

Recognized Poomsae Individual Dan U11 Female

British Taekwondo National Poomsae Championships 2025

As of 21 OCT 2025

Semi-Final Rounds

| Order | Match | Name | Team | NOC |
|-------|-------|----------------------|---|-----|
| 1 | 308 | Scarlett Simons | <i>Kang Han</i> | GBR |
| 2 | 309 | Emilia-Grace Cabrera | <i>Loughton Taekwondo</i> | GBR |
| 3 | 310 | Primrose George | <i>Creative Ways Taekwondo</i> | GBR |
| 4 | 311 | Misha Chaffey | <i>Putney Taekwondo Club</i> | GBR |
| 5 | 312 | Freya Croft | <i>Kang Han</i> | GBR |
| 6 | 313 | Grace Jackson | <i>Kang Han</i> | GBR |
| 7 | 314 | Tara Bhandal | <i>PremierKi</i> | GBR |
| 8 | 315 | Eva Lacey | <i>Blade Taekwondo GBR</i> | GBR |
| 9 | 316 | Keevi - Rose Smith | <i>Kang Han</i> | GBR |
| 10 | 317 | Ava Sau | <i>Loughton Taekwondo</i> | GBR |
| 11 | 318 | Rosie Quigley | <i>(WTA) Apex Taekwondo Great Britain</i> | GBR |
| 12 | 319 | Maddie Baker | <i>Kang Han</i> | GBR |
| 13 | 320 | Sofia Esgaio | <i>NTC - National Taekwondo Club</i> | GBR |

Recognized Poomsae Individual Dan U30 Female

British Taekwondo National Poomsae Championships 2025

As of 21 OCT 2025

PRELIM

| Order | Match | Name | Team | NOC |
|-------|-------|--------------------------|-----------------------------------|-----|
| 1 | 338 | PREETI UBHI | <i>London Taekwondo Academy</i> | GBR |
| 2 | 339 | Chloe McIntosh | <i>PremierKi</i> | GBR |
| 3 | 340 | Natasha Wilson | <i>Central Taekwondo Academy</i> | GBR |
| 4 | 341 | Amy Stock | <i>Bluewave</i> | GBR |
| 5 | 342 | Julia Fraczek | <i>Elite Martial Arts Academy</i> | GBR |
| 6 | 343 | Brooke Rogers | <i>Jinhaeng Taekwondo</i> | GBR |
| 7 | 344 | Grace Burgin | <i>Kang Han</i> | GBR |
| 8 | 345 | Katie Vaughan | <i>JEM Taekwondo</i> | GBR |
| 9 | 346 | Kayla White | <i>Elite Martial Arts Academy</i> | GBR |
| 10 | 347 | Jemma Naraine | <i>Dorset Taekwondo (GBR)</i> | GBR |
| 11 | 348 | Arinomena Randrianarisoa | <i>GURUMU TAEKWONDO - GBR</i> | GBR |
| 12 | 349 | Emily Hoang | <i>Nomad Taekwondo</i> | GBR |
| 13 | 350 | Eleanor Evans | <i>GURUMU TAEKWONDO - GBR</i> | GBR |
| 14 | 351 | Anna McLellan | <i>Elite Martial Arts Academy</i> | GBR |

Recognized Poomsae Individual Dan U30 Male
British Taekwondo National Poomsae Championships 2025
As of 21 OCT 2025

Semi-Final Rounds

| Order | Match | Name | Team | NOC |
|--------------|--------------|-------------------------|--------------------------------------|------------|
| 1 | 352 | Maximo Libid | <i>Kixstar Dragon Taekwondo</i> | GBR |
| 2 | 353 | Zak Way | <i>Dorset Taekwondo (GBR)</i> | GBR |
| 3 | 354 | Zaw Torley | <i>ARUMCHAN Korea</i> | GBR |
| 4 | 355 | Thomas Martin | <i>WTA Taekwondo Kats</i> | GBR |
| 5 | 356 | Ryan White | <i>NTC - National Taekwondo Club</i> | GBR |
| 6 | 357 | Ashton Parchment | <i>AP Taekwondo Academy</i> | GBR |
| 7 | 358 | Darrel Masaire | <i>Narae Taekwondo</i> | GBR |
| 8 | 359 | Oliver Dowd | <i>NTC - National Taekwondo Club</i> | GBR |
| 9 | 360 | Oluwatimilehin Akinrele | <i>Nomad Taekwondo</i> | GBR |
| 10 | 361 | NEAL DHAP | <i>London Taekwondo Academy</i> | GBR |
| 11 | 362 | Nino Ontoy | <i>Manx Taekwondo</i> | IMN |