

GB POOMSAE 2023

**British Taekwondo
Poomsae**

**Centralised Squad
Selection Procedure
2023**

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(1) Squad Selection 2023

For 2023 there will be a centralised squad and regional squads - this selection procedure refers to the centralised squad.

Selections for the 2023 regional squads will take at the National Championships and in January/February at the Regional sessions.

- (a) The Selection for the 2023 centralised squad will be based on:
 - Results at the Portugal Open Championships 5th Nov (competing in 2023 division) (www.taekwondosac.pt)
 - Performance at the British Taekwondo National Championships (competing in 2023 division)
 - **Candidates can only be selected if they compete in their 2023 division at either or both of the above Championships.**
- (b) Only in special circumstances if a candidate is unable to compete either of the competitions then applications via video may be accepted to the Poomsae Committee by special request before 14th November 2022.
- (c) Candidates who do not compete in the above (2023 division) will have to follow the pathway for central selection by process of attendance at the Regional Open sessions and referral if meeting the required standards.
- (d) The Poomsae High Performance Coaches want to work closely with Club Coaches and so invitations to the National Squad will be sent via the Club Coach.
- (e) Invitations will be emailed directly to your club coach on or before Monday 5th December 2022 with a Google-form acceptance required by Friday 9th December 2022.

(2) Squad Eligibility

- (a) To be eligible for the GB Poomsae Centralised Squad athletes must:
 - Compete at the either or both the Portugal Open and/or the British Taekwondo National Poomsae Championships 2022.
 - Hold a current British Taekwondo Membership.
 - Hold a valid British passport.
 - Declaration of all medications and ability to obtain a TUE if needed.

(3) Squad Selection Criteria

2022 Squad Selection is for a one year term and is based on the following criteria:

- (a) Attendance and commitment from 2022.
- (b) Results at the Portugal Open
- (c) Performance at the British Taekwondo National Poomsae Championships
- (d) All selected members must commit to being a GB Squad Member and behave as a British Taekwondo Ambassador and supporter of the Poomsae Program.
- (e) Regardless of individual results, some members may be invited to the squad for their future ability and compatibility to work as part of a pair/team.

(4) Other Information

- (a) Unsuccessful candidates will be encouraged to continue to train/compete and express interest to be involved in their Regional squad.
- (b) Squad members will be expected to attend the National Squad Training (NST) and abide by the code of conduct.
- (c) The Coaching Staff retains the right to remove an athlete from the squad at any time due to:
 - Being medically unfit to compete as a result of injury or illness.
 - A fall in performance, following selection, below the required standard.
 - Acting in a way that is deemed to be detrimental to British Taekwondo and the GB Poomsae Programme.
 - Any unforeseen circumstances that leaves the athlete unable to be insured by the National Governing Body or eligible for squad membership.
- (d) All medication must be declared and a TUE must be applied for if needed.
- (e) All squad players must inform the National High Performance National Coaching Team of all activities relating to Poomsae and get permission to attend all activities not recommended on the training calendar.
- (f) More information regarding the new 2023 Squad training format will be published before the end of 2022.