



NO CONTACT BETWEEN
ADULTS UNLESS LIVING
IN SAME HOUSEHOLD



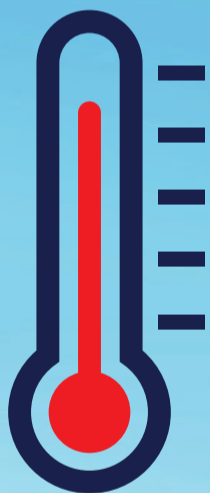
ENSURE YOUR BRITISH
TAEKWONDO MEMBERSHIP
IS IN DATE



ATTEND YOUR SESSION
DRESSED IN YOUR
TAEKWONDO GEAR



3M X 3M
SQUARE
PER ADULT
PARTICIPANT
FOR INDIVIDUAL
TRAINING



DO NOT TRAIN
IF YOU DISPLAY
ANY OF THE
ADVISED
SYMPTOMS



ABIDE BY SOCIAL DISTANCING
RULES WHEN NOT TRAINING

STAY SAFE WHILST PRACTISING TAEKWONDO

