



Concussion and Head Injury Statement of Intent

British Taekwondo (BT) as the National Governing Body (NGB) for Taekwondo in the UK clearly recognises the risks to its members which can be brought about by Concussion and Head Injuries.

The subject of Concussion and Head Injuries in Taekwondo is common with many other sports and activities such as Rugby, Football, Cycling, Boxing and other Martial Arts, to name but a few. It is a high-profile media topic with potential for not only lasting injury to members but also reputational issues for the sport which could have ramifications worldwide.

The UK Government, through the Department for Digital, Culture, Media and Sport (DCMS) is also playing a leading role in concussion through its Report on Concussion in Sport of December 2021.

Likewise, the International Federation (IF) for Taekwondo, World Taekwondo (WT) has introduced some strong policies, procedures and processes through its Competition Rules and its Medical Code. BT has already aligned its own policies to reflect those of its IF and is now aligning with UK DCMS and the Best Practices from across sports bodies

It is the BT Board of Directors wish to further educate, protect and manage Concussion and Head Injuries for all its members; whether they be elite players, domestic players or general club members. It has employed resources to review existing policies, to improve where needed and to introduce further initiatives and measures to protect our members.

The BT approach will be of continual improvement based on adopting or emulating any best practice or any legislation or rules. We will share our initiatives etc.; we will work tirelessly with everyone to be seen as a leading body on the subject and to most of all – to further protect our members.

A summary of the existing and ongoing BT Concussion & Head Injury initiatives is as follows: -

- 1. Our Statement of Intent**
 - This document issued by the BT Board signed by the CE
- 2. Legal Compliance**
 - Working with the DCMS and its protocols when issued
- 3. IF Alignment**
 - Protection, Matting, Rules, Medical support, Suspensions
- 4. BT Procedures**
 - What to do, Reporting, Suspension Notices, Audit Control, Insurance, Records
- 5. Education**
 - Use of online & hard copy materials available freely to members and parents
- 6. Research**
 - Collection of and analysis of recorded data such as age, situation, frequency etc.

Signed: Ian Leafe, BT Chief Executive:

A handwritten signature in blue ink that reads 'Leafe' is written over a horizontal line.

Dated: 26th February 2022