P	4.8	4.8	4.9	4.8	4.8	—	—	
R2	A	3.1	3.1	3.4	3.0	3.2	—	—	**7.966**
	P	4.9	4.6	4.8	5.1	4.8	—	—	

Recognized Poomsae Pair / K1 / U17 Years (Junior)

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 301 R8 — PTF

GBR **Mason Edmunds - Maisie Flanagan**
TAEKWONDO WALES

Total **8.066** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	2.8	3.1	3.2	3.1	—	—	**8.233**
	P	5.2	5.1	5.1	4.7	5.1	—	—	
R2	A	3.0	2.7	3.2	3.2	2.9	—	—	**7.899**
	P	5.0	4.7	5.2	4.7	4.9	—	—	

GBR **Malak Benzaiet - Luke Thomas**
PUTNEY YAMANG

Total **7.799** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	2.7	2.9	2.9	2.5	—	—	**7.699**
	P	5.1	4.9	5.0	4.6	4.7	—	—	
R2	A	3.1	2.9	3.2	3.0	2.9	—	—	**7.900**
	P	5.0	4.9	5.3	4.7	4.8	—	—	

Recognized Poomsae Pair / K1 / U17 Years (Junior)

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 302 — R4 — PTF

GBR — Mason Edmunds - Maisie Flanagan
TAEKWONDO WALES

Total **8.383** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	2.9	3.1	3.2	3.0	—	—	**8.300**
	P	5.2	5.2	5.2	4.7	5.2	—	—	
R2	A	3.3	3.1	3.3	3.3	3.1	—	—	**8.466**
	P	5.3	5.2	5.3	4.8	5.2	—	—	

GBR — Chit Chow - Peamey Kei Tung Chow
BRITISH TAEKWONDO JUNG DO KWAN

Total **8.099** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	2.7	3.0	3.0	2.9	—	—	**7.899**
	P	5.2	4.7	5.1	4.6	5.0	—	—	
R2	A	3.3	3.2	3.1	3.1	2.7	—	—	**8.299**
	P	5.4	5.3	5.2	4.7	5.0	—	—	

Match 303 — R4 — PTF

GBR — Pui Ching Perlie Leung - Yee Lok Wan
BRITISH TAEKWONDO JUNG DO KWAN

Total **6.949** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.6	2.5	2.6	2.6	2.4	—	—	**7.099**
	P	4.7	4.6	4.6	4.3	4.4	—	—	
R2	A	2.5	2.4	2.7	2.3	2.3	—	—	**6.800**
	P	4.7	4.5	4.5	4.0	4.2	—	—	

GBR — Ryan Scudder - Amber Isaacs
PREMIERKI

Total **6.999** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	2.8	3.1	2.9	2.6	—	—	**7.733**
	P	5.1	4.6	5.1	4.4	4.7	—	—	
R2	A	2.2	2.2	2.7	2.2	1.0	—	—	**6.266**
	P	4.2	4.2	5.1	3.8	3.7	—	—	

Recognized Poomsae Pair / K1 / U17 Years (Junior)

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 304 R2 — PTF

GBR Mason Edmunds - Maisie Flanagan

TAEKWONDO WALES

Total **8.266** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.0	3.3	3.2	3.0	—	—	**8.199**
	P	5.3	4.9	5.4	4.8	5.2	—	—	
R2	A	3.2	3.1	3.3	3.4	3.0	—	—	**8.333**
	P	5.3	5.0	5.3	5.0	5.1	—	—	

GBR Ryan Scudder - Amber Isaacs

PREMIERKI

Total **7.749** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.7	2.7	2.9	2.9	2.4	—	—	**7.466**
	P	4.8	4.7	5.2	4.6	4.6	—	—	
R2	A	3.0	2.9	3.2	3.1	2.9	—	—	**8.033**
	P	5.1	5.0	5.2	5.0	4.8	—	—	

Recognized Poomsae Individual / K1 / U17 Years (Junior) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 305 R8 — PTF

