

# **Participant Information Sheet**

# Parents' perceptions of and engagement with their daughters' combat sport participation: A discourse analysis..

Thank you for reading this.

You are being invited to take part in a research study. Before you decide, it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

### What is the purpose of the study?

This research is being conducted with parents and coaches to help understand young girls' experiences in combat sports settings. The project aims to find out how parents perceive their daughter's participation and what parents do to facilitate it. This is done in the hope that the data will be useful to inform practitioners and organisations working with parents in combat sports.

## Why have I been chosen?

You have been selected for this research as you are a coach or parent of a girl who engages in a combat sport.

#### Do I have to take part?

It is up to you to decide whether or not to take part. If you decide to take part you will be given this information sheet to keep and be asked to sign a consent form. If you decide to take part, you are still free to withdraw at any time and without giving a reason. A decision to withdraw at any time, or a decision not to take part, will not affect you in any way.

## What will happen to me if I take part?

If you would like to participate, you will be asked to complete a consent form. You will take part in an interview lasting roughly one hour at a time and location of your choice (online if desired). The interview will be audio recorded using a Dictaphone and then transcribed. All recordings and transcriptions will be kept on a password protected computer only accessible to the lead researcher. Once the interview is transcribed you will be offered a copy to read through, reflect upon and adjust. All publications and the final thesis will be anonymised meaning that your data will not be identifiable to others. Other people and place names will also be anonymised. The questions in the interview focus on your beliefs and involvement in your daughter's sport.

### What are the possible disadvantages and risks of taking part?

There are no disadvantages to taking part in the study. It is completely up to you as the participant what information you disclose in response to the questions.

### What are the possible benefits of taking part?

When taking part in this study you will have the opportunity to reflect upon and openly discuss your daughter's or students development. This may have a range of benefits for your own perceptions and behaviours or your daughter's/student's welfare. You will also be contributing to knowledge in an important area of research that has potential to influence policy and practice.

### What if something goes wrong?

If you wish to complain or have any concerns about any aspect of the way you have been approached or treated during the course of this study, please contact the Dean of the Faculty of Medicine and Life Sciences, University of Chester, Parkgate Road, Chester, CH1 4BJ, 01244 511000.

The University does not accept liability for harm which does not result from its negligence. In the event that something does go wrong and a participant is harmed during the research and the harm sustained is due to the negligent acts of those undertaking the research, then the participant may have grounds to bring legal action. Anyone bringing such legal action may incur legal costs.

# Will my taking part in the study be kept confidential?

All information which is collected about you during the course of the research will be kept strictly confidential so that only the researcher carrying out the research will have access to such information.

Participants should note that data collected from this project may be retained and published in an anonymised form. By agreeing to participate in this project, you are consenting to the retention and publication of data.

#### What will happen to the results of the research study?

The results will be written up into a dissertation for the final project of my PhD and used in future publications. Individuals who participate will not be identified in any subsequent report or publication. If you change your mind and no longer wish for your data to be used you will have one month after your transcript is returned to you for reflection, to notify the lead researcher. If you request to be excluded is later than this deadline it will be at the discretion of the researcher as to if the data can be withdrawn. Where possible your wishes will be followed.

#### Who is organising the research?

The research is conducted as part of a PhD in Sport and Exercise Science within the Department of Sport and Exercise Science at the University of Chester. The study is organised with supervision from the department, by Bradley Spurdens, a PhD student.

## Who may I contact for further information?

If you would like more information about the research before you decide whether or not you would be willing to take part, please contact:

b.spurdens@chester.ac.uk

Thank you for your interest in this research