



**THE REGULATIONS ON REFEREE REQUIREMENTS AT BRITISH TAEKWONDO  
POOMSAE CHAMPIONSHIPS**

**(Effective from January 1, 2017)**

## **THE REGULATIONS ON REFEREE REQUIREMENTS AT BRITISH TAEKWONDO POOMSAE CHAMPIONSHIPS**

### **1. Objective**

These regulations are to efficiently oversee the Poomsae Refereeing at British Taekwondo Poomsae Championships

### **2. Administration**

Administration of Referees shall fall under the sole jurisdiction of the British Taekwondo Referee department

### **3. Invitation of Referee's**

Invitation of Referees is the sole responsibility of the Poomsae Referee department

### **4. Referee Schedules**

Referee Schedules and times tables are the responsibility of the Referee director & the Poomsae Referee department

### **5. Application for Poomsae Referee Cover**

The event organising committee must apply to the Poomsae Referee department a minimum of three months before the event.

### **6. Referee Directors championships duties**

1. Provide the required amount of referees for the duration of the championships
2. Deliver the Referee briefing, including relevant information that affects the championships
3. Oversee and maintain that the Referee decisions are fair and consistent throughout the tournament
4. Make any relevant rulings on official protests
5. Work within the pre agreed schedules/timings the competition organising committee has set.

## 7. Referee Requirements

The organising committee must ensure that the required amounts of Referees are in place to run the championships effectively

Requirements:

For each competition court a minimum of 6 Referees are required.

1 Court	6 Referees
2 Courts	12 Referees
3 Courts	18 Referees
4 Courts	24 Referees

The level of qualified Referee required will depend on the type of championships

The competition organising committee is responsible for arranging any additional officials required, including Court coordinators, computer operators, herders etc.

## 7. Types of Competition

1. One to One championships
2. Inter-club championships
3. National championships
4. International championships

## 8. Administration

The event organising committee has the responsibility to supply all the required documentation including scoring sheets.

1. Recognised Poomsae scoring sheet (Appendix. 1)
2. Division scoring record sheet (Appendix. 2)
3. Freestyle Poomsae scoring sheet (Appendix. 3)
4. Freestyle Guidelines for scoring (Appendix. 4)
5. Freestyle check list for deduction sheets (Appendix. 5)
6. Para Poomsae scoring sheets (Appendix. 6)
7. Official Protest form (Appendix. 7)

Electronic copies of all the required documentation can be gained from the Poomsae Referee department

## 9. Referee briefing

It's the event organising committee's responsibility to provide a suitable Referee briefing room on each morning of the championships

Tea/ coffee and refreshments are also required

## 10. British Taekwondo Referee fees

The event organising committee shall provide the following:

### **Referee Director**

Daily fee: £150

Fuel expenses: 40 pence per mile

Airfare if required

Accommodation:

One day Championships: One night's accommodation

Two day Championships: Two night's accommodation

Meals:

Breakfast and Evening meals are also to be supplied

Lunch and refreshments during the competition days

### **UK Referee daily fees:**

International Referee: £50

A Class Referee: £35

B Class Referee: £30

C Class Referee: £20

Accommodation:

One day Championships: IR & A Class Referees receive one night's accommodation

Two day Championships: IR & A Class Referees receive two night's accommodation

Meals:

Breakfast and Evening meals are also to be supplied

IR, A, B & C Class referees shall receive lunch and refreshments during the competition days

### **Invited Overseas International Referees:**

Daily fees: 75 Euro per day

Accommodation:

Invited IR's shall receive two nights' accommodation

Meals:

Breakfast and Evening meals are also to be supplied

Transport:

Airport transfers, transport between the venue and hotel are the responsibility of the event organising committee

**This is the minimum required rates and conditions for National and International referees**

## Referee application form

Event Name:	Event Date:
Event Director:	Type of event:
Mobile no.:	E-mail address:
Required Number of Referees:	Number of courts:
Any additional information:	

Date of application:

Name:

Signature:

Please send the application to following address;

BT Poomsae Referee Director  
557 Chester Road, Chester Road,  
Old Trafford, Manchester, M16 0QW  
Tel. 0161-848 7426  
E-mail: [tongwanshin@gmail.com](mailto:tongwanshin@gmail.com),

Electronic applications will be accepted.