GBR Ashlyn BUDHATHOKI — *STKDD*

Total **8.582** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.3	3.2	3.4	3.1	—	—	8.532
	P	5.4	5.3	5.1	5.3	5.2	—	—	
R2	A	3.4	3.3	3.3	3.5	3.4	—	—	8.632
	P	5.4	5.4	5.2	5.2	5.2	—	—	

GBR Malak BENZAIET — *PUTNEY TAEKWONDO CLUB*

Total **7.866** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	2.6	2.9	2.9	2.8	—	—	7.799
	P	5.0	5.0	4.9	4.3	4.9	—	—	
R2	A	3.1	2.9	3.1	3.3	2.8	—	—	7.933
	P	5.1	4.9	4.9	4.2	4.9	—	—	

Match 306 R8 — PTF

GBR Maisie FLANAGAN — *TAEKWONDO WALES*

Total **8.449** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.0	3.3	3.3	3.1	—	—	8.399
	P	5.4	5.1	5.3	4.7	5.1	—	—	
R2	A	3.3	3.0	3.3	3.4	3.3	—	—	8.500
	P	5.3	5.3	5.2	5.0	5.1	—	—	

GBR Peamey Kei Tung CHOW — *BRITISH TAEKWONDO JUNG DO KWAN*

Total **8.266** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.0	3.2	3.2	2.8	—	—	8.200
	P	5.3	5.3	5.2	4.6	4.8	—	—	
R2	A	3.2	3.1	3.4	3.3	3.1	—	—	8.333
	P	5.2	5.2	5.3	5.0	5.0	—	—	

Match 307 R8 — PTF

GBR Amber ISAACS — *DORSET TAEKWONDO (GBR)*

Total **8.449** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.2	3.3	3.5	3.1	—	—	8.466
	P	5.3	5.3	5.3	5.2	5.1	—	—	
R2	A	3.3	3.2	3.2	3.2	2.8	—	—	8.433
	P	5.4	5.2	5.3	5.2	4.8	—	—	

GBR Aishah SHEIKH — *AQUILA TAEKWONDO*

Total **8.383** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	2.9	3.1	3.4	3.1	—	—	8.233
	P	5.2	5.2	5.2	5.0	5.0	—	—	
R2	A	3.3	3.3	3.4	3.2	3.3	—	—	8.533
	P	5.3	5.3	5.3	5.1	5.0	—	—	

Match 308 R8 — PTF

GBR Lucy RICE — *KANG HAN*

Total **8.266** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.0	3.2	3.2	2.7	—	—	8.199
	P	5.3	5.2	5.1	4.7	4.9	—	—	
R2	A	3.3	3.3	3.2	3.2	2.9	—	—	8.333
	P	5.4	5.3	5.1	4.7	4.9	—	—	

GBR Ashwin BURA — *STKDD*

Total **8.599** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.4	3.2	3.1	3.4	3.1	—	—	8.466
	P	5.5	5.3	5.2	4.9	5.2	—	—	
R2	A	3.4	3.4	3.3	3.3	3.4	—	—	8.732
	P	5.5	5.5	5.3	5.0	5.3	—	—	

Recognized Poomsae Individual / K1 / U17 Years (Junior) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 309 — R4 — PTF

GBR Ashlyn BUDHATHOKI
STKDD

Total **8.982** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.6	3.4	3.5	3.4	3.6	—	—	**8.966**
	P	5.6	5.6	5.4	5.3	5.4	—	—	
R2	A	3.5	3.4	3.5	3.5	3.4	—	—	**8.999**
	P	5.7	5.7	5.4	5.5	5.4	—	—	

GBR Maisie FLANAGAN
TAEKWONDO WALES

Total **8.482** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.4	3.0	3.3	3.2	2.8	—	—	**8.399**
	P	5.5	5.4	5.3	5.0	5.0	—	—	
R2	A	3.3	3.0	3.3	3.3	2.9	—	—	**8.566**
	P	5.5	5.5	5.3	5.3	5.1	—	—	

Match 310 — R4 — PTF

GBR Amber ISAACS
DORSET TAEKWONDO (GBR)

