

**GB POOMSAE 2023**

**British Taekwondo  
Poomsae**

**Centralised Squad  
Selection Procedure  
2023**

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## **(1) Squad Selection 2023**

For 2023 there will be a centralised squad and regional squads - this selection procedure refers to the centralised squad.

Selections for the 2023 regional squads will take at the National Championships and in January/February at the Regional sessions.

- (a) The Selection for the 2023 centralised squad will be based on:
  - Results at the Portugal Open Championships 5<sup>th</sup> Nov (www.taekwondosac.pt)
  - Performance at the British Taekwondo National Championships (please compete in 2023 division)
- (b) The Poomsae High Performance Coaches want to work closely with Club Coaches and so invitations to the National Squad will be sent via the Club Coach.
- (c) Invitations will be emailed directly to your club coach on or before Monday 5<sup>th</sup> December 2022 with a Google-form acceptance required by Friday 9<sup>th</sup> December 2022.

## **(2) Squad Eligibility**

- (a) To be eligible for the GB Poomsae Centralised Squad athletes must:
  - Compete at the either or both the Portugal Open and/or the British Taekwondo National Poomsae Championships 2022.
  - Hold a current British Taekwondo Membership.
  - Hold a valid British passport.
  - Declaration of all medications and ability to obtain a TUE if needed.

## **(3) Squad Selection Criteria**

2022 Squad Selection is for a one year term and is based on the following criteria:

- (a) Attendance and commitment from 2022.
- (b) Results at the Portugal Open
- (c) Performance at the British Taekwondo National Poomsae Championships
- (d) All selected members must commit to being a GB Squad Member and behave as a British Taekwondo Ambassador and supporter of the Poomsae Program.
- (e) Regardless of individual results, some members may be invited to the squad for their future ability and compatibility to work as part of a pair/team.

#### **(4) Other Information**

- (a) Unsuccessful candidates will be encouraged to continue to train/compete and express interest to be involved in their Regional squad.
- (b) Squad members will be expected to attend the National Squad Training (NST) and abide by the code of conduct.
- (c) The Coaching Staff retains the right to remove an athlete from the squad at any time due to:
  - Being medically unfit to compete as a result of injury or illness.
  - A fall in performance, following selection, below the required standard.
  - Acting in a way that is deemed to be detrimental to British Taekwondo and the GB Poomsae Programme.
  - Any unforeseen circumstances that leaves the athlete unable to be insured by the National Governing Body or eligible for squad membership.
- (d) All medication must be declared and a TUE must be applied for if needed.
- (e) All squad players must inform the National High Performance National Coaching Team of all activities relating to Poomsae and get permission to attend all activities not recommended on the training calendar.
- (f) More information regarding the new 2023 Squad training format will be published before the end of 2022.