## Appendix.1: Recognised Poomsae scoring sheet

Division: \_\_\_\_\_ Competitors No: \_\_\_\_\_



Judges Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_ Court: \_\_\_\_\_

Category	Sub-Category	Allocation Score															Score	
<b>Accuracy</b>  (4.0 Points)	Accuracy including basic movements	(Deduct : - 0.1, - 0.3)																
	Balance																	
	Accuracy of details of each Poomsae																	
		P	Excellent			Very Good			Good			Little Poor			Poor			
<b>Presentation</b>  (6.0Points)	Power & Speed	2.0	1.9	1.8	1.7	1.6	1.5	1.4	1.3	1.2	1.1	1.0	0.9	0.8	0.7	0.6	0.5	
	Strength/Speed/Rhythm	2.0	1.9	1.8	1.7	1.6	1.5	1.4	1.3	1.2	1.1	1.0	0.9	0.8	0.7	0.6	0.5	
	Expression of Energy	2.0	1.9	1.8	1.7	1.6	1.5	1.4	1.3	1.2	1.1	1.0	0.9	0.8	0.7	0.6	0.5	

Judges Signature: \_\_\_\_\_

Total Combined Score: \_\_\_\_\_

Division: \_\_\_\_\_ Competitors No: \_\_\_\_\_



Judges Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_ Court: \_\_\_\_\_

Category	Sub-Category	Allocation Score															Score	
<b>Accuracy</b>  (4.0 Points)	Accuracy including basic movements	(Deduct : - 0.1, - 0.3)																
	Balance																	
	Accuracy of details of each Poomsae																	
		P	Excellent			Very Good			Good			Little Poor			Poor			
<b>Presentation</b>  (6.0Points)	Power & Speed	2.0	1.9	1.8	1.7	1.6	1.5	1.4	1.3	1.2	1.1	1.0	0.9	0.8	0.7	0.6	0.5	
	Strength/Speed/Rhythm	2.0	1.9	1.8	1.7	1.6	1.5	1.4	1.3	1.2	1.1	1.0	0.9	0.8	0.7	0.6	0.5	
	Expression of Energy	2.0	1.9	1.8	1.7	1.6	1.5	1.4	1.3	1.2	1.1	1.0	0.9	0.8	0.7	0.6	0.5	

Judges Signature: \_\_\_\_\_

Total Combined Score: \_\_\_\_\_

## Appendix.2: Division scoring record sheet

Division: \_\_\_\_\_ Competitors No: \_\_\_\_\_

Judges Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_ Court: \_\_\_\_\_



No.	Compulsory 1		Compulsory 2		No.	Compulsory 1		Compulsory 2	
	Accuracy	Presentation	Accuracy	Presentation		Accuracy	Presentation	Accuracy	Presentation
1					12				
2					13				
3					14				
4					15				
5					16				
6					17				
7					18				
8					19				
9					20				
10					21				
11					22				

Division: \_\_\_\_\_ Competitors No: \_\_\_\_\_

Judges Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_ Court: \_\_\_\_\_



No.	Compulsory 1		Compulsory 2		No.	Compulsory 1		Compulsory 2	
	Accuracy	Presentation	Accuracy	Presentation		Accuracy	Presentation	Accuracy	Presentation
1					12				
2					13				
3					14				
4					15				
5					16				
6					17				
7					18				
8					19				
9					20				
10					21				
11					22				



## Appendix.3: WTF Free Style Poomsae Scoring Sheet

Category	Sub-Category		Score Allocation											Score
Technical Skills (6.0)	Level of Difficulty of Foot Techniques (5.0)	- Height of Jump	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
		- Number of Jumping Kicks	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
		- Gradient of Turn	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
		- Performance level of consecutive kicks	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
		- Acrobatic Actions	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
	Basic Movements & Practicability (1.0)	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0		
Presentation (4.0)	Creativeness		0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
	Harmony		0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
	Expression of Energy		0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
	Music & Choreography		0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
Sub-total Score (10.0)														
Deductions and penalties														
Total Score														



