



NATIONAL CHAMPIONSHIPS 2019 TIMETABLE

Time	Location	Activity
FRIDAY 8th NOVEMBER		
13:00 - 20:00	National Cycling Centre	Registration and weigh in for players competing Saturday and Sunday
SATURDAY 9th NOVEMBER		
07:30 - 09:00	National Cycling Centre	Additional weigh in for athletes competing on Saturday only
08:00	National Cycling Centre	Doors Open to Athletes, Coaches & Spectators
08:45	National Cycling Centre	Meeting for all officials
09:15	www.britishtaekwondo.org.org	Drawing of Lots for all weight groups competing Saturday will be posted online
09:15	National Cycling Centre	Meeting for all coaches
09:45 - 13:00	National Cycling Centre	Matches
13:00	National Cycling Centre	Lunch. All courts will close for 45 minutes. This time may change
13:00 - 17:00	National Cycling Centre	Registration and weigh in for players competing on Sunday
13:45	National Cycling Centre	Matches, Finals & Presentations
18:00	National Cycling Centre	Drawing of Lots for all weight groups competing Sunday
21:00 approx	National Cycling Centre	End of session (Times may change)
SUNDAY 10th NOVEMBER		
08:00	National Cycling Centre	Doors Open to Athletes, Coaches & Spectators
09:00	National Cycling Centre	Meeting for all coaches
09:30 - 13:00	National Cycling Centre	Matches
13:00	National Cycling Centre	Lunch. All courts will close for 45 minutes. This time may change
13:45	National Cycling Centre	Matches & Presentations
18:00 - 20:00 approx	National Cycling Centre	Finals, presentations & overall team winner awards

All times are subject to change.