

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 11 Male A**
 Competitors **10**
 Class **A**

2

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	75	Zaw Torley Creative Ways TKD	GBR	6,76	4,06	2,70
2	174	Richard Zhang Redtaekwondo	GBR	6,56	4,06	2,50
3	96	Lewis Morris Gajok Taekwondo Academy	GBR	6,49	3,97	2,51
4	149	Leo Harrison Ntc	GBR	6,34	3,85	2,48
5	141	Max San Nomad Taekwondo	GBR	6,25	3,83	2,41
6	145	Jiahao Yu 1 Nomad Taekwondo	GBR	6,18	3,87	2,31
7	130	Nathan Gee Nomad Taekwondo	GBR	6,13	3,75	2,38
8	65	Callum Newby Boston	GBR	5,87	3,60	2,27
9	13	Ka Lum Chew London Taekwondo Academy	ENG	5,85	3,60	2,25
10	196	Rio Bermudez-Sun Waterside Taekwondo Club	GBR	5,84	3,65	2,19

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 11 Male A**
 Competitors **10**
 Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	75	Zaw Torley Creative Ways TKD	GBR	7,00	4,21	2,79
2	174	Richard Zhang Redtaekwondo	GBR	6,75	4,10	2,65
3	141	Max San Nomad Taekwondo	GBR	6,63	4,01	2,62
4	145	Jiahao Yu 1 Nomad Taekwondo	GBR	6,37	3,98	2,38
5	96	Lewis Morris Gajok Taekwondo Academy	GBR	6,36	3,95	2,41
6	149	Leo Harrison Ntc	GBR	6,35	3,88	2,46
7	65	Callum Newby Boston	GBR	6,14	3,71	2,43
8	130	Nathan Gee Nomad Taekwondo	GBR	6,09	3,75	2,33

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 11 Female A**
Competitors **8**
Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	39	Eilidh Burke Central Taekwondo Academy	SCO	5,72	3,30	2,42
2	42	Kara McLaren Central Taekwondo Academy	SCO	5,69	3,31	2,38
3	46	Casey Paton Central Taekwondo Academy	SCO	5,42	3,22	2,20
4	192	Olivia Mcgeoch Unite Martial Arts Academy	GBR	5,39	3,21	2,18
5	95	Emily Mills Gajok Taekwondo Academy	GBR	5,38	3,25	2,13
6	73	Micol Norther Carlton Arena Taekwondo	GBR	5,05	3,10	1,95
7	151	Mia Parn Ntc	GBR	5,02	3,03	1,98

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 14 Male A**
 Competitors **27**
 Class **A**

1

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	201	Nino Ontoy Manx Taekwondo	IMN	6,95	3,86	3,09
2	102	Joshua Tobin Gajok Taekwondo Academy	GBR	6,79	3,79	3,00
3	127	Oluwatimilehin Akinrele Nomad Taekwondo	GBR	6,71	3,80	2,91
4	76	Zaw Torley 2 Creative Ways TKD	GBR	6,27	3,52	2,75
5	134	Kelvin Hoang Nomad Taekwondo	GBR	5,95	3,43	2,51
6	67	Eric Cheung Carlton Arena Taekwondo	GBR	5,94	3,51	2,42
7	50	Alfie Harper Focus TKD	SCO	5,93	3,38	2,55
8	126	Noah Adams Nomad Taekwondo	GBR	5,86	3,43	2,43
9	173	Oscar Hormbrey Redtaekwondo	GBR	5,81	3,27	2,55
10	97	Lewis 1 Morris Gajok Taekwondo Academy	GBR	5,74	3,33	2,40
11	47	Kai Paton Central Taekwondo Academy	SCO	5,55	3,19	2,37
12	122	Benjamin Stewart Livingwell Taekwondo	GBR	5,51	3,27	2,25
13	205	James Nicholson Uta Northern Ireland	NIR	5,51	3,21	2,30
14	131	Kyan Gnanapragasam Nomad Taekwondo	GBR	5,48	3,18	2,30
15	193	Henry Watkinson Unite Martial Arts Academy	GBR	5,43	3,15	2,28
16	140	Lewis Plummer Nomad Taekwondo	GBR	5,34	3,29	2,05
17	150	Leo Harrison 2 Ntc	GBR	5,25	3,09	2,17