## Appendix.4: Guidelines for the Scoring Free Style Poomsae

<b>Technical</b>	<b>6.0 Points</b>
<p>Height of jumping side-kicks (0.0-1.0 Points)</p> <p>All members of the pair and mixed team must perform jumping side-kick</p>	<p>a. Add 0.1, 0.2 or 0.3 points to the given basic score according to the height of the Jumping sidekicks in comparison to body, face or over face</p> <p>b. The height of the jumping Sidekicks is defined as the middle of the height of the kick foot and the lowest part of the body!</p> <p>c. Only Yop chagis with at least 80% of knee extension are considered for the scoring.</p> <p>d. Check the knee extension &amp; the accuracy of the execution of the Yop chagis.</p> <p>e. If several jumping side-kicks are performed, the height of the first performed jumping side-kick is taken for the scoring.</p>
<p>Number of jumping front kicks in a jump (0.0-1.0 Points)</p> <p>At least one member of the pair and mixed team must perform jumping front-kick</p>	<p>a. Add 0.1, 0.2 or 0.3 points to the given basic score according to the number of the jumping front kicks. (3 to 5 Ap chagis).</p> <p>b. No scoring for less than 3 Ap chagis</p> <p>c. Front kicks (Apchagis) should be performed at least above the belt height.</p> <p>d. There is no point (scoring) for the kicks below the belt height.</p> <p>e. Only Ap chagis with at least 80% knee extension are considered for the scoring.</p> <p>f. Check the knee extension and accuracy of the execution of the Ap chagis.</p>
<p>Gradient of Spins in a Spin Kick (0.0-1.0 Points)</p> <p>At least one member of the pair and mixed team must perform spinning-kick.</p>	<p>a. Add 0.1, 0.2 or 0.3 points to the given basic score according to the gradient of turn (360° up to 720° and over) in a spinning kick.</p> <p>b. No scoring for less than 360 ° spin kicks</p> <p>c. Spinning-Kicks can be performed body or face level, but a higher spinning-kick execution (e. g. over face level) has affect in terms of evaluation for higher presentation score.</p> <p>d. Check the knee extension and accuracy of the execution of the spin kicks.</p>
<p>Performance level of consecutive Sparring Kicks (0.0-1.0 Points)</p> <p>At least one member of the pair and mixed team must perform consecutive sparring kicks</p>	<p>a. Add 0.1, 0.2 or 0.3 points to the basic score according to the level of performance.</p> <p>b. Scoring of the consecutive sparring kicks is independent of their number (no matter whether these are 3, 4 or 5 kicks).</p> <p>c. The consecutive kicks should be performed in Kyorugi style!</p> <p>d. No scoring for less than 3 consecutive sparring kicks</p> <p>e. Check the number of Bouncing. It is mandatory to bounce 3 to 5 times before execution of consecutive sparring kicks. No Bouncing --&gt; no scoring</p>
<p>Acrobatic actions (0.0-1.0 Points)</p> <p>At least one member of the pair and mixed team must perform acrobatic action.</p>	<p>a. Add 0.1, 0.2 or 0.3 points to the given basic score according to the degree of difficulty of acrobatic actions.</p> <p>b. Acrobatic actions include acrobatic jumping kicks (e.g. forwards, backwards or sideways flip) which must be performed with a Taekwondo kick.</p> <p>c. Performance of acrobatic actions without a taekwondo kick is not scored!</p> <p>d. Check whether the TKD kicks are executed with knee extension</p>
<p>Basic Movements &amp; Practicability (1.0 Points)</p>	<p>a. Accuracy of the basic movements, techniques and stances are scored in this section.</p> <p>b. Practicable arrangement and meaningful transition between attack and defense techniques with a good balance. Execution of kihap and stamping are optional.</p> <p>c. There is no upper height restriction in the execution of foot techniques.</p>
<b>Presentation</b>	<b>4.0 Points</b>
<p>Creativity (1.0 Points)</p>	<p>a. Creativity in the Poomsae- line, music, choreography and connectivity</p> <p>b. between movement sequences</p> <p>c. It is not considered as creative, if the performance is a compilation from various part of the recognized Poomsae</p>
<p>Harmony (1.0 Points)</p>	<p>a. Harmony of music, rhythm and movements</p> <p>b. Using all parts of the body (left and right, foot and hand and fore and back within Poomsae directions)</p>
<p>Expression of Energy (1.0 Points)</p>	<p>a. Expression of energy like in the recognized Poomsae (e.g. confidence, eye focus, facial expression, emotion, mind concentration, nice manner and attitude)</p>
<p>Music &amp; Chorography (1.0 Points)</p>	<p>a. Adaptation of the music and the choreography to the contents of the Poomsae</p>
<p><b>Total score = Subtotal score (Technical skill + presentation) – Deductions</b></p>	