Total **8.733** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.4	3.2	3.3	3.4	3.2	—	—	**8.700**
	P	5.5	5.5	5.3	5.4	5.2	—	—	
R2	A	3.4	3.4	3.5	3.4	3.1	—	—	**8.766**
	P	5.6	5.5	5.3	5.3	5.1	—	—	

GBR Ashwin BURA
STKDD

Total **8.799** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.4	3.2	3.4	3.5	3.4	—	—	**8.766**
	P	5.6	5.4	5.2	5.3	5.4	—	—	
R2	A	3.4	3.3	3.4	3.5	3.5	—	—	**8.833**
	P	5.7	5.6	5.2	5.2	5.4	—	—	

Recognized Poomsae Individual / K1 / U17 Years (Junior) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 311 R2 — PTF

GBR **Ashlyn BUDHATHOKI**
STKDD

Total **9.183** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.6	3.6	3.7	3.6	3.6	—	—	**9.200**
	P	5.8	5.6	5.5	5.6	5.6	—	—	
R2	A	3.5	3.6	3.5	3.5	3.4	—	—	**9.166**
	P	5.8	5.7	5.6	5.7	5.5	—	—	

GBR **Ashwin BURA**
STKDD

Total **8.949** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.5	3.4	3.4	3.4	3.6	—	—	**8.899**
	P	5.7	5.5	5.5	5.3	5.4	—	—	
R2	A	3.4	3.4	3.4	3.4	3.5	—	—	**9.000**
	P	5.7	5.6	5.5	5.5	5.7	—	—	

Recognized Poomsae Pair / K1 / 31+ Years (2nd Senior)

British National Poomsae Championships 2026

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Match 401 R2 — PTF

GBR **Zosia Hermaszewska - Friedrich Alidair Sarigumba**
PEAK PERFORMANCE ACADEMY

Total **7.366** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	2.7	2.8	3.1	2.7	—	—	**7.266**
	P	4.5	4.8	4.3	4.5	4.3	—	—	
R2	A	3.3	2.7	2.7	3.2	2.8	—	—	**7.466**
	P	4.7	4.7	4.5	4.5	4.5	—	—	

GBR **Casswel Ellis - Katrin Scanlon**
PREMIERKI / NTC

Total **6.733** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.4	2.6	2.0	2.8	2.2	—	—	**6.566**
	P	4.1	4.6	3.9	4.3	4.1	—	—	
R2	A	2.7	2.4	2.6	3.0	2.8	—	—	**6.900**
	P	4.2	4.2	4.3	4.2	4.2	—	—	

Recognized Poomsae Individual / K1 / 46+ Years (3rd Senior) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 402 R2 — PTF

GBR	**Katrin SCANLON** *PREMIERKI*							Total **7.083**	LOSS
Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	2.6	3.2	2.7	2.9	—	—	**7.033**
	P	4.2	4.5	4.3	4.1	4.2	—	—	
R2	A	3.0	2.6	3.1	3.0	2.8	—	—	**7.133**
	P	4.2	4.5	4.1	4.3	4.1	—	—	

GBR	**Farrah RIZVI** *PREMIERKI*							Total **7.099**	WIN
Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	2.7	3.1	2.8	2.9	—	—	**7.199**
	P	4.4	4.8	4.2	4.2	4.1	—	—	
R2	A	3.1	2.5	2.9	2.7	2.8	—	—	**7.000**
	P	4.3	4.5	4.1	3.8	4.2	—	—	

Recognized Poomsae Individual / K1 / U30 Years (1st Senior) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 403 R4 — PTF

GBR TAJALA ALI
LONDON TAEKWONDO ACADEMY

Total **7.266** LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	2.5	3.1	3.0	2.8	—	—	**7.266**
	P	4.5	4.5	4.3	4.1	4.2	—	—	
R2	A	2.9	2.6	3.2	2.9	3.0	—	—	**7.266**
	P	4.5	4.6	4.4	4.1	4.1	—	—	