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 14 Male A**
 Competitors **27**
 Class **A**

1

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	139	Blake Omonitan Nomad Taekwondo	GBR	5,22	3,02	2,20
19	152	Cullen Walker Ntc	GBR	5,18	3,10	2,09
20	203	Ethan Harris-O'neil Uta Northern Ireland	NIR	4,99	2,97	2,01
21	143	Dominic Simpson-Gray Nomad Taekwondo	GBR	4,94	2,85	2,09
22	86	Reuben Bowes Empsi	GBR	4,83	2,95	1,88
23	185	Shajinth Eelakesan Superior Taekwondo Academy	GBR	4,45	2,53	1,91
24	104	Subidh Gurung Himalayan Tiger Taekwondo Academy	GBR	4,11	2,56	1,55
25	207	Joshua Reid Uta Northern Ireland	NIR	4,00	2,45	1,55

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 14 Male A**
 Competitors **27**
 Class **A**

2

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	201	Nino Ontoy Manx Taekwondo	IMN	7,47	4,17	3,30
2	102	Joshua Tobin Gajok Taekwondo Academy	GBR	7,30	4,11	3,19
3	76	Zaw Torley 2 Creative Ways TKD	GBR	6,66	3,77	2,90
4	127	Oluwatimilehin Akinrele Nomad Taekwondo	GBR	6,66	3,73	2,93
5	50	Alfie Harper Focus TKD	SCO	6,49	3,70	2,79
6	134	Kelvin Hoang Nomad Taekwondo	GBR	6,38	3,61	2,77
7	126	Noah Adams Nomad Taekwondo	GBR	6,28	3,61	2,67
8	173	Oscar Hornbrey Redtaekwondo	GBR	6,21	3,59	2,63
9	67	Eric Cheung Carlton Arena Taekwondo	GBR	6,18	3,59	2,60
10	47	Kai Paton Central Taekwondo Academy	SCO	6,13	3,55	2,59
11	205	James Nicholson Uta Northern Ireland	NIR	6,09	3,55	2,53
12	122	Benjamin Stewart Livingwell Taekwondo	GBR	6,08	3,50	2,58
13	97	Lewis 1 Morris Gajok Taekwondo Academy	GBR	5,92	3,48	2,43

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 14 Male A**
 Competitors **27**
 Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	201	Nino Ontoy Manx Taekwondo	IMN	7,38	4,16	3,22
2	102	Joshua Tobin Gajok Taekwondo Academy	GBR	7,25	4,11	3,13
3	127	Oluwatimilehin Akinrele Nomad Taekwondo	GBR	6,72	3,88	2,83
4	76	Zaw Torley 2 Creative Ways TKD	GBR	6,42	3,73	2,69
5	50	Alfie Harper Focus TKD	SCO	6,32	3,69	2,63
6	126	Noah Adams Nomad Taekwondo	GBR	6,10	3,62	2,48
7	173	Oscar Hornbrey Redtaekwondo	GBR	6,06	3,60	2,46
8	134	Kelvin Hoang Nomad Taekwondo	GBR	5,81	3,35	2,46

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 14 Female A**
 Competitors **35**
 Class **A**

