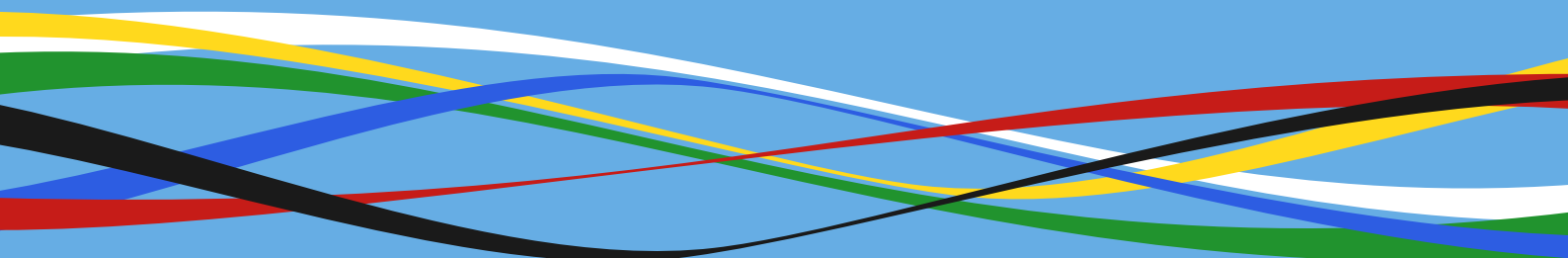




Assistant Coach Award

Begin your coaching journey
with British Taekwondo!



British Taekwondo's Assistant Coach Award is an entry-level qualification for anyone looking to begin their coaching journey within a BT club.

Open to any BT member aged 16 years and above, that also holds the grade of red belt or above, who want to expand their coaching knowledge and/or help in their club!

This fantastic education opportunity contains a mixture of online and practical learning modules for new and aspiring coaches* - including:

- Online Child Protection in Sport & Physical Activity course
- Online UK Coaching 'Assistant Coach' course and certificate
- Practical **Mentoring Pack** to work through, at your own pace within **your** club
- **Brilliant Basics tutorial videos** for the Combat Sport and Poomsae
- Helpful **Session Plan** examples to guide practical session creation
- Mentor observation tools and a **BT Assistant Coach certificate!**

*The Assistant Coach award will be mandatory for all BT members wishing to become new assistant coaches. Existing registered assistant coaches will have a grace period to take this pathway award – please see the coach education pathway table **at the end of this prospectus** for more details.



Benefits of becoming an Assistant Coach

Becoming an Assistant Coach with British Taekwondo can be the start of your learning and coaching development pathway, helping you to realise your full potential as a coach!

By completing this award, you will be able to:

- Assist with the delivery of sessions within a British Taekwondo club.
- Assist your club coach with coaching at local and national events.
- Access BT coach membership and indemnity insurances.
- Access over one-thousand pieces of online learning via a twelve-months subscription to the UK Coaching platform (worth £36 on its own!)
- Access exclusive coach education learning resources on the new BT Club Portal to inform and assist you as a Taekwondo coach.
- Apply to take the next level - BT Club Coach Qualification (Required to teach unsupervised in a BT registered club).



Assistant Coach Award cost

The course is great value at **£99**, including all Safeguarding, UK Coaching and Mentoring digital modules, videos, and digital certificates.

(Coaches in Scotland and Northern Ireland will pay a reduced fee of £84 as they will be required to pay for and undertake their home nations equivalent Safeguarding course).

How long will it take to complete the entire course?

The award should take approximately 10 hours to complete, made up of the following activities:

- 4-6 hours of online study and questionnaires at your own pace
- Review of best practice for teaching the combat sport and Poomsae via a Brilliant Basics video, featuring top coaches and athletes
- Assist in the delivery and review of 5 hours-worth of pre-written session plans, including elements of the brilliant basics videos for candidates to deliver in the club, overseen by your Club Coach Mentor.

How long will the Assistant Coach Award last?

The award will last for three years from the date of completion.

Assistant coaches will be encouraged to continue their learning during this time by advancing to the BT Club Coach Qualification or, refresh the learning by resitting an Assistant Coach Award by the three-year expiry date.

Child Protection in Sport & Physical Activity module - What to expect and benefits

This course will help to raise your awareness of abuse and neglect, to recognise early signs that might indicate a problem and show you how to take action if you know or suspect that a child or young person needs help.

It features three online modules of learning and questionnaire-based testing of your understanding, and should take candidates approximately 2-3 hours to complete.

This includes film scenarios, reflective tasks, interactive quizzes and expert advice to help you develop your understanding and confidence.

NSPCC



UK Coaching module – what to expect and benefits

This course features three immersive and interactive modules, where you will support 'Coach Jay' in delivering safe and enjoyable experiences of sport and physical activity to participants at the virtual UK Coaching Games.