GBR Laura WARE-HEINE
AQUILA TAEKWONDO

Total **7.316** WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	2.6	3.3	2.9	2.8	—	—	**7.332**
	P	4.6	4.6	4.3	4.2	4.1	—	—	
R2	A	3.3	2.7	3.0	2.8	2.9	—	—	**7.300**
	P	4.7	4.7	4.3	4.0	4.2	—	—	

Recognized Poomsae Individual / K1 / U30 Years (1st Senior) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 404 R2 — PTF

GBR Jen Yann OOI

TUJI TAEKWONDO

Total **7.699** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	2.7	3.1	3.1	3.0	—	—	**7.599**
	P	4.7	4.7	4.5	4.2	4.4	—	—	
R2	A	3.2	2.6	3.3	3.1	3.3	—	—	**7.800**
	P	4.7	4.6	4.7	4.3	4.5	—	—	

GBR Laura WARE-HEINE

AQUILA TAEKWONDO

Total **7.349** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	2.8	3.1	3.0	3.0	—	—	**7.366**
	P	4.5	4.8	4.4	4.1	4.1	—	—	
R2	A	3.0	2.7	3.1	2.9	3.1	—	—	**7.333**
	P	4.5	4.7	4.4	4.1	4.1	—	—	

Recognized Poomsae Individual / K1 / U11 Years (Peewee) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 501 R8 — PTF

GBR Aubane MILLER
YAMANG TAEKWONDO
Total 6.982 — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.4	2.8	2.9	2.8	3.0	—	—	6.899
	P	4.0	4.3	4.2	4.0	4.0	—	—	
R2	A	2.7	2.8	3.1	2.9	2.9	—	—	7.066
	P	4.0	4.3	4.4	4.3	4.0	—	—	

GBR Mattie JAMESON-GREEN
JINHAENG TAEKWONDO
Total 7.449 — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	3.0	3.0	3.1	3.4	—	—	7.333
	P	4.1	4.4	4.6	4.2	4.3	—	—	
R2	A	3.0	3.1	3.2	3.3	3.2	—	—	7.566
	P	4.1	4.4	4.6	4.5	4.3	—	—	

Match 502 R8 — PTF

GBR An-Yi KELLY
NOMAD TAEKWONDO
Total 7.749 — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.2	3.6	3.4	3.4	—	—	7.899
	P	4.5	4.5	4.7	4.7	4.5	—	—	
R2	A	3.1	2.9	3.2	3.3	2.9	—	—	7.599
	P	4.5	4.5	4.9	4.6	4.2	—	—	

GBR Sophia MOORE
KIXSTAR DRAGON TAEKWONDO
Total 7.816 — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.3	3.6	3.7	3.3	—	—	7.900
	P	4.4	4.5	4.6	4.8	4.2	—	—	
R2	A	3.2	3.1	3.3	3.4	3.1	—	—	7.733
	P	4.5	4.6	5.0	4.5	4.5	—	—	

Match 503 R8 — PTF

GBR ELISHEVA PUNDHIR
PULSE TAEKWONDO
Total 7.616 — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.9	2.9	3.2	3.0	3.3	—	—	7.466
	P	4.4	4.4	4.5	4.6	4.3	—	—	
R2	A	2.9	3.1	3.5	3.3	3.4	—	—	7.766
	P	4.4	4.5	4.6	4.6	4.3	—	—	

GBR Advita SINGH
PHOENIX TAEKWONDO
Total 7.666 — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.1	3.3	3.3	3.1	—	—	7.666
	P	4.4	4.5	4.6	4.8	4.2	—	—	
R2	A	3.0	3.2	3.3	3.6	3.2	—	—	7.666
	P	4.4	4.6	4.3	4.7	4.2	—	—	

Match 504 R8 — PTF

GBR Skylar BOON
TTKD
Total 7.249 — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	2.6	3.3	2.9	3.3	—	—	7.266
	P	4.2	4.3	4.4	4.3	4.0	—	—	
R2	A	2.6	2.8	3.4	3.1	3.0	—	—	7.232
	P	4.1	4.4	4.4	4.3	4.0	—	—	

GBR Hollie ARNOLD
KANG HAN
Total 7.599 — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.9	3.0	3.1	3.2	3.4	—	—	7.466
	P	4.3	4.5	4.4	4.4	4.2	—	—	
R2	A	3.0	3.1	3.5	3.6	3.3	—	—	7.733
	P	4.2	4.5	4.6	4.5	4.3	—	—	

Recognized Poomsae Individual / K1 / U11 Years (Peewee) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 505 — R4 — PTF

GBR Mattie JAMESON-GREEN
JINHAENG TAEKWONDO

Total **7.316** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	2.8	2.9	3.2	3.0	—	—	7.233
	P	4.3	4.4	4.4	4.3	4.2	—	—	
R2	A	3.1	3.0	3.2	3.0	2.9	—	—	7.399
	P	4.3	4.4	4.4	4.4	4.3	—	—	

GBR Sophia MOORE
KIXSTAR DRAGON TAEKWONDO

Total **7.833** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.2	3.5	3.6	3.2	—	—	7.833
	P	4.5	4.5	4.9	4.6	4.4	—	—	
R2	A	3.3	3.2	3.6	3.3	3.3	—	—	7.833
	P	4.5	4.5	4.9	4.6	4.5	—	—	

Match 506 — R4 — PTF

GBR Advita SINGH
PHOENIX TAEKWONDO

Total **7.483** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.0	3.2	3.3	3.4	3.1	—	—	7.533
	P	4.4	4.4	4.2	4.5	4.2	—	—	
R2	A	2.9	2.8	3.1	3.3	3.0	—	—	7.433
	P	4.4	4.5	4.4	4.6	4.2	—	—	

GBR Hollie ARNOLD
KANG HAN

Total **7.599** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.2	3.2	3.1	3.2	—	—	7.566
	P	4.4	4.5	4.5	4.3	4.3	—	—	
R2	A	2.8	3.0	3.3	3.3	3.2	—	—	7.632
	P	4.4	4.5	4.6	4.5	4.3	—	—	

Recognized Poomsae Individual / K1 / U11 Years (Peewee) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 507 R2 — PTF

GBR Sophia MOORE
KIXSTAR DRAGON TAEKWONDO

Total **7.899** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.2	3.5	3.6	3.1	—	—	**7.799**
	P	4.5	4.5	4.9	4.6	4.3	—	—	
R2	A	3.2	3.3	3.6	3.6	3.4	—	—	**7.999**
	P	4.5	4.5	4.9	4.7	4.5	—	—	

GBR Hollie ARNOLD
KANG HAN

Total **7.516** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.5	2.8	3.0	3.1	3.2	—	—	**7.366**
	P	4.4	4.4	4.5	4.3	4.4	—	—	
R2	A	3.0	3.1	3.2	3.3	3.3	—	—	**7.666**
	P	4.4	4.3	4.7	4.7	4.3	—	—	

Recognized Poomsae Individual / K1 / U11 Years (Peewee) - Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 508 R8 — PTF

GBR Suyen CHONGBANG
STKDD

Total **7.782** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.3	3.4	3.4	3.2	—	—	7.766
	P	4.6	4.3	4.5	4.3	4.6	—	—	
R2	A	3.3	3.0	3.5	3.3	3.1	—	—	7.799
	P	4.7	4.5	4.8	4.4	4.5	—	—	

GBR Akshat JAIN
PREMIERKI

Total **6.600** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.4	2.7	2.8	2.9	2.6	—	—	6.700
	P	4.0	4.4	4.0	4.0	4.0	—	—	
R2	A	2.2	2.5	2.5	2.8	2.5	—	—	6.500
	P	4.0	4.2	3.9	4.0	4.0	—	—	

Match 509 R8 — PTF

GBR Aahan KATAGI
CARLTON ARENA TAEKWONDO

Total **7.116** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.9	3.0	3.0	2.7	3.2	—	—	7.166
	P	4.3	4.4	4.3	4.0	4.0	—	—	
R2	A	3.1	2.6	2.9	2.2	3.0	—	—	7.066
	P	4.2	4.3	4.3	4.0	4.2	—	—	

GBR Herli DOCI
LOUGHTON TAEKWONDO

Total **6.966** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.7	2.8	2.6	3.3	3.1	—	—	6.966
	P	4.1	4.3	4.0	4.2	4.0	—	—	
R2	A	2.4	2.8	2.9	2.6	2.8	—	—	6.966
	P	4.1	4.4	4.4	4.2	4.0	—	—	

Match 510 R8 — PTF

GBR Rui TU
LOUGHTON TAEKWONDO

Total **7.399** — LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.2	3.0	3.1	3.2	—	—	7.466
	P	4.3	4.5	4.5	4.2	4.2	—	—	
R2	A	3.0	3.1	3.1	2.9	3.1	—	—	7.332
	P	4.2	4.5	4.3	4.3	4.2	—	—	

GBR Nicholas KHARIUK
NTC - NATIONAL TAEKWONDO CLUB

Total **7.483** — WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.1	3.1	3.0	3.3	3.1	—	—	7.433
	P	4.4	4.4	4.3	4.3	4.0	—	—	
R2	A	3.2	3.2	3.0	3.3	3.2	—	—	7.533
	P	4.3	4.4	4.1	4.4	4.3	—	—	

Recognized Poomsae Individual / K1 / U11 Years (Peewee) - Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 511 R4 — PTF

GBR Suyen CHONGBANG
STKDD

Total **7.999** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.2	3.6	3.3	3.0	—	—	7.866
	P	4.7	4.5	4.8	4.5	4.6	—	—	
R2	A	3.4	3.2	3.6	3.5	3.3	—	—	8.133
	P	4.8	4.5	4.9	4.7	4.7	—	—	

GBR Aahan KATAGI
CARLTON ARENA TAEKWONDO

Total **6.566** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.7	2.6	2.7	2.6	2.6	—	—	6.733
	P	4.3	4.3	3.9	4.0	4.0	—	—	
R2	A	1.9	2.5	2.6	2.2	2.5	—	—	6.400
	P	4.0	4.2	3.8	4.0	4.0	—	—	

Match 512 R4 — PTF

GBR Nicholas KHARIUK
NTC - NATIONAL TAEKWONDO CLUB

Total **7.399** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	2.8	3.1	3.3	3.3	—	—	7.466
	P	4.5	4.3	4.2	4.3	4.2	—	—	
R2	A	3.0	3.0	3.0	3.5	3.2	—	—	7.332
	P	4.5	4.3	4.1	4.3	4.2	—	—	

GBR Rayton Wai Ting CHOW
SUPERIOR TAEKWONDO ACADEMY GBR

Total **7.566** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	3.2	3.1	3.5	3.2	—	—	7.532
	P	4.4	4.5	4.4	4.3	4.1	—	—	
R2	A	3.1	3.2	3.1	3.4	3.3	—	—	7.600
	P	4.6	4.5	4.3	4.4	4.3	—	—	

Recognized Poomsae Individual / K1 / U11 Years (Peewee) - Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 513 R2 — PTF

GBR Suyen CHONGBANG
STKDD

Total **7.983** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.3	3.6	3.7	3.3	—	—	**8.033**
	P	4.8	4.5	4.7	4.5	4.7	—	—	
R2	A	3.2	3.2	3.3	3.6	3.1	—	—	**7.933**
	P	4.7	4.6	4.8	4.7	4.7	—	—	

GBR Rayton Wai Ting CHOW
SUPERIOR TAEKWONDO ACADEMY GBR

Total **7.583** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.1	3.4	3.5	3.1	—	—	**7.733**
	P	4.7	4.5	4.5	4.4	4.5	—	—	
R2	A	2.8	3.1	2.9	3.3	2.8	—	—	**7.433**
	P	4.6	4.5	4.4	4.6	4.4	—	—	

Recognized Poomsae Pair / K1 / U11 Years (Peewee)