1

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	136	Renee Marshall Nomad Taekwondo	GBR	6,22	3,48	2,73
2	48	Natasha Wilson Central Taekwondo Academy	SCO	6,18	3,59	2,60
3	168	Shayma Mir Premierki Taekwondo Club	GBR	6,10	3,50	2,60
4	56	Donna Nguyen-Harrison Allen Taekwondo Academy	GBR	5,96	3,46	2,50
5	108	Olivia Shaw Wilkinson Horizon Taekwondo Academy	GBR	5,92	3,41	2,50
6	88	Amaya Anson Gajok Taekwondo Academy	GBR	5,89	3,41	2,48
7	147	Caishi Yu 1 Nomad Taekwondo	GBR	5,87	3,40	2,47
8	118	Lydia Fraser Lion Taekwondo	GBR	5,85	3,38	2,46
9	59	Leyla Palser Aquila Taekwondo	GBR	5,85	3,37	2,48
10	83	Cara Coull Dynamic Taekwondo	GBR	5,82	3,38	2,43
11	170	Kristi Vafiadis Premierki Taekwondo Club	GBR	5,81	3,38	2,43
12	146	Cailin Yu 1 Nomad Taekwondo	GBR	5,80	3,40	2,40
13	98	Emily Ord Gajok Taekwondo Academy	GBR	5,80	3,38	2,41
14	204	Victoria Kirkpatrick Uta Northern Ireland	NIR	5,79	3,40	2,38
15	184	Kacey Tittle Stoke Uta Taekwondo	GBR	5,77	3,35	2,42
16	142	Megan San Nomad Taekwondo	GBR	5,75	3,33	2,42
17	132	Tahlia Gnanapragasam Nomad Taekwondo	GBR	5,73	3,36	2,36

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 14 Female A**
 Competitors **35**
 Class **A**

1

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	200	Noam Frechter Yamang Taekwondo	GBR	5,73	3,30	2,43
19	43	Kara C McLaren Central Taekwondo Academy	SCO	5,66	3,30	2,36
19	41	Eilidh C Burke Central Taekwondo Academy	SCO	5,66	3,30	2,36
21	94	Ruby Mackay Gajok Taekwondo Academy	GBR	5,65	3,27	2,38
22	68	Isabelle Freeman Carlton Arena Taekwondo	GBR	5,62	3,33	2,29
23	210	Amy Stewart Uta Northern Ireland	NIR	5,61	3,33	2,29
24	186	Rebecca Fabian Superior Taekwondo Academy	GBR	5,60	3,27	2,33
25	58	Jessie Exton Aquila Taekwondo	GBR	5,59	3,37	2,21
26	155	Eva Mckechnie Pejic Taekwondo	GBR	5,56	3,29	2,28
27	34	Raphaelle Noseworthy 1 Taekwondo Tigers	ENG	5,51	3,21	2,30
28	154	Eleanor Bratt Pejic Taekwondo	GBR	5,46	3,20	2,27
29	129	o'Neillia Davy Nomad Taekwondo	GBR	5,45	3,29	2,17
30	30	Preeti Ubhi London Taekwondo Academy	ENG	5,40	3,20	2,20
31	84	Isla Coull Dynamic Taekwondo	GBR	5,24	3,13	2,10
32	99	Gabrielle Ord Gajok Taekwondo Academy	GBR	5,20	3,10	2,10
33	14	Ka Men Chew London Taekwondo Academy	ENG	4,96	2,96	2,00
34	29	Nicole Sivakova London Taekwondo Academy	ENG	4,95	3,08	1,87

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 14 Female A**
Competitors **35**
Class **A**

2

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
35	61	Nur Hakeemah Burhanudin Best Leg Taekwondo	GBR	4,61	2,95	1,67

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 14 Female A**
 Competitors **35**
 Class **A**

2

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	48	Natasha Wilson Central Taekwondo Academy	SCO	6,74	3,90	2,83
2	136	Renee Marshall Nomad Taekwondo	GBR	6,59	3,83	2,75
3	168	Shayma Mir Premierki Taekwondo Club	GBR	6,55	3,80	2,75
4	59	Leyla Palser Aquila Taekwondo	GBR	6,37	3,73	2,63
5	56	Donna Nguyen-Harrison Allen Taekwondo Academy	GBR	6,34	3,73	2,60
5	108	Olivia Shaw Wilkinson Horizon Taekwondo Academy	GBR	6,34	3,73	2,61
7	147	Caishi Yu 1 Nomad Taekwondo	GBR	6,31	3,68	2,63
8	88	Amaya Anson Gajok Taekwondo Academy	GBR	6,22	3,62	2,60
9	132	Tahlia Gnanapragasam Nomad Taekwondo	GBR	6,18	3,67	2,51
10	142	Megan San Nomad Taekwondo	GBR	6,18	3,65	2,53
11	98	Emily Ord Gajok Taekwondo Academy	GBR	6,18	3,63	2,55
12	184	Kacey Tittley Stoke Uta Taekwondo	GBR	6,17	3,63	2,53
13	83	Cara Coull Dynamic Taekwondo	GBR	6,16	3,63	2,53
14	204	Victoria Kirkpatrick Uta Northern Ireland	NIR	6,15	3,65	2,50
15	170	Kristi Vafiadis Premierki Taekwondo Club	GBR	6,05	3,60	2,45
16	200	Noam Frechter Yamang Taekwondo	GBR	6,04	3,56	2,47
17	146	Cailin Yu 1 Nomad Taekwondo	GBR	6,04	3,55	2,48

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 14 Female A**
Competitors **35**
Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	118	Lydia Fraser Lion Taekwondo	GBR	6,01	3,61	2,40

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 14 Female A**
 Competitors **35**
 Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	48	Natasha Wilson Central Taekwondo Academy	SCO	6,78	3,96	2,81
2	168	Shayma Mir Premierki Taekwondo Club	GBR	6,75	3,95	2,80
3	136	Renee Marshall Nomad Taekwondo	GBR	6,45	3,81	2,63
4	59	Leyla Palser Aquila Taekwondo	GBR	6,38	3,77	2,61
5	56	Donna Nguyen-Harrison Allen Taekwondo Academy	GBR	6,24	3,69	2,55
6	108	Olivia Shaw Wilkinson Horizon Taekwondo Academy	GBR	6,18	3,67	2,51
7	147	Caishi Yu 1 Nomad Taekwondo	GBR	6,13	3,61	2,52
8	88	Amaya Anson Gajok Taekwondo Academy	GBR	5,87	3,53	2,33

British National Poomsae Championships 2018 DAN grades

Category **Ind: Juniors Male A**
 Competitors **12**
 Class **A**

2

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	166	Maximo Libid Premierki Taekwondo Club	GBR	6,75	3,93	2,81
2	89	Jack Britton Gajok Taekwondo Academy	GBR	6,68	3,91	2,77
3	37	Thomas Carney Weymouth Taekwondo	ENG	6,25	3,61	2,63
4	101	Jack Swain Gajok Taekwondo Academy	GBR	6,16	3,63	2,53
5	24	Ali Najafi London Taekwondo Academy	ENG	6,13	3,60	2,53
6	26	Aditya Odhavji London Taekwondo Academy	ENG	6,12	3,59	2,53
7	18	Moussa Hanafi London Taekwondo Academy	ENG	5,76	3,55	2,21
8	198	Chenson Hope-Simes Waterside Taekwondo Club	GBR	5,69	3,46	2,23
9	195	Henry Watkinson1 Unite Martial Arts Academy	GBR	5,65	3,43	2,22
10	214	Ali Kachahech Koryo London Team	GBR	5,46	3,40	2,06
11	208	Joshua Reid 2 Uta Northern Ireland	NIR	5,26	3,21	2,05
12	15	Ibrahim Chowdhury London Taekwondo Academy	ENG	4,42	2,95	1,46

British National Poomsae Championships 2018 DAN grades

Category **Ind: Juniors Male A**
 Competitors **12**
 Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	166	Maximo Libid Premierki Taekwondo Club	GBR	7,00	4,06	2,93
2	89	Jack Britton Gajok Taekwondo Academy	GBR	6,76	4,01	2,75
3	26	Aditya Odhavji London Taekwondo Academy	ENG	6,21	3,65	2,56
4	24	Ali Najafi London Taekwondo Academy	ENG	6,18	3,67	2,52
5	37	Thomas Carney Weymouth Taekwondo	ENG	6,13	3,67	2,47
6	101	Jack Swain Gajok Taekwondo Academy	GBR	6,04	3,63	2,41
7	198	Chenson Hope-Simes Waterside Taekwondo Club	GBR	5,77	3,47	2,30
8	18	Moussa Hanafi London Taekwondo Academy	ENG	5,50	3,33	2,17

British National Poomsae Championships 2018 DAN grades

Category **Ind: Juniors Female A**
 Competitors **19**
 Class **A**

2

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	49	Natasha J Wilson Central Taekwondo Academy	SCO	6,90	4,11	2,79
2	91	Rebecca Fletcher Gajok Taekwondo Academy	GBR	6,85	4,11	2,73
3	51	Caitlin Moir Focus TKD	SCO	6,80	4,09	2,71
4	135	Emily Hoang Nomad Taekwondo	GBR	6,72	4,00	2,72
5	70	Anya Mistry 1 Carlton Arena Taekwondo	GBR	6,63	3,95	2,68
6	5	Tahya Fells Kang Han Taekwondo	ENG	6,61	3,96	2,65
7	44	Tegan o'May Central Taekwondo Academy	SCO	6,53	3,93	2,60
8	100	Emily 1 Ord Gajok Taekwondo Academy	GBR	6,46	3,93	2,53
9	93	Poppy Mackay Gajok Taekwondo Academy	GBR	6,46	3,87	2,59
10	11	Chloe Bassi London Taekwondo Academy	ENG	6,45	3,87	2,58
11	119	Kaitlin Mills Lion Taekwondo	GBR	6,40	3,80	2,60
12	85	Cara1 Coull Dynamic Taekwondo	GBR	6,34	3,83	2,50
13	12	Mia Bassi London Taekwondo Academy	ENG	6,33	3,81	2,51
14	133	Tahlia Gnanapragasam 1 Nomad Taekwondo	GBR	6,32	3,83	2,48
15	164	Ema Kanlic Premierki Taekwondo Club	GBR	6,09	3,73	2,35
16	128	Titobioluwa Akinrele 1 Nomad Taekwondo	GBR	6,05	3,65	2,40
17	74	Umika Sohal Carlton Arena Taekwondo	GBR	6,00	3,70	2,30

British National Poomsae Championships 2018 DAN grades

Category **Ind: Juniors Female A**
Competitors **19**
Class **A**

2

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	194	Katy Watkinson Unite Martial Arts Academy	GBR	5,79	3,65	2,13
19	77	Gabrielle Collins Dorset TKD	GBR	5,10	3,35	1,75

British National Poomsae Championships 2018 DAN grades

Category **Ind: Juniors Female A**
 Competitors **19**
 Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	49	Natasha J Wilson Central Taekwondo Academy	SCO	7,15	4,29	2,86
2	91	Rebecca Fletcher Gajok Taekwondo Academy	GBR	6,96	4,16	2,80
3	135	Emily Hoang Nomad Taekwondo	GBR	6,92	4,18	2,73
4	5	Tahya Fells Kang Han Taekwondo	ENG	6,87	4,13	2,73
5	51	Caitlin Moir Focus TKD	SCO	6,85	4,18	2,67
6	70	Anya Mistry 1 Carlton Arena Taekwondo	GBR	6,71	4,06	2,65
7	44	Tegan o'May Central Taekwondo Academy	SCO	6,55	3,95	2,60
8	100	Emily 1 Ord Gajok Taekwondo Academy	GBR	6,53	3,95	2,58

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 30 Male A**
 Competitors **14**
 Class **A**