These modules should take candidates approx. **2 – 3 hours** to complete and can be done at your own pace. Questionnaires will test your understanding of the key concepts and ideas.

Following the online course, you should have the **confidence, knowledge, and skills** to be able to:

- Prepare for a coaching session
- Help to deliver and review a coaching session
- Take responsibility for delivering elements of a class such as a warm up, cooldown or specific skill development activities, while under the supervision of your Club Coach.
- Demonstrate responsible, safe, fair, and ethical practice at all times.

This eLearning module is also worth **four CIMSPA CPD points**.

You will also have access to over one-thousand pieces of additional online learning via a twelve-months subscription to the UK Coaching platform, with helpful links to coaching tips, guides, and conversations to strengthen your coaching knowledge.

BT Members that don't already have a UK Coaching account will be required to create a UK Coaching account on the UK Coaching site before they can access the course. Those that already have a UK Coaching account, can login to the UK Coaching platform with their account details and access the course.



Mentor Pack – what to expect and benefits

The Mentor Pack has been designed to supplement the learning process for the candidate, while also providing guidance to help their Club Coach mentor and support them every step of the way.

- The Mentoring Pack comes with **pre-written example session plans** and **“Brilliant Basics” tuition videos** for the candidates, featuring some of BT’s top coaches in Sport and Poomsae, with each demonstrating basic fundamentals of these disciplines.
- The candidate will need to watch the video content several times to get the most out of the pre-prepared session plans. This will help them understand and develop the fundamental skills demonstrated.
- To round off the mentoring process, the Mentor will complete a Mentor Feedback Form. This will confirm the candidate’s competency when assisting with the delivery of each of the session plans in a live club environment.
- Once the mentor is satisfied that the candidate has met the documented requirements, they will submit the Mentor Feedback Form to BT for review. Upon confirmation of completion, the candidate will receive a printable digital certificate.

By completing the mentoring process, the club coach can build an effective working relationship with their prospective assistant, whilst giving the mentor the opportunity to show the candidate the benefits and challenges of delivering club activity.



How to sign up and complete the BT Assistant Coach Award

1 Do you meet the following criteria?

- At least 16 years old
- Have a current British Taekwondo membership
- Have achieved a minimum grade of Red Belt
- Have a current British Taekwondo registered club coach willing to act as your mentor in this award process.

2 Register your interest by emailing: education@britishtaekwondo.org

Include in the email the following information:

- Title your email with: Assistant Coach Award application
- Give your full name
- Your BT Membership Number
- The name, email address and BT Membership Number of your Mentor/ recommending coach (make sure to get their prior approval!)

3 You will receive a payment invoice for the course with details of how to pay the £109 course fee (£92 for Scotland & Northern Ireland candidates still to do their home nations Safeguarding course).

4 Once paid, you will receive unique codes and login instructions to access the Child Protection in Sport & Physical Activity module with the NSPCC and the Get into Coaching: Assistant Coach module with UK Coaching.

Once completed, candidates must send copies of the digital certificates to education@britishtaekwondo.org to move to the next part of the award.

Please note: You will have thirty days to complete the online part of the UK Coaching course from the date you put the product through 'Checkout' on the UK Coaching site before your license expires. British Taekwondo will not be able to refund expired licenses.

5 You and your recommending coach Mentor will then receive an email with access to the BT Brilliant Basics video, session plans (three for Poomsae and three for Sport TKD) and the BT Mentor Pack to guide you both through the process.

6 Once you and your Mentor have completed the modules, your mentor should email the completed Mentor Feedback Form to: education@britishtaekwondo.org

7 You will then receive your printable BT Assistant Coach Award certificate by email.

Welcome to the
British Taekwondo coaching family!

Coach Education Pathway

	Assistant Coach Award	Club Coach Qualification	Club Coach Fast-Track	Advanced Coach Qualifications
	Launch Jan 2022	Launch mid 2022	Launch mid 2022	Launch early 2023
New Assistant Coach Candidates	Required to complete before assisting in a club	Complete within 3 years of Assistant award (or re-sit Assistant Coach award)		<p>Online and in-person advanced coaching modules in each of the technical disciplines of</p> <p>Martial Art Poomsae Combat Sport</p> <p>Open to all coaches who have taken the Club Coach qualification</p>
Existing Assistant Coaches registered with BT	Complete award by end 2022	Complete within 3 years of Assistant award (or re-sit Assistant Coach award)	Combined Assistant and Club Coach fast-track option available mid 2022	
Existing Club Coaches registered with BT			Complete by July 2024	
Club Coaches wishing to join BT or Coaches opening a new BT club			Club Coach fast-track qualification to be complete within 6 months of joining British Taekwondo <small>(Applies after fast-track qualification launch- mid 2022)</small>	

Embark on your coaching journey with British Taekwondo



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The UK COACHING logo, consisting of a white circle with a horizontal line through it, followed by the text "UK COACHING" in white, uppercase letters.