British National Poomsae Championships 2026

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Match 514 R4 — PTF

GBR **sophia moore - Suyen Chongbang**
STKDD

Total **7.633** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.9	2.7	3.3	2.9	3.1	—	—	7.566
	P	4.6	4.5	4.6	4.7	4.6	—	—	
R2	A	3.1	3.0	3.3	3.1	3.1	—	—	7.700
	P	4.7	4.5	4.6	4.8	4.5	—	—	

GBR **Herli Doci - Aubane Miller**
LOUGHTON / YAMANG

Total **6.499** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.3	2.4	2.0	2.7	2.6	—	—	6.466
	P	3.9	4.2	4.0	4.5	3.9	—	—	
R2	A	2.4	2.4	2.0	2.7	2.7	—	—	6.533
	P	3.9	4.2	3.9	4.5	4.0	—	—	

Match 515 R4 — PTF

GBR **Nicholas Khariuk - Hollie Arnold**
KANG HAN & NTC

Total **7.132** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.6	2.6	2.2	2.8	2.9	—	—	6.966
	P	4.3	4.3	4.0	4.4	4.3	—	—	
R2	A	2.9	2.9	3.0	3.0	3.1	—	—	7.299
	P	4.3	4.3	4.4	4.6	4.3	—	—	

GBR **Rui Tu - An-Yi Kelly**
LOUGHTON / NOMAD

Total **7.283** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.7	2.7	2.9	2.8	3.0	—	—	7.100
	P	4.1	4.3	4.3	4.6	4.3	—	—	
R2	A	2.8	2.9	3.2	3.1	3.2	—	—	7.466
	P	4.2	4.3	4.4	4.8	4.5	—	—	

Recognized Poomsae Pair / K1 / U11 Years (Peewee)

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 516 R2 — PTF

GBR **sophia moore - Suyen Chongbang**
STKDD

Total **7.649** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	3.1	3.5	3.2	3.1	—	—	**7.766**
	P	4.7	4.5	4.6	5.0	4.5	—	—	
R2	A	2.8	2.6	3.1	3.3	3.0	—	—	**7.532**
	P	4.5	4.4	4.7	5.0	4.5	—	—	

GBR **Rui Tu - An-Yi Kelly**
LOUGHTON / NOMAD

Total **7.199** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.9	3.0	3.3	3.3	2.7	—	—	**7.366**
	P	4.3	4.4	4.2	4.9	4.2	—	—	
R2	A	2.6	2.4	2.7	3.0	2.8	—	—	**7.033**
	P	4.4	4.3	4.3	4.9	4.2	—	—	

Recognized Poomsae Pair / K1 / U9 Years (Mini/Micro)

British National Poomsae Championships 2026

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Match 601 R2 — PTF

GBR **Barathi PraveenKumar - Advay Rajmane**
PREMIERKI

Total **7.099** LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.5	2.2	2.5	2.4	2.5	—	—	**6.866**
	P	4.4	4.5	4.3	4.3	4.6	—	—	
R2	A	2.6	2.7	2.7	2.6	2.9	—	—	**7.332**
	P	4.3	4.8	4.9	4.5	4.7	—	—	

GBR **Jasmine Yung - Uthman Majidi**
JINHAENG TAEKWONDO AND WIN TAEKWONDO ACADEMY

Total **7.699** WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.2	2.5	2.4	3.2	3.0	—	—	**7.666**
	P	4.9	4.6	4.2	4.8	4.9	—	—	
R2	A	3.1	2.9	2.6	2.7	3.1	—	—	**7.733**
	P	4.9	4.9	4.7	4.7	4.9	—	—	

Recognized Poomsae Individual / K1 / U9 Years (Mini Peewee) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 602 R2 — PTF

GBR **Barathi PRAVEENKUMAR**
PREMIERKI

Total **7.649** LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.9	3.1	2.9	2.7	3.1	—	—	**7.732**
	P	4.5	4.8	4.8	4.7	5.1	—	—	
R2	A	2.5	2.8	2.8	2.7	3.2	—	—	**7.566**
	P	4.4	4.9	4.8	4.7	5.1	—	—	