2

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	160	Henry Chiu Premierki Taekwondo Club	GBR	7,45	4,24	3,21
2	69	Thomas Leatherland Carlton Arena Taekwondo	GBR	7,15	4,08	3,07
3	177	Jack Durcan Shins Academy	GBR	7,12	4,05	3,07
4	66	James Barrett Carlton Arena Taekwondo	GBR	7,00	3,98	3,01
5	19	Mahdi Hessari London Taekwondo Academy	ENG	6,81	4,00	2,81
6	144	Hiren Visrolia Nomad Taekwondo	GBR	6,75	3,81	2,93
7	25	Ali Najafi2 London Taekwondo Academy	ENG	6,61	3,83	2,78
8	162	Vergil Ganir Premierki Taekwondo Club	GBR	6,56	3,80	2,77
9	113	Cameron Park Koryo	GBR	6,51	3,80	2,71
10	63	Max Louch Boston	GBR	6,51	3,75	2,77
11	90	Connor Clark Gajok Taekwondo Academy	GBR	6,30	3,63	2,67
12	171	Luca Vafiadis Premierki Taekwondo Club	GBR	5,78	3,48	2,30
13	116	Aaron Leith Kta GBR	GBR	5,56	3,36	2,20
14	181	Shilaj Gurung Stkdd	GBR	4,54	2,93	1,62

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 30 Male A**
 Competitors **14**
 Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	160	Henry Chiu Premierki Taekwondo Club	GBR	7,68	4,43	3,25
2	69	Thomas Leatherland Carlton Arena Taekwondo	GBR	7,21	4,18	3,02
3	66	James Barrett Carlton Arena Taekwondo	GBR	7,11	4,11	3,00
4	177	Jack Durcan Shins Academy	GBR	7,11	4,10	3,01
5	144	Hiren Visrolia Nomad Taekwondo	GBR	7,10	4,04	3,07
6	19	Mahdi Hessari London Taekwondo Academy	ENG	6,75	3,92	2,83
7	162	Vergil Ganir Premierki Taekwondo Club	GBR	6,42	3,77	2,65
8	25	Ali Najafi2 London Taekwondo Academy	ENG	5,66	3,40	2,27

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 30 Female A**
 Competitors **22**
 Class **A**

1

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	111	Emily Whiting Jem Taekwondo	GBR	6,34	3,63	2,70
2	189	Sydney Craven Tonbridge Taekwondo Club	GBR	6,30	3,63	2,67
3	16	Husna Dildar London Taekwondo Academy	ENG	6,08	3,53	2,55
4	167	Chloe Mcintosh Premierki Taekwondo Club	GBR	5,99	3,50	2,48
5	71	Anya Mistry 2 Carlton Arena Taekwondo	GBR	5,88	3,45	2,43
6	21	Katie Meads London Taekwondo Academy	ENG	5,71	3,29	2,43
7	159	Francesca Biescas Premierki Taekwondo Club	GBR	5,55	3,25	2,30
8	8	Madeleine Lilley 1 Kang Han Taekwondo	ENG	5,52	3,22	2,30
9	148	Caiwei Yu 1 Nomad Taekwondo	GBR	5,42	3,15	2,27
10	6	Sophie Holden Kang Han Taekwondo	ENG	5,39	3,17	2,23
11	23	Yaasmeen Muhammad London Taekwondo Academy	ENG	5,20	3,10	2,10
12	163	Lovely Gardner Premierki Taekwondo Club	GBR	5,15	3,00	2,15
13	33	Maria De Oya Taekwondo Tigers	ENG	5,11	2,95	2,17
14	36	Gillian Waite Wayside Uta	ENG	5,04	2,95	2,09
15	60	Bianca Porcu Aquila Taekwondo	GBR	4,88	2,85	2,03
16	215	Cathy Poplett AWTC Taekwondo	ENG	4,75	2,85	1,90
17	32	Coralie Babin Taekwondo Tigers	ENG	4,30	2,59	1,71

Category **Ind: Under 30 Female A**
Competitors **22**
Class **A**

1

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
18	2	Coleen Reilly Bluewave Korean Martial Arts	ENG	4,10	2,50	1,60
19	35	Marlene Reschberger Taekwondo Tigers	ENG	4,06	2,45	1,62
20	105	Susanna Rai Himalayan Tiger Taekwondo Academy	GBR	3,79	2,38	1,40
21	180	Nikita Gurung Stkdd	GBR	3,01	1,98	1,03

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 30 Female A**
 Competitors **22**
 Class **A**

2

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	111	Emily Whiting Jem Taekwondo	GBR	6,56	3,81	2,75
2	189	Sydney Craven Tonbridge Taekwondo Club	GBR	6,53	3,77	2,77
3	167	Chloe Mcintosh Premierki Taekwondo Club	GBR	6,17	3,59	2,59
4	21	Katie Meads London Taekwondo Academy	ENG	6,07	3,55	2,52
5	6	Sophie Holden Kang Han Taekwondo	ENG	5,97	3,45	2,52
6	71	Anya Mistry 2 Carlton Arena Taekwondo	GBR	5,94	3,43	2,50
7	16	Husna Dildar London Taekwondo Academy	ENG	5,84	3,42	2,41
8	159	Francesca Biescas Premierki Taekwondo Club	GBR	5,77	3,38	2,38
9	148	Caiwei Yu 1 Nomad Taekwondo	GBR	5,72	3,33	2,38
10	8	Madeleine Lilley 1 Kang Han Taekwondo	ENG	5,68	3,31	2,37
11	23	Yaasmeen Muhammad London Taekwondo Academy	ENG	5,61	3,25	2,36

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 30 Female A**
 Competitors **22**
 Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	111	Emily Whiting Jem Taekwondo	GBR	6,97	4,07	2,90
2	189	Sydney Craven Tonbridge Taekwondo Club	GBR	6,82	3,97	2,85
3	167	Chloe Mcintosh Premierki Taekwondo Club	GBR	6,55	3,85	2,70
4	16	Husna Dildar London Taekwondo Academy	ENG	6,43	3,73	2,70
5	21	Katie Meads London Taekwondo Academy	ENG	6,42	3,73	2,69
6	71	Anya Mistry 2 Carlton Arena Taekwondo	GBR	6,36	3,70	2,67
7	6	Sophie Holden Kang Han Taekwondo	ENG	6,20	3,61	2,59
8	159	Francesca Biescas Premierki Taekwondo Club	GBR	6,09	3,55	2,53

Category **Ind: Under 40 Male A**
Competitors **6**
Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	28	Ajay Singh Rawat London Taekwondo Academy	ENG	6,35	3,71	2,63
2	20	Said Khelwatty London Taekwondo Academy	ENG	6,29	3,70	2,59
3	53	Reza Saberi Ali's Dojang	GBR	6,18	3,63	2,55
4	178	Alex Tse Shins Academy	GBR	6,01	3,56	2,45
5	27	Yama Rashidi London Taekwondo Academy	ENG	5,39	3,38	2,01

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 40 Female A**
 Competitors **8**
 Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	165	Wenqi Li Premierki Taekwondo Club	GBR	6,75	3,88	2,86
2	158	Sheena Au-Yeung Premierki Taekwondo Club	GBR	6,26	3,77	2,50
3	188	Ling Tze Tan Teuk Soo	GBR	6,04	3,67	2,37
4	121	Ashley Shaw Lion Taekwondo	GBR	5,99	3,60	2,38
5	112	Kimberley Stancer Kim's Kickers Taekwondo	GBR	5,74	3,46	2,27
6	120	Della o'Horo Lion Taekwondo	GBR	5,61	3,35	2,27
7	125	Heena Shah Ltkd	GBR	3,92	2,48	1,43

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 50 Male A**
 Competitors **14**
 Class **A**

2

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	169	Simon Negus Premierki Taekwondo Club	GBR	6,71	3,85	2,86
2	10	Mohamad Akram Aslami London Taekwondo Academy	ENG	5,80	3,37	2,43
3	199	Winston Casaclang Win Taekwondo Academy	GBR	5,79	3,41	2,37
4	209	Peter Stewart Uta Northern Ireland	NIR	5,52	3,23	2,29
5	117	Kambiz Ramzan Ali Kta GBR	GBR	5,47	3,19	2,29
6	123	Raymond Michael Ltkd	GBR	5,19	3,02	2,17
7	22	Nawab Feisal Mirbeig London Taekwondo Academy	ENG	5,18	3,09	2,10
8	64	Simon Newby Boston	GBR	5,13	3,10	2,03
9	175	Mark Pawlett Sanshin Taekwondo	GBR	4,95	2,93	2,01
10	114	John Park Koryo	GBR	4,60	2,75	1,85
11	79	Darren Naraine Dorset TKD	GBR	4,54	2,75	1,78
12	190	David Kim Tuji Taekwondo	GBR	4,50	2,70	1,80
13	17	Mirza Ghafari London Taekwondo Academy	ENG	4,37	2,65	1,72
14	72	Rodolfo Norther Carlton Arena Taekwondo	GBR	4,09	2,51	1,58