## Appendix.5: Checklist for the deductions

<b>Checklist for the deductions</b> Free Style Poomsae			
	Contestant Nr.		Court Nr.
Deduction Criteria			Deduction
<b>Mandatory stances since 7<sup>th</sup> World Poomsae Championships:</b> 1) Hakdari Seogi      2) Beom Seogi      3) Dwitkubi 0.3 points deduction for each missed mandatory stance. <b>Deduction = N * 0.3 =</b> (N: Number of the missed mandatory stances)			
For the execution of <b>mandatory foot techniques</b> (jumping side-kicks, Jumping front kicks, spinning kicks and kicks with acrobatic action), contestants may run at most up to 5 steps. For every additional step 0.1 points are subtracted. <b>Deduction = N * 0.1 =</b> (N: Number of the additional run up steps)			
The number of <b>mandatory bouncing</b> before execution of the consecutive sparring kicks is 3 to 5. Deduction for extra bouncing: <b>0.1</b> Points deduction for additional bouncing up to 3 times (6 – 8) <b>0.3</b> Points deduction for additional bouncing more than 3 times (>8)			
<b>Crossing the boundary line with both feet:</b> 0.3 points deduction for each crossing of the boundary The contest area is 10m X 10m for the individual and pair competitions. For mixed team competitions, the contest area is 12m X 12m. <b>Deduction=N * 0.3</b> (N: Number of crossing boundary line)			
<b>Pair and Mixed Team divisions:</b> Confusion (e.g. mess or short break) of contestant in pair and team division are penalized with 0.3 points deduction. <b>Deduction= N * 0.3 =</b> (N: Number of the confusion)			
<b>Restart:</b> Deduction for the restart is 0.6 Points (2*0.3= 0.6 similar to recognized poomsae).			
<b>Music:</b> No Performance without music.			
<b>Duration of contest:</b> The duration of contest in all divisions is between 60 and 70 seconds. Deduction for the Performances outside of the allowed time is <b>0.1 points per 5 seconds</b> .			
<b>Total deductions</b>			

Appendix.6: **Judge's Score Sheet Para-Taekwondo P10, P20, P30**

Division: \_\_\_\_\_ Competitors No: \_\_\_\_\_

Judges Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_ Court: \_\_\_\_\_



Category	Sub-Category	Score Allocation									Score
		Perfect	Excellent	Very Good	Good	Average	Below Average	Poor	Very Poor	Minimum Score	
Technical (4.0)	Stance and practicability of movement & Balance	2.0	1.9 - 1.8	1.7 - 1.6	1.5 - 1.4	1.3 - 1.2	1.1 - 1.0	0.9 - 0.8	0.7 - 0.6	0.5	
	Hand & Foot techniques	2.0	1.9 - 1.8	1.7 - 1.6	1.5 - 1.4	1.3 - 1.2	1.1 - 1.0	0.9 - 0.8	0.7 - 0.6	0.5	
	Further Deduction	(- 0.3): Re-start, Move wrong direction, Wrong movements etc.							Total Deduction score		
									Total Technical score		
Presentation (6.0)	Memorization of recognized Poomsae	2.0	1.9 - 1.8	1.7 - 1.6	1.5 - 1.4	1.3 - 1.2	1.1 - 1.0	0.9 - 0.8	0.7 - 0.6	0.5	
	Power, Speed and Rhythm	2.0	1.9 - 1.8	1.7 - 1.6	1.5 - 1.4	1.3 - 1.2	1.1 - 1.0	0.9 - 0.8	0.7 - 0.6	0.5	
	Expression of Energy	2.0	1.9 - 1.8	1.7 - 1.6	1.5 - 1.4	1.3 - 1.2	1.1 - 1.0	0.9 - 0.8	0.7 - 0.6	0.5	
									Total Presentation Score		
									Total Score (10.0)		

## Appendix.7: Official Protest form

**OFFICIAL POOMSAE PROTEST FORM**

OPP1



**To make an Official Protest – Complete this form and return to the Referee Director with the required fee within 10 minutes of the end of division to be protested.**

Date:	
Championships:	
Division to be protested:	
Competitor:	
Club:	
End of Category time:	

**Nature of Protest:**

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**Point of contact for protest:**

Name:	
Contact E-mail address:	
Mobile number:	

Signed:	
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**Official Use Only**

Time completed Form OPP1 submitted:	
Fee Submitted:	

**Category Information:**

<b>Court:</b>	<b>Name:</b>	<b>Club:</b>
Referee 1		
Referee 2		
Referee 3		
Referee 4		
Referee 5		
Coordinator		
Top Table Admin & Other Relevant		

**Protest follow up details:**

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**Protest Result / Outcome:**

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Name of person dealing with Protest:	
Position at Championships:	

Protest Accepted - Fee Refunded	Signed:
Protest Declined	Signed: