



British Taekwondo Control Board POOMSAE UK

Northern England Regional Poomsae Training

(Sunday) 24th Jan, 2010 2.30 pm – 5.30 pm

Training session is conducted by
GM T W SHIN
BTCB Northern England Regional Poomsae Coach

Venue

Old Trafford Community Centre,
Shrewsbury Street, Old Trafford,
Manchester, M16 9AX

Further details from GM T W Shin
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Tel. 0161-848 7426
Mob. 07776 131 567

Cost : £7.00 per session

This session is open from 4th Kup to Black belts
The session will cover all aspects of Poomsae competition, including the latest WTF
Rules and associated technical changes and requirements.

NO LICENCE! NO TRAINING! NO EXCEPTIONS!