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 50 Male A**
 Competitors **14**
 Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	169	Simon Negus Premierki Taekwondo Club	GBR	6,66	3,73	2,93
2	10	Mohamad Akram Aslami London Taekwondo Academy	ENG	5,81	3,41	2,40
3	199	Winston Casaclang Win Taekwondo Academy	GBR	5,79	3,37	2,42
4	117	Kambiz Ramzan Ali Kta GBR	GBR	5,57	3,30	2,27
5	209	Peter Stewart Uta Northern Ireland	NIR	5,42	3,20	2,22
6	64	Simon Newby Boston	GBR	5,34	3,10	2,23
7	123	Raymond Michael Ltkd	GBR	5,08	3,05	2,03
8	22	Nawab Feisal Mirbeig London Taekwondo Academy	ENG	5,00	2,96	2,03

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 50 Female A**
 Competitors **7**
 Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	92	Claire Howard Gajok Taekwondo Academy	GBR	5,93	3,53	2,40
2	172	Eunjung Haythornthwaite Redtaekwondo	GBR	5,34	3,31	2,03
3	40	Lynsey Burke Central Taekwondo Academy	SCO	5,29	3,29	2,00
4	153	Juliet Williams Ntc	GBR	5,09	3,27	1,82
5	62	Sheila Jackson Boston	GBR	4,56	3,01	1,55
6	197	Sarah Grist Waterside Taekwondo Club	GBR	4,01	2,91	1,10
7	115	Elizabeth Flora Dias Kta GBR	GBR	3,98	2,79	1,20

Category **Ind: Under 60 Male A**
Competitors **6**
Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	52	Ali Alipour Ali's Dojang	GBR	5,43	3,18	2,25
2	9	Ferhad Arghandewoll London Taekwondo Academy	ENG	5,20	3,03	2,17
3	124	Raymond Michael2 Litkd	GBR	5,17	3,09	2,09
4	87	Azim Razak Empsi	GBR	5,00	2,95	2,05
5	183	Wayne Nicklin Stoke Uta Taekwondo	GBR	4,81	2,85	1,96
6	3	Gerry Reilly Bluewave Korean Martial Arts	ENG	4,65	2,75	1,90

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 60 Female A**
Competitors **3**
Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	38	Angie Bailey Central Taekwondo Academy	SCO	6,08	3,50	2,58
2	161	Lydia Chung Premierki Taekwondo Club	GBR	4,72	2,88	1,84
3	206	Lisa Nicholson Uta Northern Ireland	NIR	4,55	2,83	1,72

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 65 Male A**
Competitors **2**
Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	4	Ali Pourtaheri Dragons' Den	ENG	6,24	3,56	2,67
2	182	Peter Johnson Stoke Uta Taekwondo	GBR	5,96	3,45	2,51

British National Poomsae Championships 2018 DAN grades

Category **Ind: Under 65 Female A**
Competitors **1**
Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	176	Angela Broadbent Shins Academy	GBR	6,20	3,61	2,59

British National Poomsae Championships 2018 DAN grades

Category **Ind: Over 66 Male A**
Competitors **2**
Class **A**

3

Rank	ID	Name Team	Cntry	Averag	Pres.	Techn.
1	156	Michael Pejic Pejic Taekwondo	GBR	5,34	3,17	2,17
2	1	Graham jones Bluewave Korean Martial Arts	ENG	4,09	2,50	1,59