GBR **Jasmine YUNG**
JINHAENG TAEKWONDO

Total **8.632** WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	3.3	3.3	3.3	3.4	3.6	—	—	**8.533**
	P	5.2	5.1	5.3	5.1	5.4	—	—	
R2	A	3.4	3.3	3.4	3.1	3.6	—	—	**8.732**
	P	5.4	5.3	5.4	5.1	5.4	—	—	

Recognized Poomsae Individual / K1 / U9 Years (Mini Peewee) - Male

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 603 R2 — PTF

GBR **Uthman MAJIDI**
WIN TAEKWONDO ACADEMY

Total **5.749** LOSS

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.6	2.8	2.9	3.0	2.7	—	—	**7.333**
	P	4.6	4.7	4.6	4.4	4.4	—	—	
R2	A	0.5	1.0	1.0	1.0	1.5	—	—	**4.166**
	P	1.5	4.5	3.0	3.0	3.5	—	—	

GBR **Advay RAJMANE**
PREMIERKI

Total **8.133** WIN

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	3.1	3.1	3.3	3.2	—	—	**8.133**
	P	5.1	4.9	5.1	4.7	5.0	—	—	
R2	A	3.4	3.2	3.1	3.7	3.1	—	—	**8.133**
	P	4.9	4.8	5.0	4.8	5.0	—	—	

Recognized Poomsae Individual / K1 / U45 Years (2nd Senior) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 604 — R4 — PTF

GBR Lydia DMOCHOWSKA
DORSET TAEKWONDO (GBR)

Total **7.615** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	2.6	3.0	2.9	2.9	—	—	7.499
	P	4.6	4.7	4.6	4.5	4.8	—	—	
R2	A	2.6	2.9	3.2	3.3	3.1	—	—	7.732
	P	4.5	4.8	4.7	4.6	4.7	—	—	

GBR Donna YARD
CENTRAL TAEKWONDO ACADEMY

Total **6.966** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.5	2.8	2.7	2.6	2.3	—	—	6.900
	P	4.2	4.8	4.5	4.2	3.8	—	—	
R2	A	2.2	2.6	3.1	2.9	2.5	—	—	7.032
	P	4.2	4.6	4.6	4.3	3.9	—	—	

Match 605 — R4 — PTF

GBR Karine C. PINTO
LONDON TAEKWONDO ACADEMY

Total **7.332** — **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.5	2.7	2.9	3.0	2.7	—	—	7.299
	P	4.4	4.8	4.9	4.4	4.3	—	—	
R2	A	2.4	2.8	3.0	2.9	2.7	—	—	7.366
	P	4.3	4.8	4.8	4.4	4.5	—	—	

GBR Zosia HERMASZEWSKA
PEAK PERFORMANCE ACADEMY

Total **7.282** — **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.7	2.4	2.8	3.1	2.8	—	—	7.266
	P	4.5	4.5	4.8	4.5	4.4	—	—	
R2	A	2.7	2.5	3.2	2.9	2.7	—	—	7.299
	P	4.5	4.5	4.9	4.6	4.4	—	—	

Recognized Poomsae Individual / K1 / U45 Years (2nd Senior) - Female

British National Poomsae Championships 2026

As of 01 NOV 2026

Match 606 R2 — PTF

GBR **Lydia DMOCHOWSKA**
DORSET TAEKWONDO (GBR)

Total **7.532** **WIN**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.8	3.0	3.2	3.0	2.6	—	—	**7.566**
	P	4.6	4.6	4.9	4.7	4.3	—	—	
R2	A	2.7	2.8	3.0	3.2	2.7	—	—	**7.499**
	P	4.6	4.9	4.8	4.6	4.4	—	—	

GBR **Karine C. PINTO**
LONDON TAEKWONDO ACADEMY

Total **7.416** **LOSS**

Rd	T	J1	J2	J3	J4	J5	J6	J7	Avg
R1	A	2.6	3.1	3.0	2.9	2.7	—	—	**7.432**
	P	4.4	4.6	4.8	4.5	4.6	—	—	
R2	A	2.4	2.7	2.8	3.1	2.9	—	—	**7.400**
	P	4.4	4.8	4.7	4.5	4.6	—	—	